**Gail Phillips**

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**EDUCATION**

**Master of Science in Nursing\***

*The Frontier University*

**Master of Science in Health Education**

*The Sage College*, Troy, New York,

**Bachelor of Science in Nursing, Troy, New York**

*The Sage College*, Troy, New York,

**EXPERIENCE**

**Phillips Healthcare Advocate, 2017-present**

*Independent Healthcare Advocate and Educator*

www.phillipshealthcareadvocate.com

**Group Facilitation Consultant, 2003-2016**

*Centering Healthcare Institute*

Boston, Massachusetts

Retired 12/31/16

**Certified Nurse-Midwife, 1996-2014**

*Multiple Full-scope Midwifery Practices*

*Utilizing Centering Group Care*

Retired, 8/1/14

\* 6 credits to completion of Masters, in process

**PROFESSIONAL PRESENTATIONS AND RESEARCH**

**Community Education Presentations**

The Power of a Healthcare Advocate:

“How to be your own Healthcare Advocate for yourself and

loved ones when faced with a Healthcare concern,

challenge. or crisis“

**Phillips Healthcare Advocate**, **2017-present**

**PROFESSIONAL/PERSONAL/CONTEMPLATIVE TRAININGS**

**Centering Healthcare Institute, 2003-2015**

Annual Faculty Meetings

*Multiple Trainings on Centering Group Health Care,*

*Group Facilitation Skills, Health Care Policy and Health Care System Redesign*

**Peer Spirit, Whidbey Island, WA**

*Group Facilitation Practicum, 2010*

*Advanced group facilitation, 2012*

Aldermarsh Retreat Center

**Mindfulness Based Stress Reduction (MBSR), 1998**

The Omega Institute for Holistic Studies, Rhinebeck, NY

*A (7) Day Training for Health Care Professionals with Jon Kabot- Zinn*