# MARINA PENKOVA

Registered Nurse

### (916) 802-0482 (



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Sacramento, CA



#### Technical

Epic

Connect

MS Word

MS Excel

MS Outlook

Adobe

Fluent in Russian/Ukrainian

### Education

Bachelor of Science, Nursing (BSN)

California State University, Fresno

2018 -2020

GPA: 4.0

A.S., Math & Science

Sacramento City College

2014 -2017

### Certifications

BLS (AHA) 12/2024

ACLS (AHA) 05/2023

NRP (AHA) 05/2023

EKG Monitoring Cert 05/2023

L&D AWHONN University

Intermediate Fetal Monitoring

### Licenses

Reaistered Nurse

California Board of Registered Nursing

Exp. Date: March 31, 2023

License Number: 95244161

## Professional Experience

## Dermatology Registered Nurse Sacramento CA- 10/2021-present

Provided comprehensive health assessments to patients. Implemented throughout assessments, evaluated medical conditions, and determined if patients are candidates for specific treatments. Formulated a goal-orientated plan of care, meanwhile implementing patient care safely and effectively. Identified patient learning needs, and educated patients about pre/post care instructions for treatments, and proper skincare. Collaborated with health care team members (RNs, NPs, MDs) for optimal patient care and results. Electronically documented patient care according to policy. Operated with professional equipment, and received adequate training prior.

### High Risk Labor & Delivery Registered Nurse Community Regional Medical Center, Fresno CA – 3/2021-11/2021

Collaborated with physicians and healthcare team members to provide safe, high-quality care for obstetric patients through effective communication with patients, family members, and staff. Meanwhile, ongoing fetal and maternal assessments and monitoring, medication administration, and implementation of hospital policies and procedures. Identified and assisted with any complications, worked seamlessly and efficiently in emergency situations, by making fast, lifesaving, critical decisions. Acted as a patient advocate before, during, and after any procedure, delivery, or surgery. Performed as OR-RN circulator –patient preparation, time-outs, patient medical history review, counts of tools/equipment used, documented surgery, and assisted surgeons. Worked as triage RN and triaged patients according to proper prioritization and initiated care immediately. Followed state regulations, hospital policy, and procedures and maintained HIPPA and Joint Commission compliance.

## Labor & Delivery Registered Nurse Extern Community Regional Medical Center, Fresno, CA, 2/2020 - 01/2021

- Collaborated with preceptor RN to ensure safe and high-quality care to OB patients by effectively communicating with the patients, physicians, and staff members. Administered patient required medication, ongoing maternal and fetal assessments, and implementing hospital policies and procedures. Performed OR-Circulator RN duties such as: patient preparation, time outs, counts, initiate start/close, assisted anaesthesiologist with patient intubation/spinal block/epidurals. Assessed neonate at delivery, and implemented resuscitation on neonate as needed.
- Performed OB-tech skills and duties such as: setting up delivery equipment, OR for c-sections, equipment handling/processing (sterilization), performing safety checks of the OR and patient rooms, and restocking rooms per policy.

## Senior Focus Clinical Experience

High Risk Labor & Delivery Community Regional Medical Center 09/2020 -10/2020 135 hours

## Volunteer Experience

Trauma UC Davis Medical Center, Sacramento 01/2017- 01/2018

Center, Sacramento Clovis Community Medical Center 05/2019 - 07/2019

Labor & Delivery

### Skills

Compassionate & empathetic Patience & resilience Excellent communication & collaboration skills

Strong desire to learn and grow; fast learner Excels in fast-paced environments

Personable
Punctual & reliable
Critical and analytical thinking skills
Trilingual: English/Russian/Ukrainian
HIPPA & OSHA compliant