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I am a Registered Nurse as of May 2020 and began working as an RN in May 2020. I have a special interest in Pediatrics healthcare. I am an extremely dedicated worker, eager to learn, ready to grow, and committed to my development in my nursing skills. I have always learned best by experience and am aware of the impact that shadowing experienced nurses can have on my career.

EXPERIENCE

JULY 2016-DECEMBER 2016

CERTIFIED NURSING ASSISTANT, KINDRED NURSING AND REHABILITATION

Upon completing high school, I worked as a CNA in a night-shift position. My main duty was to assist registered nurses with patients that needed help within the scope of my knowledge. This included bed-baths, linen changes, hygiene assistance and ambulation assistance. This gave me a lot of experience with patients with dementia. Most importantly, I assisted and encouraged the patients with their daily activities.

JANUARY 2017-AUGUST 2017 CERTIFIED NURSING ASSITANT, OASIS IN-HOME CARE

During my first year of college, I worked as a CNA in an in-home care setting. I developed a routine number of clients and assisted them with their daily needs within their own home setting. My duties included assistance with cooking and cleaning, linen changes, bed-baths or showers, hygiene assistance, and ambulation assistance. On occasion, clients would need transportation to buy groceries, go to the bank, or to doctor appointments. This would involve me driving them to these destinations.

JUNE 2019-JULY 2019

VANDERBILT EXPERIENCE: STUDENT NURSE INTERNSHIP (VESNIP)

The summer between my junior and senior year of college, I was a student nurse intern at Vanderbilt Medical Center in Nashville, TN. This was a seven-week program, with limited acceptance. Acceptance was based on GPA and professor recommendations. I and only 16 other students out of two cohorts were accepted. During this program, I rotated through different hospital units and followed a different/new nurse around for a 12-hour shift, each day, as they performed their regular duties. This enabled me to perform various tasks with my nurse/preceptor beside me for guidance. Some of the tasks were passing medications, catherization, feeding tube, IV tube setup, IV, vital signs, effective communication and charting. During these seven-weeks, I was required to provide my preceptor with a weekly journal about what I learned and developed in each weekly rotation.

NURSING STUDENT, FLU-SHOT DRIVE VOLUNTEER OPPORTUNITY

I attended a Flu-Shot Drive, which was a volunteer opportunity, to help the Montgomery County Health Department, as a nursing student on the Austin Peay State University campus. For whatever the reason, people without insurance, people that hadn't gotten their flu-shots, or people with limited time, drove by our tents and received free flu shots. I administered many shots during this Flu-Shot Drive. Doing so gave me experience with variety of age groups, from elderly to toddlers. I also gained experience with communication skills and aiding in comfort measures for those with anxiety over needles/shots. I performed 6 hours of volunteer hours during this drive and I truly enjoyed my time and experience.

AUGUST 2017-FEBURARY 2020 DINING-ROOM HOST, OLIVE GARDEN

To earn extra money while in nursing school, I worked as a host. I greeted and seated customers when they come into the restaurant to eat. I assisted with customer complaints and problems. I helped the servers when needed during busy hours by filling drinks, passing meals out, or cleaning their tables off. I assisted my managers with floor plans for the day which aided in organization of the servers and restaurant. I aided the bussers in cleaning tables once a customer was gone. I enjoyed this job because it provided a lot of customer/guest interaction, teamwork, organizational skills, and cleanliness.

MAY 2020-JANUARY 2022 REGISTERED NURSE- PARKWEST MEDICAL CENTER

I worked at Parkwest Medical Center on the Orthopedic/Surgical floor as a New Graduate Registered Nurse. I started this job in orientation and followed another RN, my preceptor, and staggered my ability to take patients on my own. Eventually taking on my own patient load of 5-7 patients. I started being independent and took my own patients starting July 2020. Humbly, I still ask many questions, knowing that there is always room for growth and learning, especially of those that have been RNs much longer than I have. I took care of patients that may have had hip, femur, and/or ankle fractures. I dealt with patients that had post-operational spinal surgeries. With COVID, our floor had been taking in more medical-surgical patients, so I have experience with other body processes such as, UTIs, myocardial infarctions, substance abuse/withdraw, GI issues and etc..

