

STANLEY P. HARMON, RN

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Education

- Mercy Hospital College of Nursing | Miami, FL | 12-2019 | Associate of Science | Registered Nursing
- Barry University | Miami Shores, FL | 10-2011 | Bachelor of Science | Exercise Physiology

License and Certifications

Registered Nurse | State of Florida Compact License | Exp: 4/30/2023 | License# RN9533463

AHA Basic Life Support | Exp: 01/2024

AHA Advanced Cardiovascular Life Support | Exp: 01/2024

Relevant Work Experience

Registered Nurse | 02/2022 – 04/2022

Princeton Medical Center (Intensive Care Unit/Travel Assignment) | Princeton, New Jersey

- Joined Princeton Hospital ICU team at the Gund Center for Critical care
- Gave compassionate care to critical patients suffering from debilitating conditions
- Assessed patient conditions and administer medications
- Educated families about patient conditions and provide support as needed
- Managed ventilator equipment and IV administration of fluids and medications

Registered Nurse | 02/2021 – 02/2022

Medstar Harbor Hospital (Intensive Care Unit) | Baltimore, Maryland

- Promoted an atmosphere of collaboration and teamwork by exhibiting professional behavior that demonstrates a commitment to the provision of quality patient care and support of a professional work environment.
- Provided respiratory and ventilator management and monitoring for patients.
- Provided education and resources to patients and/or patients family based on clinical implications.
- Accurately documented in patients record a description of nursing care provided.

Registered Nurse | 04/2020 – 02/2021

Johns Hopkins Hospital (Infectious Disease) | Baltimore, Maryland

- Perform evaluations, gather data, implement a plan of care and instructs the patient/caregiver on signs/symptoms of complications and home management related to the patient's disease process.
- Implement the patient individual driven plan of care that strives to meet positive outcomes through ongoing evaluation using evidence-based practice.

- Conduct patient health teaching and health counseling regarding the disease process(es), self-care techniques and prevention and involves the patient's significant others in accomplishing health goals while promoting patient family independence.

Licensed Practical Nurse | 04/2018 – 09/2019

Vitas Healthcare (Home Health) | Palm Beach, FL

- Maintained patients' comfort and quality of life in their home environment, and alerted primary nurse about changes in patients' condition
- Provided continuous and precise assessment of patients' pain and comfort levels
- Provided emotional support to family members through active listening techniques.
- Communicated all pertinent information and evaluations through clear and concise documentation

Licensed Practical Nurse | 01/2017 – 8/2018

HCR ManorCare | Naples, FL

- Provided competent patient care with the ability to quickly and accurately assess patient condition using nursing judgment for the need of advanced medical intervention.
- Supervised and delegate duties to nursing assistants within scope their scope of practice.
- Coordinated care with interdisciplinary team that include physical therapy, occupational therapy and speech therapy.
- Effectively established rapport with patients and family members fostering a sense of confidence and professionalism.

Clinical Assistant | 05/2016 – 01/2017

Boca Raton Regional Hospital | Boca Raton, FL

- Provided basic care to patients, which includes, bathing, toileting, meal set up, ambulating, and other activities of daily living.
- Communicated with patients to ascertain feelings, need for assistance or emotional support.
- Accurately documented vital signs and immediately report abnormal values to the RN.

Health Coach | 01/2014 to 07/2015

Alere Health | Fort Lauderdale, FL

- Managed a caseload of over 500 members promoting healthy behavioral changes in the areas of weight management, stress management, physical activity and tobacco cessation.
- Worked with members to create a realistic and sustainable action plan building on member strengths and current healthy lifestyle choices.
- Utilized clinical judgment to refer members to external resources such as social, mental health and community services that could help mitigate barriers to success of members' long-term goals.

- *Key Accomplishments - Consistently received 98% and higher audit scores that demonstrated the ability to manage caseload, keep members engaged in the program, and use of clinical judgment.*

Exercise Physiologist | 06/2011 to 01/2014

Pritikin Longevity Center | Doral, FL

- Managed teams of 15-30 participants through weekly wellness programming. Conducted 12-lead EKG stress tests and interpreted results under supervision of a physician.
- Created exercise prescriptions based on stress test and consultation to ensure safe attainment of health goals such as reducing the number of prescription medications needed for chronic conditions including high blood pressure, cholesterol, and diabetes.
- *Key Accomplishments - Received award for outstanding service with Pritikin's cardiac rehabilitation program. Developed "Exercise is Medicine" lecture for Pritikin's educational program.*

Other Work Experience

- Executive Assistant, 01/2007 to 05/2008 | Aventura Hospital and Medical Center | Aventura, FL
- Administrative Assistant, 08/2005 to 12/2006 | University Physicians, Inc | Baltimore, MD
- Administrative Assistant, 03/2004 to 08/2005 | Johns Hopkins Hospital | Baltimore, MD
- Office Assistant, 06/1999 to 05/2003 | Keypoint Health Services | Catonsville, MD