**Gail Phillips**

PO Box #535

Lenox Massachusetts 01240

gailphillips329@gmail.com

gail@phillipshealthcareadvocate.com

 (M) 413.584.0535

**EDUCATION**

 **Master of Science in Nursing\***

 *The Frontier University*

 **Master of Science in Health Education**

 *The Sage College*, Troy, New York,

 **Bachelor of Science in Nursing, Troy, New York**

*The Sage College*, Troy, New York,

**EXPERIENCE**

 **Phillips Healthcare Advocate, 2017-present**

*Independent Healthcare Advocate and Educator*

 www.phillipshealthcareadvocate.com

 **Group Facilitation Consultant, 2003-2016**

*Centering Healthcare Institute*

Boston, Massachusetts

 Retired 12/31/16

 **Certified Nurse-Midwife, 1996-2014**

 *Multiple Full-scope Midwifery Practices*

 *Utilizing Centering Group Care*

 Retired, 8/1/14

\* 6 credits to completion of Masters, in process

**PROFESSIONAL PRESENTATIONS AND RESEARCH**

 **Community Education Presentations**

The Power of a Healthcare Advocate:

 “How to be your own Healthcare Advocate for yourself and

 loved ones when faced with a Healthcare concern,

 challenge. or crisis“

**Phillips Healthcare Advocate**, **2017-present**

**PROFESSIONAL/PERSONAL/CONTEMPLATIVE TRAININGS**

 **Centering Healthcare Institute, 2003-2015**

 Annual Faculty Meetings

*Multiple Trainings on Centering Group Health Care,*

 *Group Facilitation Skills, Health Care Policy and Health Care System Redesign*

**Peer Spirit, Whidbey Island, WA**

*Group Facilitation Practicum, 2010*

*Advanced group facilitation, 2012*

Aldermarsh Retreat Center

 **Mindfulness Based Stress Reduction (MBSR), 1998**

The Omega Institute for Holistic Studies, Rhinebeck, NY

*A (7) Day Training for Health Care Professionals with Jon Kabot- Zinn*