As a new graduate RN, I knew a job that was going to teach the most basic, but important skills such as, time management, patient care skills, and communication was important, regardless of the patient demographic. Moreover, this job at Parkwest on the orthopedic floor taught me more than I could have ever imagined. My skills grew tremendously; however, I know there is always room to grow and learn, especially when it comes to the pediatric patient demographic.

JANUARY 2022-CURRENT REGISTERED NURSE- EAST TENNESSEE CHILDREN'S HOSPITAL

Currently, I work at East Tennessee Children's Hospital on the Inpatient Surgery floor. On this floor, we care for pediatric patient demographic from the age of birth to 21 years old (depending on the circumstance); moreover, our floor cares for these patients prior and afterwards of inpatient surgery, this can be any surgery that requires the patient to stay overnight in the hospital for further acute care or observation. As an inpatient surgery floor, we also admit patients for step-down from the Pediatric ICU. For the amount of time, I have been working here,

I have thoroughly enjoyed this job. I have reached my dream of becoming a pediatric RN. I have learned and continue to learn so much about this patient demographic.

CO-ED SOCCER COACH

I routinely coach soccer for children of both genders. I have coached 3-4 years of age and recently have been coaching 11-13 years of age. I thoroughly enjoy teaching children and allowing them to have fun and be active with this sport. During my coaching experiences, I have dealt with children of both genders and their much different personalities, injuries that they may have, and communicating with the parents.

EDUCATION

AUGUST 2012-MAY 2016 HIGH SCHOOL DIPLOMA, WILLIAM BLOUNT HIGH SCHOOL

Throughout my high-school experience, I was in all honor Math and Science classes from freshman to senior year of high-school. I took a college English class at the local community college, Pellissippi Community College. All four years, I lettered in Soccer. My senior year of high-school, I took and completed a CNA class and gained my CNA license as a result. I graduated from William Blount High School with a 3.9 GPA and top 20% of my graduating class. I also graduated knowing I wanted to become a Registered Nurse in my near future.

AUGUST 2016-CURRENT BSN GRADUATION DATE: MAY 2020, AUSTIN PEAY STATE UNIVERSITY

I completed all prerequisite classes to apply for the Austin Peay State University School of Nursing. I applied and was accepted into the program Fall of 2017 with a GPA of 3.5. I started the School of Nursing program Spring of 2018 and have enjoyed every semester. I was accepted into The National Society of Leadership and Success chapter Fall 2019. I graduated in May of 2020 with my BSN and GPA of 3.4. I passed my TN State Board of Nursing test in June 2020 and began a residency program at that time.

SKILLS

- I am an incredible team-worker and enjoy helping people, when needed.
- I enjoy watching and learning from those that could help me develop more skills.
- Although, COVID has made things more difficult for the medical field, I have thoroughly enjoyed learning from many different experiences and people. Being floated to different units has exposed me to different learning styles,
- I am extremely kind and enjoy putting smiles on patients' and co-workers' faces.
- I am a hard worker and have been consistently employed since before graduating from high school.
- I am very passionate about my nursing career. I have known since I was in middle school that I wanted to be in the medical field, but eventually learned that nursing is

personalities, patient experiences, and relationships that I have learned to appreciate.

my passion. Nursing is more than just making somebody physically better. It is about emotional, physical, and mental wellbeing and I thrive off helping people.

CERTIFICATIONS

CPR CERTIFICATION FROM 12/2019-12/2022 BSN, RN DEGREE 05/2020

ASPIRATIONS

Within the next 10 years, I plan on expanding my nursing knowledge in the operative process. I have thoroughly enjoyed working the post-operative experience and one of my dreams have been to learn the perioperative experience. Pediatrics as truly been a joy for me and I want to be able to help them from behind the scene and advocate for them, when they cannot advocate for themselves.