

Russell L. Simon
DNP, MSN, BSN, BSC, CDIP, NP-C

PROFILE

Practical and resourceful certified Nurse Practitioner with over 11 years of experience. Established a good patient-provider relationship to aid in their medical care and warranted their self-involvement to provide good health outcome. Managed chronic and acute illness, and promoted patient-centered care. Decreased the frequency of surgical cancellations by providing preoperative medical evaluation with patients in the office while ensuring quality patient outcome.

In **2016**, awarded as an *Outstanding Nurse of the Year* and *Daisy Award Honoree* at Desert Regional Medical Center.

CONTACT

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SKILLS

- Interpreting clinical findings
- Ordering and performing diagnostic procedures and tests
- Authorizing/coordinating patient discharges
- Develop health care problem list
- Collaboration
- Interpersonal skills
- Cooperation
- Suturing, toenail removal, I&D
- Botox and filler injections
- Weight loss management

EDUCATION

Doctor of Nursing Practice
Grand Canyon University, Phoenix, AZ

Certified Nurse Practitioner – First Assist
National Institute of First Assisting, Centennial, CO

Master of Science in Nursing/Family Nurse Practitioner
University of Phoenix, Phoenix, AZ

Bachelor of Science in Nursing
Philippine College of Health Science, Manila, Philippines
University of Phoenix, Phoenix, AZ

Associate Degree in Nursing
College of the Desert, Palm Desert, CA

Bachelor of Science in Commerce, Business Management
St. Paul University, Quezon City, Philippines

WORK EXPERIENCE

Carbon Health, NP-C

July 2022 – Present

Borrego Healthcare, NP-C

Sept 2021 – Present

Cathedral Medical Clinic, NP-C

Sept 2019 – present

Provide immediate care to patients with acute and traumatic illness or injuries in a walk-in/urgent care clinic. Help maintain patient's chronic illness and promote positive outcome. Records and interprets all results of medical tests done at the clinic and accurately reports findings to the medical expert they are working with. Counsel patients with weight loss program. Educate patients about preventative care and the need to adhere to prescribed treatments. Perform physical examinations, order and interpret diagnostic tests, and discuss an approach to improve health. Maintain a good camaraderie with colleagues and encourage team work for efficient patient care.

Borrego Healthcare, NP-C

Sept 2021 - Present

SAC Health System, NP-C

May 2020 – Apr 2021

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STATE LICENSES

Arizona
California

LICENSES AND CERTIFICATIONS

Nurse Practitioner – Certified
Nurse Practitioner
Registered Nurse
Clinical Documentation Integrity
Practitioner
Botox/Filler certification
Weight Loss Management-
certification
ACLS
BLS
PALS
NRP

ORGANIZATIONS

- American Academy of Nurse Practitioners
- National Association of Pediatric Nurse Practitioners
- Sigma Theta Tau International
- The Nursing Honor Society
- The National Society of Leadership and Success

Provide medical care to all ages and level of economic status of patients, including vulnerable population. Perform physical examinations, order and interpret diagnostic tests, and discuss plan of care in the promotion of their health optimization to yield quality patient outcome. Provide medical care to patient's acute and chronic illness, and promote health wellness in a Federally Qualified Health Care system, which is achieved in-person or via telemedicine. Experienced with telehealth consultation. Consistently demonstrate abilities, skills, knowledge, and behaviors necessary to provide superior and culturally sensitive service to each other, to patients, and to the staff.

Monterey Palms Health Care, RN Supervisor

April 2021 – Present

Facilitate admission of patients and generate plan of care for smooth transition for patient into a new facility from hospital environment.. Assess and monitor patients with their change of conditions, and aim to prevent development of complications. Administer intravenous medications, monitor for any adverse reactions. Support staffs as needed to facilitate good camaraderie between colleagues. Provide positive feedbacks to patients and staffs at all times to help promote self-esteem, and yield in a patient-centered exceptional outcome.

County of Riverside – TAPS – COVID-19 Indio Testing Site, RN

May 2020 – Sept 2020

Collect specimen from patients in a drive-thru setting for the diagnostic testing to detect the pandemic causing coronavirus pathogen. Maintaining distance with patients and promote prevention of pathogen spread in the community utilizing personal protective supplies all throughout the shift. Maintain a good camaraderie between employees and promote positive patient experience.

Jasmine Ramos, MD, LLC, NP-C

Feb 2015 – Feb 2020

Desert Valley Pediatrics, NP-C (owner retired – practice closed)

Sept 2012 – Dec 2015

Decreased the frequency of pediatric population hospitalization while providing appropriate treatment for their illness and constant surveillance and monitoring of their health recovery. Provide extensive patient and family education for proper health maintenance and decreased the frequency of patient illness. Preceptor for Nurse Practitioner students. Consistently demonstrate abilities, skills, knowledge, and behaviors necessary to provide superior and culturally sensitive service to each other, to patients, and to the staff.

Desert Spine and Neurosurgical Institute, NP-C

Sept 2017 – Aug 2019

Assisted patients in decreasing the frequency of their narcotic use to avoid overdose, including postsurgical recovery while encouraging other modalities to utilize for their pain management and evaluate its effectivity. Competent and proficient first assist in a complex spine and neurosurgical procedures and guaranteeing a patient-focused care. Maintain patient in their comfortable state preoperative, intraoperative, and post-operatively. Decreased the frequency of surgical cancellations by providing preoperative medical evaluation with patients in the office while ensuring quality patient outcome. Efficient verbal communication skills with patients, families, and colleagues while ensuring a good camaraderie and providing team work.

Desert Clinic and Pain Management, NP-C

Aug 2018 – Dec 2018

Assisted patients in decreasing the frequency of their narcotic use to avoid overdose while encouraging other modalities to utilize for their pain management and evaluate its effectivity. Consistently demonstrate knowledge, skills, abilities, and behaviors necessary to provide superior and culturally sensitive service to each other, to patients, and to the staff. Manage patient with their chronic pain illness, evaluate monthly for the efficacy of their treatment and decreased their use of narcotics. Determine if patient is a candidate for injections and other modalities of pain management.

Desert Regional Medical Center, NP-C, FA

Dec 2014 – Oct 2017

Assisted surgeons in a multitude types of surgeries, including robotic procedures, while ensuring patient safety which increased positive patient outcome. Maintained patient in their comfortable state preoperative, intraoperative, and post-operatively which decreased their stress level in the surgical services. Decreased the turnover time to approximately 30 minutes between cases which provided a positive result in the production time of surgery department.

Fountain Valley Regional Medical Center, RN OB

Sep 2019 – Jan 2020

Desert Regional Medical Center, RN (Charge nurse, L&D, Ante/Postpartum, Triage, Baby nurse, Circulating, Recovery)

Jan 2007 – Dec 2015

Adherence in the hospital-wide establishment of clinical policies, protocols, regulations, and standards on a daily basis which provided a positive patient-centered care. Imparted initial assessment in triage and admission of patients in active labor while providing comfortable level throughout their hospital stay. Care for high-risk patients,

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patients with medical indication to terminate pregnancy, and promote prevention of development of complications while providing support and decreasing the stress on patients. Provided patient-centered care in surgery as circulating and recovery nurse for post op patients while ensuring a positive patient experience and outcome.

Desert Regional Medical Center, Unit Secretary

Aug 2002 - Dec 2006

Coordinated interfacility transfers for a smooth process of continuity of patient care and decreased the level of stress on patient and staff. Manage all incoming and outgoing phone calls for the department.