Vannessa D. Forka

Clinton, MD 20735 vdoret@gmail.com +1 240 423 7985

A passionate, insightful, driven, and hardworking nursing student, seeking to gain experience in different professional settings to grow in my skill sets—thus providing high quality patient-centered care.

Work Experience

Clinical Nurse

Medstar Washington Hospital Center - Washington, DC August 2020 to Present

- · Assessing a patient's condition,
- · Administering medication,
- · Performing Admissions and discharges
- · Providing emotional support
- \cdot Educating patients on how to manage their illness.

Residential Counselor

Compass Inc - Beltsville, MD June 2016 to Present

· Assisted individuals with intellectual disabilities with their daily activities.

Document Progress notes, behavior plans, incident reports, communication & sleep logs, and dietary needs.

Patient Care Technician

Suburban Hospital - Bethesda, MD June 2019 to July 2020

· Provided activities of daily living for patients including bathing, dressing, transferring, and feeding.

 \cdot Observed, monitored, documented patient's condition, symptoms, and reported to nurse as appropriate.

 \cdot Promoted teamwork and quality patient care.

Blood Drive Manager

American Red Cross

· Organized four successful blood drives hosted by the John F. Kennedy High School

Medical Careers program, 58 units of blood was collected.

 \cdot Recruited and escorted donors kept attendance log for over 100 donors.

Intern

African American Health Program

 \cdot Organized 2 successful teen summits, which educated teenagers on healthy choices in their lives, HIV/ AIDS and preventative measures on STDs.

Education

Bachelor of Science in Nursing

Trinity Washington University - Washington, DC May 2020

Psychiatric Institute of Washington - Washington, DC March 2020

Obstetrics

Howard University Hospital - Washington, DC March 2019

Bachelor of Science in Health Science

Mount Saint Mary's University - Emmitsburg, MD December 2017

Skills

• Nursing

- Medication Administration
- Vital Signs
- Hospital Experience
- Patient Care
- EMR Systems
- Developmental Disabilities Experience
- Experience Administering Injections
- Cerner
- Nurse Management
- Triage
- Caregiving
- Phlebotomy
- Medical Records
- Venipuncture
- Critical Care Experience
- Employee Orientation
- Patient monitoring

Certifications and Licenses

NIHSS Certification

BLS Certification

RN CPR Certification ACLS Certification First Aid Certification

CNA

Assessments

Patient-focused care — Highly Proficient

April 2021

Addressing concerns and using sensitivity when responding to needs and feelings of patients Full results: <u>Highly Proficient</u>

Nursing assistant skills — Proficient

April 2021

Providing nursing aid to patients using knowledge of relevant equipment and procedures Full results: <u>Proficient</u>

Clinical judgment — Highly Proficient

September 2020

Assessing a patient's condition and implementing the appropriate medical intervention Full results: <u>Highly Proficient</u>

Protecting patient privacy — Proficient

January 2022

Understanding privacy rules and regulations associated with patient records Full results: <u>Proficient</u>

Medical terminology — Proficient

January 2022

Understanding and using medical terminology Full results: Proficient

Home health aide skills — Expert

January 2022

Providing care to patients in a home setting Full results: <u>Expert</u>

Customer focus & orientation — Highly Proficient

January 2022

Responding to customer situations with sensitivity Full results: <u>Highly Proficient</u> Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.