

NKAZI, PAULINE C. RGN.

#### **CAREER PROFILE:**

Registered general nurse with 19 years post qualification experience in nursing a wide range of health conditions. Have both acute and geriatrics experience in nursing. Currently working as an RN, dealing with acute, subacute and chronic cases in a hospital and providing multidisciplinary care/services to patients. Completed a masters degree program in nursing in Advanced Leadership at Royal College of Surgeons in Ireland with second class upper, and a Post graduate diploma in Gerontological nursing with first class honours at the University of Ireland, Galway Ireland. Additional experience include working as an acting clinical nurse manager 2. I have certification in the following areas of practice: medication management, safeguarding the vulnerable adults, assessment in the care of older persons, tools for safe practice, pain management, patient handling and movement, infection prevention and control, fundamentals of GDPR, pronouncement of expected death by a registered nurse etc. I am an active member of the Irish Nurses and Midwives Organisation.

## **EDUCATION/PROFESSIONAL QUALIFICATION**

**Diploma in General Nursing:** 1997 – 2000. School of Nursing, Our Lady of Mercy Hospital, Umulogho Obowo, Imo state Nigeria.

**Professional Qualification:** Registered General Nurses Licensure Examination,

November 2000. (Registered General Nurse).

License Number: 105185 (Nursing & Midwifery Council of Nigeria).

Credential Evaluated & Approved by CGFNS International.

**Diploma in Midwifery:** 2001 – 2002. School of Midwifery, Holy Rosary

hospital, Emekuku Owerri, Imo state Nigeria.

Professional Qualification: Registered Midwives Licensure Examination,

March 2002. (Registered Midwife).

Credential Evaluated & Approved by CGFNS International.

Licence Number: 80215 (Nursing & Midwifery Council of Nigeria).

Registered General Nurse: 2005. (Nursing & Midwifery Board of Ireland)

License Number: 98749.

No qualification examination was taken at the time of this registration, rather registration was based on provision of required documentations and being deemed competent to practice as a registered nurse through the adaptation program for non-Irish trained nurses.

Credential Evaluated & Approved by CGFNS International.

**Bachelor of Nursing Science (Honours) 2014 - 2015**. Royal College of Surgeons in Ireland. 2<sup>nd</sup> class upper. Bachelor of nursing degree.

Credential Evaluated & Approved by CGFNS International.

**Masters in Nursing (Advanced Leadership) 2015 - 2017.** Royal College of Surgeons in Ireland. 2<sup>nd</sup> class upper. MSc in nursing degree.

Credential Evaluated & Approved by CGFNS International.

Post Graduate Diploma in Gerontological Nursing 2018 – 2019. National University of Ireland, Galway. 1<sup>st</sup> class honours. Post graduate diploma in Gerontological nursing certificate.

Credential Evaluated & Evaluated by CGFNS International.

## **WORK HISTORY:**

Registered Nurse in MercyOne North Iowa Medical Center, Mason city Iowa.

09/26/2022 - Present.

#### **DUTIES & RESPONSIILITIES: (include but not limited to):**

- Perform admissions, discharges and transfer procedures.
- ❖ Administration of medications (IM, IV Topical, Oral).
- ❖ Administration of blood and blood products.
- ❖ Assessment of patients.
- Setting up IVs and monitoring of them.
- Updating patients' care records.
- \* Execute physicians' orders for assigned patients safely and properly administer medications and treatments.
- Notify appropriate nursing and medical staff of changes in patient's condition/status.
- ❖ Independently perform duties and assume responsibility of care of assigned patients.
- Perform and assist others to perform proper aseptic techniques, isolation procedures and infection control measures.
- ❖ Document nursing care on all assigned patient records.
- Maintain patients' privacy and confidentiality of information and records at all times.
- ❖ Delegation of duties as appropriate to skill level and knowledge.
- ❖ Evaluate all care given including patients' response etc.

# Registered Enhanced general Nurse in Portiuncula University Hospital,

# Ballinasloe Co – Galway Ireland.

08/02/2021 - 08/26/2022

- Perform admissions, discharges and transfer procedures and assist with patients' activities and care.
- ❖ Administration of medications (IM, IV Topical, Oral).
- ❖ Administration of blood and blood products.
- ❖ Assessment of patients.
- ❖ Setting up IVs and monitoring of them.
- Updating patients' care records.

- ❖ Execute physicians' orders for assigned patients safely and properly administer medications and treatments.
- Notify appropriate nursing and medical staff of changes in patient's condition/status.
- ❖ Independently perform duties and assume responsibility of care of assigned patients.
- Perform and assist others to perform proper aseptic techniques, isolation procedures and infection control measures.
- ❖ Document nursing care on all assigned patient records.
- Maintain patients' privacy and confidentiality of information and records at all times.
- ❖ Delegation of duties as appropriate to skill level and knowledge.
- ❖ Evaluate all care given including patients' response etc.

