

Vidallah Nordquist

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A master's degree graduate Nurse Practitioner, over 6 years dedicated as a critical care registered nurse, former Nurse Assistant and Home Health Caregiver for more than 5 years in the USA and in Kenya, Africa. Background in critical care Cardiac ICU, Cardiac Telemetry, medical-surgical, Oncology, adult and geriatrics population, HIV & AIDS patients from all age groups, and customer care management. Self-motivated and quick learner who adapts easily to new situations. Enjoys challenges and diverse teaching opportunities to benefit patients. Organized, self-disciplined, and strong communication skills.

Work Experience

Travelling RN Critical Care and Medical-surgical Float Team

Maxim Healthcare Services Agency - Montlake, WA
December 2021 to Present

- Utilizes the nursing process to assess, plan, implement, and evaluate patient care.
- Uses clinical judgment to manage delivery of patient care safely and effectively.
- Promote interpersonal relations with all contacts in the hospital setting.
- Represents Maxim in the hospital setting in a positive image by serving as a role model in quality of care delivered, manner of dress, and professionalism.
- Uses knowledge and practice in accordance with Nurse Practice Act; Standards of Nursing Practice; Standards of Patient Care; JCAHO, state and local laws; and hospital policies.
- Other duties as assigned

RN-Adult Medical Telemetry/Oncology

Overlake Hospital - Bellevue, WA
July 2021 to Present

- Caring for cardiac and oncology patient with medical issues
- Utilizes the nursing process to assess, plan, implement, and evaluate patient care.
- Uses clinical judgment to manage delivery of patient care safely and effectively.
- Promote interpersonal relations with all contacts in the hospital setting.
- Represents Maxim in the hospital setting in a positive image by serving as a role model in quality of care delivered, manner of dress, and professionalism.
- Uses knowledge and practice in accordance with Nurse Practice Act; Standards of Nursing Practice; Standards of Patient Care; JCAHO, state and local laws; and hospital policies.
- Other duties as assigned

RN- Adult Cardiac ICU & Telemetry Unit: Weekend Position

Aspirus Hospital - Wausau, WI
July 2019 to July 2021

- Provide the necessary care for critically ill patients. Cardiac, post-Op CABG,

Thoracotomy, Cardiac arrhythmias, Heart failures, vascular abnormalities. Other cardiac and vascular related illness.

- Act as a liaison for patients and the families of patients
- Respect the rights and beliefs of patients
- Monitor the care that patients receive
- Offer assistance that is in the best interest of the patient
- Intercede for patients in situations that require action immediately
- Represent the patient according to his or her choice
- Provide support and education that can help patients and their designated surrogate make the best decisions possible

RN-Adult Cardiac Telemetry Unit (CTU): Weekend Only Position

Marshfield Medical Center Formerly St. Joseph Hospital - Marshfield, WI

July 2016 to July 2019

- Provide the necessary care for critically ill patients. Manage and treat all cardiac related illness.
- Act as a liaison for patients and the families of patients
- Respect the rights and beliefs of patients
- Monitor the care that patients receive
- Offer assistance that is in the best interest of the patient
- Intercede for patients in situations that require action immediately
- Represent the patient according to his or her choice
- Provide support and education that can help patients and their designated surrogate make the best decisions possible

RN-Adult Cardiac Intensive Care Unit (CICU)

Primary Unit

July 2016 to July 2019

- Provide the necessary care for critically ill patients with strictly medical issues. Cardiac, respiratory, musculoskeletal, neuro, GI, GU, and other medical cardiac related illness.
- Managing critically ill cardiac patient post ablation, cardiac arrhythmias, CABG, Thoracotomy, STEMI/NSTEMI, etc.
- Act as a liaison for patients and the families of patients
- Respect the rights and beliefs of patients
- Monitor the care that patients receive
- Offer assistance with multiple procedures that is in the best interest of the patient
- Intercede for patients in situations that require action immediately
- Represent the patient according to his or her choice
- Provide support and education that can help patients and their designated surrogate make the best decisions possible

