Chirsty Lena

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Personal statement

Registered nurse with strong experience in delivering quality care to patients. Professional with more than eight years of practice in emergency room care, triage, and post-surgical recovery. Strong knowledge of medicine, pharmacology, and standards of care in the hospital or private practice setting. Caring and reliable person with a reputation for building a great rapport between medical providers and patients. Committed to making patients more informed and comfortable during their care.

Key Skills

* Dedicated patient advocate, which has me putting the needs and care of the patient above everything else.
* Strong oral and written communication skills, since much of this job requires speaking to patients kindly and discussing care with other medical staff.
* Expert multitasker and highly organized, which makes it easier for me to manage several patients on my caseload at once.
* Respected team player throughout my career, equipping me with the right mindset to want to offer anything I can to help improve patient outcomes.
* Excellent sense of integrity and honesty when dealing with sensitive subjects and situations related to patients.

Employment History

Registered Nurse, The Princess Grace Hospital, USA

(April 2018 – Present)

Achievements and responsibilities:

* Treat and care for patients after major surgical procedures by monitoring vital signs, administering medication, and cleaning surgical areas.
* Collaborate with physicians, case managers, families, and other staff members when developing a plan for care and treatment during the hospital stay.
* Work as a supervisor for the unit and floor, and help train new nursing students who are completing their internship duties.

Registered Nurse, Live in care, USA

(June 2016 – April 2018)

Achievements and responsibilities:

* Noted patient physical condition, vital signs, daily routine, and medication schedule in the urgent care department during serious illnesses or injuries.
* Responded to emergency situations where patients are in life-threatening conditions by following the correct procedure and maintaining a calm and effective demeanour.
* Recognized by fellow staff as the employee of the month for several months due to strong commitment to service and quality care.

Registered Nurse, USA Bridge Hospital, USA

(October 20013 – May 2016)

Achievements and responsibilities:

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* Recorded information about patients as they recovered from illness in the hospital, such as diet, physical activity, milestones, and more.
* Followed a treatment plan and medication schedule ordered by the doctor, and assessed patient pain levels during the hospital stay.
* Led an initiative with the hospital to improve patient, family, and medical staff communication by conducting community workshops to facilitate suggestions.

Education

Internship

(September 2012 – June 2013)

London bridge Hospital

**University of Leeds**

(September 2008 – June 2012)

Bs in Homecare

CGPA: 3.6

Hobbies & Interests

During my days off, I enjoy cooking and baking. I have entered several amateur baking contests that focus on making exotic cakes or cupcakes. I was a contestant on a top baking competition show on the Food Network channel, called Cupcake Wars. Most of the time, I bake cakes and treats for my friends or family or special occasions.