# Registered Enhanced general Nurse in Ballinasloe Community Nursing Unit, Co – Galway, Ireland.

12/07/2015 - 07/31/2021.

- ❖ Assessment, planning, implementation and evaluation of individualised client/resident care within an agreed time frame.
- ❖ Medication administration (IM, IV, Topical, Rectal, Oral).
- ❖ Admissions and discharges of clients.
- ❖ Liaising with clients/residents, families, and the multidisciplinary team in providing patient-centred care.
- Onward referral for further investigations in hospitals, rehabilitation at home and in the community.
- Phlebotomy.
- Computerised care planning and documentation of clients/residents care (e-charting).
- Female catheterisation and care of clients/residents on continuous bladder drainage.
- ❖ Wound dressing including VAC dressing.
- ❖ Assisting clients/residents with Activities of Daily living.
- \* Routine INR check using portable INR machine.
- Blood glucose monitoring.
- Referral to Dietitian, Speech and Language Therapist, Psychiatrist, Physiotherapist, Occupational therapist for review/assessment as required.
- Care of clients/residents post surgery (hip/knee replacement, gastrointestinal surgeries, amputation.

Mentoring, supervision and assessment (Preceptorship) of student nurses on clinical placement.

# ACTING CLINICAL NURSE MANAGER 2 (04/02/2018 to 06/22/2018 AND 07/20/2020 to 10/18/2020).

## **DUTIES AND RESPONSIBILITIES:**

- \* Responsible to the overall coordination and delivery of all aspects of nursing care of clients/residents in my ward.
- Ensured that each client/resident has a care plan with focus on personcentred approach to care.
- ❖ Audited (medication, attendance, cleaning, hand hygiene etc).
- ❖ Supervision of nurses and healthcare assistants.
- \* Rostering/scheduling of nurses and healthcare assistants.
- ❖ Induction of new staff.
- Ensured adherence to unit policies and procedures.
- Liaised with and reporting to the assistant director of nursing on ward issues.
- Maintained nursing records in accordance with local service and professional standards.
- ❖ Communicated verbally/and or in writing of assessments, treatment and care programmes and recommendations to the team and relevant others in accordance with unit policy.
- \* Ensured completion of incident/near miss forms/clinical risk reporting.
- \* Ensured that effective safety procedures are developed and managed to comply with statutory obligations.
- ❖ Liaised with other relevant staff eg, occupational therapist, general practitioners, physiotherapists etc as appropriate.

#### Hillside Nursing Home, Aughrim

Registered staff nurse.

## Ballinasloe, Co -Galway, Ireland.

01/09/2009 to 12/05/2015.

- ❖ Assessment, planning, implementation and evaluation of individualised client/resident care.
- ❖ Medication administration (IM, Topical, Rectal, Oral).
- ❖ Admissions and discharges of clients.
- ❖ Liaised with clients/residents, families, and the multidisciplinary team in providing patient-centred care.

- Onward referral for further investigations in hospitals, rehabilitation at home and in the community.
- Phlebotomy.
- Computerised care planning and documentation of clients/residents care (e-charting).
- Female catheterisation and care of clients/residents on continuous bladder drainage.
- ❖ Wound dressing including VAC dressing.
- ❖ Assisted clients/residents with Activities of Daily living.
- Blood glucose monitoring.
- Referred clients/residents to Dietitian, Speech and Language Therapist, Psychiatrist, Physiotherapist, Occupational therapist for review/assessment as required.
- Care of clients/residents post surgery (hip/knee replacement, gastrointestinal surgeries, amputation.
- Mentoring, supervision and assessment (Preceptorship) of student nurses on clinical placement.

## Nightingale Nursing Home, Ahascragh Registered staff nurse.

## Ballinasloe, Co -Galway Ireland.

01/12/2008 to 01/07/2009

- ❖ Assessment, planning, implementation and evaluation of individualised client/resident care.
- ❖ Medication administration (IM, Topical, Rectal, Oral).
- ❖ Admissions and discharges of clients.
- ❖ Liaised with clients/residents, families, and the multidisciplinary team in providing patient-centred care.
- Onward referral for further investigations in hospitals, rehabilitation at home and in the community.
- Phlebotomy.
- Computerised care planning and documentation of clients/residents care (e-charting).
- Female catheterisation and care of clients/residents on continuous bladder drainage.
- ❖ Wound dressing including VAC dressing.
- ❖ Assisted clients/residents with Activities of Daily living.
- ❖ Blood glucose monitoring.

- Referred clients/residents to Dietitian, Speech and Language Therapist, Psychiatrist, Physiotherapist, Occupational therapist for review/assessment as required.
- Cared for clients/residents post surgery (hip/knee replacement, gastrointestinal surgeries, amputation.

## **<u>Hillside Nursing Home, Aughrim</u>** Registered staff nurse.

## Ballinasloe Co -Galway Ireland.

06/16/2005 to 01/15/2008.

