24625 Wilderness oak Apt 13205, San Antonio, Texas 78260

210-449-4980

W: jessica.gandar@yahoo.co

#### Skills

- Patient care
- Medication administration
- Epic/Meditech Training
- Task prioritization
- Time management
- IV Pump maintenance/IV fluids
- Treatment planning
- IV management
- Patient assessment
- Strong communication
- Telemetry monitoring
- Discharge coordination
- Vitals monitoring
- Training staff
- Documentation
- Ability to multitask

# JESSICA GANDAR

# **Professional Summary**

I am a Registered Nurse with a year of nursing experience in Tele/Step down unit. I would be honored to be apart of an organization where flexibility and high quality teamwork is an essential. Safe nurse patient ratios and patient quality care is a priority to carry on in my nursing career. I am a preceptor at my current work place which gives me the skills assets to teach new graduates. For the ascending of my career I am currently working on my bachelors degree. I plan on obtaining my masters degree shortly after finishing up my bachelors of next year. I am motivated to contribute team success and always willing to take on new tasks. I adapt quickly to new policies and procedures and am thrilled to have an opportunity to join your team.

## **Experience**

### Methodist Healthcare System | San Antonio , Texas

- December 2021 Current
  - Registered Nurse
  - Implemented treatment plans for acute and chronic conditions.
  - Specialized in delivering exemplary care to hospitalized patients.
  - Administered oral, IV and intramuscular medications as part of patient treatments.
  - Liaised with healthcare professionals in fast-paced environments using advanced medical terminology.
  - · Conducted accurate chart updates in computer system.
  - Worked closely with physicians, surgeons and nursing staff as part of unit team.
- Supported patient nutrition needs with assistive feeding and gastric tube management.
- Recorded changes in patient conditions and laboratory test results.
- Trained and mentored student nurses, interns and new graduates in proper procedures and care techniques.
- Managed patient flows for unit, handling admissions and processing discharge paperwork.
- Educated patients and caregivers on proper at-home care and treatment regimens.

#### St. Johns | San Angelo , Texas

- O August 2020 February 2021
  - Licensed Vocational Nurse
  - Participated in infection control monitoring.

- · Basic wound care treatments.
- · Administered and medication and documented dosages and times.
- Discussed care provided with patients and addressed concerns.
- · Monitored patient health and administered basic care.
- · Reported status changes and concerns to registered nurses and doctors.
- Prepared and assisted provider with dispensing prescribed medications.
- · Applied appropriate interventions to progress patients towards health.
- Contributed to patients' treatments by administering prescribed medications and starting intravenous fluids.
- Supported personal needs and wishes with caring attention to hygiene and grooming.
- Tracked patients' responses to medications, behaviors, and vitals for treating clinicians.
- Assisted with laboratory testing by collecting and transporting biological samples.

#### **Education**

May 2021

Associate Degree of Nursing
Howard College, San Angelo, Texas

May 2020

C Licensed Vocational Nursing
Howard College, San Angelo, Texas

May 2015

O High School Diploma

Eldorado High School, Eldorado, Texas

September 2023

O Bachelors in Nursing

Galen College, San Antonio , Texas