

Kamran M. Vastani BSN RN, BS Kinesiology

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OBJECTIVE:

To provide excellent care and be an asset to my colleagues in areas of patient safety, proactive care, and evidence-based practice to ensure high quality care and foster the best possible outcomes for patients. Ensure that standards of care are being met and foster an environment of safety.

LICENSURE AND CERTIFICATION

- BLS for Healthcare Providers, American Heart Association, Renewal: 2/2024
- 68W Medic- US Army, Illinois Army National Guard, Honor Graduate
- Registered Nurse: Illinois License #041462122 expiration 5/31/2022
- ACLS, American Heart Association expiration date: 9/30/2022

EDUCATION

- Bachelor of Science, Nursing- Purdue University, December 2020 *3.48 GPA*
- Associates Degree in Nursing- College of Lake County, December 2017 *3.36 GPA*
- Bachelor of Science, Kinesiology- Southern Illinois University Carbondale, 2011

EMPLOYMENT HISTORY

NORTHSHORE-HIGHLAND PARK HOSPITAL, Highland Park, IL

RN-ICU- March 2018-present

- Unit diabetes champion- train staff on diabetes related protocols, equipment, and medications. Perform chart audits to ensure compliance to guidelines and protocols.
- Provide care to the critically ill and those undergoing major surgery.
- Respond to rapid response and cardiopulmonary arrest in any area of the hospital.
- Utilize life-saving interventions and equipment.
- Strive for excellence in patient care through continuous training, seeking knowledge and practice.
- Consult with the interdisciplinary team to optimize patient care and attain greater outcomes.

SKYBRIDGE HEALTCARE

TRAVEL RN-ICU- July 2021-present

- Travel to areas in need of nursing staff to care for critically ill patients in an ICU setting.
- Learn and apply the protocols of the facility quickly and effectively.
- Provide high quality care to patients with various illnesses including COVID-19.

ASSURED HEALTHCARE STAFFING, Waukegan, IL

Registered Nurse- July 2018-April 2022

- Provide nursing care to students in school districts of the northwest suburbs of Chicago
- Nursing home care in multiple facilities
- Corporate vaccination and wellness program nursing-Affiliated Physicians
- Addiction treatment nursing- Lake County Health Department

ADVOCATE GOOD SHEPHERD HOSPITAL, Barrington, IL

Telemetry Monitor Technician, Patient Care Technician- December 2016-March 2018

- Ensured safety of patients throughout all areas of the hospital by immediately reporting any cardiac events to nursing staff or rapid response team nurses.
- Advocated for patients by communicating their needs to their nurses directly.
- Maintained the welfare of patients through telemetry monitoring, hygiene, prevented the development of pressure ulcers, and utilized fall prevention protocols and infection control protocols.

ILLINOIS ARMY NATIONAL GUARD

68W Healthcare Specialist/Team Leader- April 2012-July 2018

- Ensured the health and safety of 100-400 soldiers by advocating for soldier welfare to leadership. Focused priority on prevention of heat injuries, sprains, and strains through hourly rounding during field training exercises and annual trainings.
- Saved lives from severe dehydration injuries through rapid assessment and interventions and calling for higher support for medical evacuation during annual trainings from 2012-2018.
- Assessed and provided treatment for infections and injuries sustained in the field.

SUNRISE SENIOR LIVING, Buffalo Grove, IL

Care Manager- October 2015-December 2016

- Ensured resident safety by assisting with activities of daily living, promoted dignity, and celebrated the individuality of each resident.

VOLUNTEER EXPERIENCE

- Lake County Medical Reserve- Member
- ADSN Club, College of Lake County- Member
- Phi Theta Kappa Honors Society- Member

HONORS

- Dean’s list, Purdue University Northwest- 2018-2021
- Dean’s List, College of Lake County- 2011-2018
- Team Leader Illinois Army National Guard- 2015-2018
- Army Noncommissioned Officer Professional Development Ribbon- 2015
- Honor Graduate, United States Army 68W Combat Medic Course- 2012
- Army Service Ribbon- 2012
- National Defense Service Ribbon- 2011

SKILLS

- EMR systems- Paragon, Cerner, Epic
- Tri Lingual- English, Hindi, Urdu

REFERENCES

- Melissa Long APN
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Phone: 8478158906
- Joseph Calderon BSN (Charge)
Phone: 847-770-1084