Work Study Student

Nicolet Area Technical College, - Rhinelander, WI

January 2014 to May 2016

- General nursing lab preparation for the next skill
- General cleaning and restocking
- Other duties assigned by the faculty

Nurse Assistant

Grace Lodge Assisted Living - Rhinelander, WI

May 2012 to May 2015

- Helped clients with mobility restrictions to get out of bed, bathe, dress, and groom
- Delivered basic health services like taking and recording vital signs
- Assisted with medications administration
- Provided light housekeeping and homemaking tasks
- Reinforced on nutrition and prescribed exercise
- Changed simple dressings, provide skin care, assist with braces, and artificial limbs
- Prepared residents for doctors' appointments
- Collaborated with other staff, including nurse manager

Home Health Aid/HIV & AIDS Educator

Jocham Hospital HIV & AIDS - Department-Kenya

May 2009 to June 2011

- Worked with people living with HIV and Aids and monitored daily ARVs prescription and making sure no default
- Taught about building support system and available resources for patients
- Emphasized the risks associated with infections and cultural norms
- Offered both professional and spiritual counseling to parents and children
- Trained immediate relatives the techniques of home care and care giver roles

Expiration:2022

- License Practical Nurse (LPN)

Expiration: 2017

- ACLS

Expiration: 2022

- American Heart Association (BLS) Expiration: 2022

Nurse Practitioner Clinical Experience:

- Aspirus walk in Weston/Wausau clinic- Advanced Clinical Practice. 112 hours (walk-in clinic)

- Aspirus cardiology Wausau Hospital & Clinic - Advanced Clinical Practice.168 hours (Cardiology in-patient & Cardiology Heart failure clinic)

Duties during clinical rounds:

- Assess, diagnose, make plan of care, and treat patients who suffer from conditions that affect their cardiovascular and pulmonary systems in-patient and out-patient.
- Assess and Assists with diagnostic tests like electrocardiograms, echocardiograms, Angiograms,
- Examine and educate patients on ways to prevent heart disease and manage heart failure.
- Educates family on how to help the patient engage in healthy behavior at home.
- Educate and answers patient questions regarding nutrition and exercise.
- Assess and assist in handling emergency cardiovascular episodes in the ED and admit.
- Operates machinery that aids in the diagnosis of cardiovascular diseases.
- Assist in administering stress tests.
- Monitors cardiovascular equipment readings 'CardioMems'.
- Assess and update my preceptor informed of any changes in the patient and the plan of care.
- Assess and modify patient treatments based on patient responses to treatment based on preceptor agreement with the plan of care.

- Assess, review, and diagnoses heart conditions in patients and make a plan of care per preceptor discretion.
- Collaborate with preceptor and supervising cardiologist which is a physician that specializes in care of the heart for all plan of care.
- Aspirus family practice Kronowetter clinic- Advanced clinical practice.224 hours (Aspirus family medicine)

Education

Masters in Adult gerontology Acute Care Certification

University of Cincinnati

December 2022

MSN in Adult Gerontology Primary Care Nurse Practitioner

University of Cincinnati

August 2021

Bachelor of Science in Nursing

University of Wisconsin Green - Green, Wisconsin, US

May 2017

Associate of Science in Nursing

Nicolet Area Technical College - Rhinelander, WI

May 2016

Diploma in Practical Nursing

Nicolet Area Technical College - Rhinelander, WI

May 2015

Diploma in Nurse Assistant

Nicolet Area Technical College - Rhinelander, WI

May 2012

Skills

- Dementia Specialist
- Proficient in software applications: Word, PowerPoint, Outlook, and Excel EMR Technology experiences:
- Epic
- Centricity
- QS-ICU charting system
- Cerner
- Logicare
- Pixes pharmacy
- Omnicell pharmacy
- Multilingual- English
- French

- Arabic
- Swahili
- other African dialects

Certifications and Licenses

Certified Nurse Practitioner

LPN

CCRN Certification

RN License

ACLS Certification