

MELISSA AVALOS

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Hardworking nursing professional qualified in Texas and trained in monitoring and caring for patients with diverse needs. I approach each patient with good clinical judgment and observational skills. I plan and carry out appropriate treatments based on patients' unique needs. Always willing to take on any task. Adapts quickly to new needs and policies.

Work Experience

Registered Nurse

Mission Regional Hospital (current) Other: South Texas Health System, Edinburg Regional Medical Center, Valley Baptist, Doctors Hospital Renaissance - Mission, TX

August 2022 to Present

- COVID-19 Crisis 1st Responder
- Protected patients through careful monitoring and consistent use of aseptic techniques.
- Minimized risk of medical errors with timely and accurate chart updates
- Worked closely with physicians, and nursing staff to deliver top-notch care in ER unit.
- Helped treat patients' conditions and alleviate symptoms by administering oral, IV, and intramuscular medications.
- Managed smooth patient flows into and out of ER unit, handling admissions and discharge paperwork.
- Adapted care plans based on changing patient conditions and laboratory test results.
- Developed and implemented treatment plans for patients with various acute and chronic concerns.
- Helped patients feel comfortable and at ease with treatments and care using culturally appropriate strategies.
- Stabilized patients experiencing emergency complications and decompensations by administering advanced life support.
- Cared for patients' wounds and promoted recovery by dressing, cleaning, and redressing areas.
- Educated patients on preventive care and lifestyle choices to reduce symptoms of conditions such as diabetes and asthma.
- Enhanced patient outcomes through careful monitoring of conditions and comprehensive support.
- Contributed to team efficiency, optimal patient flow, and accuracy in treatments by maintaining accurate and detailed reports and records.
- Maximized unit efficiency, keeping supplies and records well-organized for expected needs.
- Modified patients' treatment plans as indicated by patients' responses and new physician orders.
- Controlled infection risks with careful care of wounds and thorough sanitizing techniques.

Education

Associate

South Texas College McAllen - McAllen, TX

December 2017

Skills

- Trauma Nurse Core Course (TNCC) Certification
- Pediatric Advanced Life Support (PALS) Certification
- Neonatal Resuscitation Program (NRP) Certification
- Emergency response
- Wound care
- Medication administration
- Direct nursing care
- Task prioritization
- Advanced Cardiac Life Support (ACLS) Certification
- COVID-19 Crisis 1st Responder
- IV management
- Family education
- Discharge coordination
- Patient assessment
- Chart updating
- Vitals monitoring
- Documentation
- Teamwork
- Critical Care Experience
- Hospital Experience
- Triage
- Aseptic Technique

Certifications and Licenses

TNCC Certification

RN License

PALS Certification

ACLS Certification

NRP Certification

CPR Certification

BLS Certification