

YZABEL P. DELA PAZ

🏠: 2300 Taper Street | Pinole, CA 94564
✉: yzabeldelapaz1@gmail.com
📞: (650) 619-6410

EDUCATION

- 2020 – 2021 **Bachelor of Science, Registered Nursing**
Grand Canyon University | *Phoenix, AZ*
- 2017 – 2019 **Associate of Science, Registered Nursing**
City College of San Francisco | *San Francisco, CA*
- 2013 – 2014 **Vocational Nursing Certification, Vocational Nursing**
Gumick Academy of Medical Arts | *San Mateo, CA*

LICENSE / CERTIFICATIONS

Registered Nurse, *California Board of Registered Nursing #*: 95216966
Licensed Vocational Nurse, *California Board of Vocational Nursing and Psychiatric Technicians #*: 685264
Certified Hemodialysis Technician, *California Department of Public Health #*00017586
CPR, Basic Life Support, *American Heart Association*
CPR, Advanced Cardiac Life Support, *American Heart Association*
NIH, Stroke Scale Certification, *American Heart Association*

EMPLOYMENT HISTORY

- January 2022 – Present **Registered Nurse, Intensive Care Unit**
MarinHealth Medical Center, Greenbrae, CA
Provide patient care to complex patients, perform assessments and interventions at a 15-bed unit. Assist physicians with bedside procedures. Assess patient's condition, notify physician of any clinical changes as well as prepare and implement patient care plans. Monitor vital signs, adequacy of ventilation, level of consciousness, and pain. Administer and titrate medications as determined by patient's condition. Communicate patient's condition to family members in a compassionate and non-technical manner.
- August 2021 – Present **Registered Nurse, Outpatient/Inpatient Hemodialysis**
University of California, San Francisco, CA
Perform hemodialysis dialysis to patients in both inpatient and outpatient settings. Monitor the status of patients before, during, and after treatments provided, notify nephrologist of any changes or significant findings. Assessment of dialysis access, catheter dressing changes, and report any changes to physician. Assess patients' knowledge and educate patients to reduce knowledge deficit regarding disease process.

May 2020 –
November 2021

**Registered Nurse, Intensive Care Unit/Transitional Care Unit
Registered Nurse, Inpatient Acute Dialysis**

St. Rose Hospital, Hayward, CA

Responsible for consistently demonstrating the ability to transfer knowledge and applying information to the nursing process. Based on patient's diagnoses, formulate a plan of care through observation of the patient's physical conditions and behavior. Evaluate the effectiveness of care through reassessment of patient's response to various interventions. Demonstrate leadership by appropriately delegating tasks to colleagues to ensure patient care. Act as an advocate for the patient, as circumstances require, by initiating action to improve health care. Completion of a 40-hour critical care course.

March 2020 –
May 2021

Registered Nurse, Medical-Surgical/Telemetry/SNF

Chinese Hospital, San Francisco, CA

Responsible for utilizing the nursing process to assess, plan, implement and evaluate patient care. Assess changes in patient's health status and perform various treatments. Performed and implemented plan of care through clear communication with multidisciplinary care team in conjunction with patient and family. Provided education to patients and their families on disease processes, medical-surgical procedures and other aspects of therapeutic regimens, including medication and pain management techniques.

June 2016 –
January 2017

Licensed Vocational Nurse, Long-term Care

Pacifica Rehabilitation and Nursing, Pacifica, CA

Incorporated patients' plan of care in accordance with established departmental standards, policies, and procedures. Documented accurate patient information while addressing problems, implementations, expected outcomes, and evaluations. Administered medications, provided patient education and monitored effectiveness of all medications, notify physician of any changes in condition.

July 2010 –
August 2021

Hemodialysis Technician, Chronic Outpatient Hemodialysis

University of California San Francisco, San Francisco, CA

Responsible for set up and operation of hemodialysis machines to provide dialysis treatment to patients with Chronic and Acute Kidney Disease. Perform and monitor patient observations before, during, and after treatment. Obtain blood samples, culture specimens and prepare for shipment. Perform cannulation of dialysis access using aseptic technique. Calculate and adjust fluid removal rate of patients per protocol and prescription. Collaborate with registered nurse in identifying and meeting patient education goals.

ACCOMPLISHMENTS & ACTIVITIES

National Society of Collegiate Scholars, Grand Canyon University, Lifetime Member
President's List, Grand Canyon University
Maynor Gonzales Nursing Department Scholarship Recipient, City College of San Francisco

Volunteer work: Event worker for the AVM and Aneurysm Foundation of San Francisco (2018 – Present); Event worker for American Heart Association's Blood Drive (2017 – 2019); Volunteer assistant at the Janet Pomeroy Recreation and Rehabilitation Center in San Francisco (2018 – 2019)