

Sonia Suganob

EMERGENCY ROOM NURSE

Fountain Valley, CA 92708

unat424@yahoo.com

(714) 858-1216

Confident, team-oriented and conscientious Registered Nurse with 10 years of Emergency Room, Medical-Surgical, Telemetry and Rehabilitation experience providing quality care to patients across the age spectrum and their families. Providing excellent patient focused care in high-pressure, fast paced environment with proven reliability and responsibility with patients, providers, teammates and management.

Authorized to work in the US for any employer

Work Experience

Registered Nurse

Fountain Valley Regional Hospital and Medical Center - Fountain Valley, CA

March 2021 to Present

- Orange County Emergency Medical Services Designated Cardiovascular (STEMI) and Stroke Neurosurgical Receiving Center
- Primary and Thrombectomy-Capable Stroke Center accreditation by The Joint Commission

Emergency Room Nurse

Ridgecrest Regional Hospital (Emergency Department) - Ridgecrest, CA

June 2017 to February 2021

- Provide and maintain direct high-quality care to acutely and chronically ill patients in a busy rural Level 4 Emergency Department
- Participate in the collaborative care for patient utilizing multi disciplinary team
- Triage cases and facilitate communication with other departments and hospitals as needed in the transition of patient care
- Serve as MICN, fill-in Charge Nurse & Preceptor in the ED as designated by Nurse Manager

Medical-Surgical/Telemetry Unit Nurse

Ridgecrest Regional Hospital - Ridgecrest, CA

October 2014 to June 2017

- Worked as part of a cohesive team within a 20-bed medical-surgical unit utilizing strong assessment skills to determine necessary patient care, especially those with telemetry monitoring, documenting vital statistics, administering medications (including titration of hemodynamic drugs), and performing general check up as part of daily rounds
- Evaluated patient care needs, prioritized treatment, and maintained patient flow as charge nurse, implemented new floor assignments based on evaluation of staffing requirements, and coordinated with nursing team to ensure optimal level of patient care and safety
- Used adaptable skills to float to ER and ICU of the hospital as needed (started floating six months after hire)
- Acted as preceptor to new hires as needed

Recovery Unit Charge Nurse

Bishop Care Center - Bishop, CA

June 2012 to September 2014

- Provided direct patient care, facilitated admission, discharges and transports to patients recovering from gastric, orthopedic, cardiac or neurologic conditions or surgical procedures
- Provided patient and family education, counseling and support as the former is recuperating to attain optimal function, health and adapt to an altered lifestyle
- Organized and distributed daily assignments to direct care staff consistent with staff competency and each individual resident's comprehensive resident assessment and plan of care
- Coordinated care and delivery of services with all disciplines, outside agencies, and community providers as required
- Preceptor to new hires and student nurses

Private Duty Nurse

Private Residence - Anaheim, CA

July 2010 to June 2012

CA (Private Residence)

- Provided private home care for a sickly and homebound elderly patient
- Managed the patient's Coronary Heart Failure and Diabetes by closely watching his diet and monitoring his weight
- Monitored vital signs, blood pressure and blood sugar level and assisted in conducting regular telephonic pacemaker check-up
- Reported sudden changes in patient's physical, mental or emotional health to primary care provider and other family members
- Prepared and administered medications, accompanied patient to his doctor's appointments

Education

Bachelor's in Nursing

Holy Name University - Tagbilaran

November 2004 to March 2008

Bachelor of Science in Management

Manila University

June 1995 to March 1999

Nursing Licenses

RN

Expires: May 2023

State: CA

Skills

- Hospital Experience

- Triage (4 years)
- Vital Signs
- Nursing (10+ years)
- ICU Experience
- strong communication skills
- effective leadership
- good public relations
- attention to detail with patient care
- passion for helping others
- Acute care
- Customer service
- Medication Administration
- Experience Administering Injections

Certifications and Licenses

CA Registered Nurse

May 2021 to May 2023

License # 806211

Basic Life Support/CPR with AED

November 2022 to November 2024

American Heart Association

TNCC Certification

August 2022 to August 2026

PALS Certification

November 2022 to November 2024

American Heart Association

NRP Certification

May 2022 to May 2024

Advanced Cardiovascular Life Support (ACLS)

January 2022 to January 2024

Additional Information

- Advance Cardiovascular Life Support (Jan 2024)
- Neonatal Resuscitation Program (May 2024)
- Basic Life Support (Nov 2024)

- Pediatric Advanced Life Support (Nov 2024)
- Trauma Nursing Core Course (Aug 2026)
- NIH Stroke Scale International (Nov 2023)