

# Katy Hernandez

## **Nurse Practitioner**

Sherwood, OR

[Katy.Kovari01@frontier.edu](mailto:Katy.Kovari01@frontier.edu)

+1 541 777 9489

Nurse practitioner with family practice experience in clinic, telehealth and home based settings. Strong passion for keeping patients informed as well as encouraging and supporting active participation in care. Highly motivated to be an active participant in helping patients feel their best while creating individualized care plans based on realistic expectations and evidence based practice. In addition to supporting patient participation in care, I am motivated in supporting my patients with their health and wellness by emphasizing a nourished diet, exercise, meditation, healthy habits and other naturopathic and holistic approaches to wellness. Effective team player with excellent leadership skills. Self-motivated professional committed to providing quality and informed care with every patient encounter.

Authorized to work in the US for any employer

## Work Experience

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### **Nurse Practitioner**

Salem Wellness Clinic, Salem Womens Clinic, Bella Rose MedSpa

May 2022 to Present

Adult and adolescent primary care provider, including large population of women, hormone optimization, balance, lifestyle changes, evidence based practice, patient centered care.

Injector at our on-site med spa having had formal training at PNAA. Currently injecting Botox and dermal filler.

### **Nurse Practitioner**

Molina Healthcare of Washington - Vancouver, WA

July 2021 to April 2022

Conducted annual health risk/Medicare wellness assessments, assisted with medical management follow up and ensuring access to primary care for all members.

### **Nurse Practitioner Student**

Mosaic Medical - Bend, OR

November 2019 to March 2020

Nurse practitioner student, 700 hours of family practice, including newborn, pediatric, OB/gyn, pre and post natal care, geriatric care and primary care management.

### **Registered Nurse - Travel Nursing**

OMNI STAFFING SERVICES - Moses Lake, WA

December 2015 to March 2020

Labor and Delivery/Recovery/Postpartum, Peri/Post-Op Surgical Cesarean Section, Acute Care (MedSurg), Long Term Care, Skilled Nursing and Rehab

**Registered Nurse - Labor & Delivery, Nursery**

ST. CHARLES HEALTH SYSTEM - Madras, OR  
February 2016 to August 2019

RN - labor and delivery, postpartum, nursery

**Registered Nurse - Triage, Clinic**

PROVIDENCE HEALTH SYSTEM - INDIAN TRAIL CLINIC - Spokane, WA  
July 2018 to December 2018

Family practice triage nurse

**Registered Nurse - Labor & Delivery**

CONFLUENCE HEALTH - Wenatchee, WA  
July 2015 to February 2016

**Registered Nurse - Labor & Delivery, NICU Level II, Pediatrics**

ALBANY GENERAL HOSPITAL - Albany, OR  
July 2014 to July 2015

**Registered Nurse - Obstetrics, Women's Health**

INTEGRATED WOMEN'S WELLNESS - Palmer, AK  
January 2014 to July 2014

Education

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**Master of Science in Nursing in Family Nurse Practitioner**

Frontier Nursing University - Hyden, KY  
October 2019

**Associate Degree in Nursing in Nursing**

Walla Walla Community College - Clarkston, WA  
May 2013 to June 2013