

Cindy Mullins

Frenchburg, KY 40322

cderosettrn07@gmail.com

859-749-7276

Dedicated nursing professional with more than 15 years of experience caring for patients in various units. Well-versed in Joint Commission standards and typical hospital procedures focused on maximizing patient safety and maintaining strict cost controls. Highly organized and proactive in managing patient needs.

Work Experience

Staff RN PACU

Saint Claire Regional Medical Center - Morehead, KY

January 2021 to Present

Visiting patients in their home, managing medications, wound care with use of wound Vac on multiple patients, blood draws for labs, oasis charting, calling multiple physicians for new orders and updating them on the patients, referrals, educating patient and family members on their care and therapy.

Travel Registered Nurse

Aya Healthcare

October 2019 to October 2022

Lexington, Administered medications, tracked dosages and documented patient OR conditions.

Travel Registered Nurse Used facility EMR system to update patient records, transmit 10/2019 - Current prescriptions and transfer files.

Educated patients and families on treatment strategies and at-home care.

Administered oral, intramuscular and IV medications to patients and monitored responses.

Treated patients using pharmacological and non-pharmacological treatment modalities to address various disorders, diseases and injuries.

Maintained adequate unit supplies to meet expected patient demands.

Counseled caregivers and families on end-of-life planning and educated on patient care options.

Monitored and recorded patient condition, vital signs, recovery progress and medication side effects.

Assessed patient conditions, monitored behaviors and updated supervising physicians with observations and concerns.

Assistant Manager Preop/PACU Clinical

Baptist Physicians Surgery Center - Lexington, KY

March 2019 to October 2019

Administered oral, IV and intra-muscular medications and monitored Lexington, KY patient reactions.

Assistant Manager Preop/PACU Clinical Coordinated care for up to 10 patients per shift in busy outpatient surgery

Nurse Manager se ing.

03/2019 - 10/2019 Answered patient questions and provided take-home materials for further information.

Executed appropriate steps for patient treatment following careful review of physician medical regimen. Coordinated care with physicians and other clinical staff to prepare for treatment, carry out interventions and enhance continuum of care to deliver comprehensive services.

Developed and maintained quality care systems and standards, including creating and improving medical protocols and guidelines.

Supervised 10 staff members and provided direct patient care to surgical patients.

Participated in continuing education programs and training workshops to enhance training and nursing knowledge.

Maintained adequate unit supplies to meet expected patient demands.

Monitored post-op vitals, set up PCA, fluids, reviewed post-op orders and assimilated patients to unit.

Helped pediatric patients understand and feel at ease with vaccines, tests and minor procedures.

Responded to emergency situations with speed, expertise and level-headed approaches to provide optimal care, support and life-saving interventions.

Addressed unit staff concerns, including staffing ratios, resource management, allocation of responsibilities and optimized workload management.

Travel Registered Nurse

Bluegrass Healthcare Staffing - Lexington, KY

June 2015 to March 2019

1. Worked home health for Cardinal Hill for 2 1/2 years as travel nurse. Administered medications, tracked dosages and documented patient assessments.

2. UK Endoscopy/Interventional Radiation

Travel Registered Nurse Used facility EMR system to update patient records, transmit 06/2015 - 03/2019 prescriptions and transfer files.

Educated patients and families on treatment strategies and at-home care.

Administered oral, intramuscular and IV medications to patients and monitored responses.

Treated patients using pharmacological and non-pharmacological treatment modalities to address various disorders, diseases and injuries.

Immunized patients against diseases such as influenza and pneumonia to protect vulnerable populations from serious illnesses.

Imparted medical, operational and patient care knowledge to junior nurses to maximize performance and quality of team operations.

Monitored diet, physical activity, behaviors and other patient factors to assess conditions and adjust treatment plans.

Counseled caregivers and families on end-of-life planning and educated on patient care options.

Monitored and recorded patient condition, vital signs, recovery progress and medication side effects.

Responded to emergency situations with speed, expertise and level-headed approaches to provide optimal care, support and life-saving interventions.

Conducted patient assessments and diagnostic tests to provide physician with important patient health information used to create focused treatment plans and manage ongoing care.

Observed strict safety measures, including checking medication dosages before administration to patients.

Administered scheduled medications and therapies intravenously, rectally, orally, subcutaneously and via intramuscular injections while overseeing pain management plans.

Endoscopy Staff Nurse

UK Healthcare - Lexington, KY

January 2011 to March 2015

and medication side effects.

01/2011 - 03/2015 Educated patients and families on treatment strategies and at-home care.

Developed and adapted individualized treatment plans according to patient recovery goals.

Administered medications, tracked dosages and documented patient conditions.

Trained endoscopy technicians on safety procedures and facility protocols.

Collected and properly handled specimens from patients.

Prepared patients for specific endoscopic procedures.

Provided technical assistance to doctors.

Conducted patient assessments and diagnostic tests to provide physician with important patient health information used to create focused

treatment plans and manage ongoing care.

Administered oral, IV and intra-muscular medications and monitored patient reactions.

Observed strict safety measures, including checking medication dosages before administration to patients.

Monitored post-op vitals, set up PCA, fluids, reviewed post-op orders and assimilated patients to unit.

Helped pediatric patients understand and feel at ease with vaccines, tests and minor procedures.

Hospice Registered Nurse Case Manager

Hospice East - Winchester, KY

December 2007 to December 2011

to relay patient needs.

12/2007 - 12/2011 Assessed patient conditions, monitored behaviors and updated supervising physicians with observations and concerns.

Responded to emergency situations with speed, expertise and level-headed approaches to provide optimal care, support and life-saving interventions.

Answered patient questions and provided take-home materials for further information.

Administered oral, IV and intra-muscular medications and monitored patient reactions.

Developed and adapted individualized treatment plans according to patient recovery goals.

Administered oral, intramuscular and IV medications to patients and monitored responses.

Maintained infection control logs, streamlined charting process, and improved patient outcomes through training and leadership.

Helped patients and families feel comfortable during challenging and stressful situations, promoting recovery and reducing compliance issues.

Treated patients by administering various types of medications and therapies. Advocated for patient needs with interdisciplinary team and implemented outlined treatment plans.

Education

Bachelor of Science in Nursing

Southern State Community College - Hillsboro, OH

Skills

- Pediatrics Experience
- EMR Systems
- Hospice Care
- Laboratory Experience
- Medication Administration
- Nurse Management
- Pain Management
- Patient Care
- Management
- Supervising experience
- Home care
- Data collection
- Nursing
- Infection Control Training
- Experience Administering Injections
- Epic

Certifications and Licenses

RN

BLS Certification

CPR Certification

ACLS Certification

Additional Information

Skills

Patient assessments Staff Development and Precepting

Privacy and confidentiality Acute and rehabilitative care
Regulatory compliance Intake and discharge
Medical records management Medication and IV administration
Medication administration Medication administration expert
Charting and clinical documentation Talented in minor surgery assistance
Direct patient care IV drug therapy management
Care planning Geriatric treatment knowledge