

# **ARIEL JACKSON**

Registered Nurse (RN)

## СОΝТАСТ

- 39322 Hart Circle Elizabeth, CO 80107
- arielj557@gmail.com
- (678) 943-7273

### EDUCATION

**Toccoa Falls College**, Bachelor of Science in Nursing - **Completed 2021** 

#### Colorado Christian University,

Bachelor of Science in Sports Management - **In Progress** 

## SKILLS

- Advanced Cardiovascular Life Support
- (ACLS)
- Basic Life Support (BLS)
- Cardiopulmonary resuscitation (CPR)
- Certified Nursing Assistant (CNA)
- Certified Spanish/English Medical
- Interpreter
- Proficient in EPIC and Meditec
- PALS (Pediatric Advanced Life Support)
- TNCC (Trauma Nursing Core Course)
- Certified Medical Interpreter (Spanish)

#### EXTRA CURRICULARS

#### **NCCAA Division II Athlete**, Toccoa Falls College

AUG 2018 - APR 2021

- Committed 30+ hours per week on weights, practices, and games along with group events and team building activities
- Encouraged teammates to perform at their highest potential; served in the leadership group to make team decisions

## WORK EXPERIENCE

## North Suburban Hospital, Registered Nurse - Emergency Department

SEPTEMBER 2021 - PRESENT

- Performs and documents ongoing assessments including observation, physical examination, laboratory/test results, and patient response to procedural intervention.
- Participates in the identification and clarification of patient needs, as evidenced by participation in multidisciplinary care planning, to achieve optimal patient outcomes.
- Implements plan of care according to identified physical, psychosocial, and spiritual needs
- Utilizes effective verbal and written communication skills through the presentation of pertinent information.
- Coordinates and documents appropriate discharge planning and referrals to ensure continuity of care after discharge.

#### St. Mary's Hospital, Registered Nurse - Emergency

MAY 2021 - AUG 2021

- Maintain accurate, detailed, reports and records
- Administer medications to patients, and actively monitor for reactions or side effects
- Record patient medical information and vital signs
- Monitor, record, and report symptoms or changes in patients' conditions
- Consult and coordinate with healthcare team members to assess, plan, implement, or evaluate patient care plans

#### **Certified Nursing Assistant, PruittHealth**

JUL 2018 - AUG 2019

- Ensured patient wellness by assisting with ADL's, checking vitals, and applying wraps, bandages, heat, and ice packs
- Reassured and comforted residents and their families in times of need

#### Youth Basketball Coach, YMCA Boulder Valley

JAN 2018 - MAR 2018

• Taught fundamental basketball skills and instilled character principles as a mentor to help grow and develop the team