

L. CLAIRE MITTERER, RN, BSN

lclairemitterer@gmail.com C: 310-745-9586 | Santa Monica, CA 90404

Professional Summary

Attentive and focused Healthcare professional providing compassionate, safe, and quality patient-centered care in hospital environments seeking to attain the position as an infusion RN. Successful in quickly building rapport with patients and families. Experienced in all areas of patient care, including assessments, medication administration, and health education. Skilled in the implementation of policies and procedures and interacting with diverse cultures. Additional professional experience in holistic health care and running a business.

Licensure & Certifications

- California RN License – 95256819, Exp. April 2023
- AHA Basic Life Support Certification, Exp. Oct. 2022
- ACLS Certification, Exp. 2023
- ECG Certification, Exp. 2023
- Nonviolent Crisis Intervention Certification

Education

California State University, Los Angeles - Bachelor of Science in Nursing (BSN), May 2021

- Summa cum Laude
- Class officer, Co-Historian (2018-2021)

Santa Monica College, Santa Monica, CA – 4.0 GPA for nursing school prerequisites

University of Illinois, Champaign-Urbana, IL – Bachelor of Fine Arts (BFA)

Work Experience

Registered Nurse

Cedars-Sinai Medical Center | Los Angeles
02/2022 - Present

- Performs assessment/data collection in an on-going systematic manner, focusing on physiologic, psychosocial, cultural, spiritual and cognitive status, pain, patient/family education, family involvement and patient advocacy.
- Collects specimens, accurately document and communicate with pathology and research labs.
- Performs efficiently in emergency patient care situations following established protocols, remaining calm, informing appropriate persons, and documenting events
- Streamlines process for patients and operating room team from pre-op to recovery
- Ensures all equipment is functioning and ready before and during all procedures, and manage operating room throughout procedures

Business Owner/Massage Therapist

Massage Squad | Los Angeles
08/2010 - 03/2020

- Managed daily operations a travel-based massage clinic, servicing an average of 800+ clients per month
- Oversaw a team of six massage therapist which serviced corporate and individual clients across Los Angeles
- **Notable clients:** Universal Studios, HBO, Viacom, Miramax, Lions Gate, Todd-AO

Massage Therapist/Team Leader
Exhale Spa | Santa Monica
04/2005 - 04/2016

- Provided massage therapy services for an average of 80+ clients per month while cultivating relationships to ensure loyalty
- Monitored treatment plans for clients to ensure progression of goals per timelines • Became massage team leader to coordinate schedules, maintain therapist job satisfaction and meet needs of staff to prevent attrition and injuries
- Maintained office inventory/purchases while staying within budget
- Communicated as a liaison between therapists and management

Volunteer Experience

- **Showers of Hope, 2020-2021**
- **LAC-USC Hospital, 2020**
 - Food bank
 - Child care and learning center,
 - Voter registration
- **UCLA Care Extenders Program, 208 hours, 2016-2017**
 - Multiple unit rotations; Emergency Department, Radiology, Post-Partum, and Pediatrics
 - Restocking of patient supplies, answering patient calls, assisting with ADLs, ambulating
 - Assisted care partners and RNs as needed
 - Spent one-on-one time with pediatric patients and offered care for family members
- **Venice Family Clinic, 2016**
 - Took vitals of all incoming patients, including BP, HR, glucose checks, and health histories
 - Assisted RNs, answering directing to nurse managers, assisting with anything delegated by nurses
 - Ensured seamless workflow and patient flow in clinic by working between reception and clinical area

Skills

- EPIC & Cerner
- Patient-Centered Care
- Administering Injections
- Starting peripheral IVs
- Conversational Spanish
- OR Experience