## **DUTIES & RESPONSIBILITIES:**

- ❖ Assessment, planning, implementation and evaluation of individualised client/resident care.
- ❖ Medication administration (IM, Topical, Rectal, Oral).
- **❖** Admissions and discharges of clients.
- ❖ Liaised with clients/residents, families, and the multidisciplinary team in providing patient-centred care.
- Onward referral for further investigations in hospitals, rehabilitation at home and in the community.
- Phlebotomy.
- Computerised care planning and documentation of clients/residents care (e-charting).
- Female catheterisation and care of clients/residents on continuous bladder drainage.
- ❖ Wound dressing including VAC dressing.
- \* Assisted clients/residents with Activities of Daily living.
- \* Routine INR check using portable INR machine.
- ❖ Blood glucose monitoring.
- Referred clients/residents to Dietitian, Speech and Language Therapist, Psychiatrist, Physiotherapist, Occupational therapist for review/assessment as required.
- Cared for clients/residents post surgery (hip/knee replacement, gastrointestinal surgeries, amputation.

#### Portiuncula University Hospital Ballinasloe,

Staff nurse.

**Co – Galway Ireland**. (Adaptation Program)

05/06/2005 to 06/20/2005.

- ❖ Assessment, planning, implementation and evaluation of individualised client/resident care.
- ❖ Medication administration (IM, IV, Topical, Rectal, Oral).
- Admissions and discharges of clients.
- ❖ Liaised with patients, families, and the multidisciplinary team in providing patient-centred care.
- Onward referral for further investigations to other hospitals, rehabilitation at home and in the community.
- Female catheterisation and care of patients on continuous bladder drainage.
- ❖ Wound dressing including VAC dressing.
- ❖ Assisted patients with Activities of Daily living.
- ❖ Blood glucose monitoring.
- Referral to Dietitian, Speech and Language Therapist, Psychiatrist, Physiotherapist, Occupational therapist for review/assessment as required.
- Cared for patients post surgery (hip/knee replacement, gastrointestinal surgeries, amputation, gynaecological procedures).

## Holy Rosary Hospital Emekuku, Registered staff nurse.

Owerri Imo state, Nigeria.

09/02/2002 to 04/20/2005.

- ❖ Assessment, planning, implementation and evaluation of individualised client/resident care.
- ❖ Medication administration (IM, IV, Topical, Rectal, Oral).
- ❖ Admissions and discharges of clients.
- ❖ Liaised with clients/residents, families, and the multidisciplinary team in providing patient-centred care.
- Onward referral for further investigations in hospitals, rehabilitation at home and in the community.
- Phlebotomy.
- Care planning and documentation of clients/residents care.
- Female and male catheterisation and care of patients on continuous bladder drainage.
- ❖ Wound dressing including VAC dressing.
- ❖ Assisted patients with Activities of Daily living.
- ❖ Blood glucose monitoring.

- Referred patients to Dietitian, Speech and Language Therapist, Psychiatrist, Physiotherapist, Occupational therapist for review/assessment as required.
- ❖ Cared for patients post surgery (hip/knee replacement, gastrointestinal surgeries, amputation, gynaecological procedures).
- Mentored, supervised and assessed (Preceptorship) student nurses on clinical placement.

## **CONTINUING PROFESSIONAL DEVELOPMENT:**

Tools for safe practice (Jan. 2020)

Performing venepuncture on an adult (August 2021).

Safety, health and welfare in the workplace (August 2021).

Dignity at work (August 2021).

Introduction to heart failure and management (August 2021).

Recording clinical practice (August 2021).

Performing venepuncture and IV cannulation on an adult (August 2021).

Fundamentals of GDPR (Dec. 2019).

Covid 19 infection prevention and control (Sept. 2020).

ANTT Aseptic non touch Technique (Sept. 2020).

Early identification of memory problems in older persons (Oct. 2020).

Patient handling and movement (May 2019, March 2020).

Safeguarding the vulnerable adults (August 2021).

Pronouncement of expected death by a registered nurse (Feb. 2018).

Assessment in the care of older persons (Sept. 2020).

Medication management (Oct. 2020).

Pain Management (Acute & chronic) (May 2018).

IV Drug administration (May 2020).

Hand hygiene for Clinical staff (Sept. 2020) and others.

## **CASES HANDLED/SEEN.** (not an exhaustive list)

Congestive Cardiac Failure.

Chronic Pulmonary Obstructive Disease.

Hypertension.

**Urinary tract Infections** 

Benign prostrate hypertrophy and prostate cancer.

Falls and head injury.

Heart condition like atrial fibrillation, heart block

Cerebrovascular Accident (CVA).

Dementia of different types.

Diabetes Mellitus.

Cardiovascular disorders including CCF.

Renal disorders/failure.

Parkinson's disease.

Arthritis including osteoarthritis, Gout and Rheumatoid arthritis.

Cognitive impairment.

Fractures/dislocations and patients in POP cast.

Long term catheterisation etc.

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