

**OBJECTIVE** My main objective is to be hired as a full time registered nurse for an inpatient or outpatient facility, that will keep me busy and engaged.

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**CERTIFICATIONS** BLS: EX APR2024

CALIFORNIA STATE BOARD OF NURSING LICENSE: EX 6/30/2023 ACTIVE

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**WORK HISTORY** **Director of Nursing, Registered Nurse, Sequoia Transitional Care, 350 N Villa, PORTERVILLE, CA, 93257**

**10JUN2021-PRESENT**

Responsible for maintaining quality of care throughout the entire facility. I manage and train our nursing staff. I lead the nursing staff in delivering excellent care to patients and offer quality support to all staff.

Ensure that each nurse on staff is properly certified and abides by the standards for care established by our organization and state and federal laws.

Create new policies and update existing policies to help improve the level of care for each patient.

Implement quality improvement programs designed to help us deliver the highest possible levels of service.

Ensure that all patient care plans have the documentation necessary to provide the proper type of care.

**Home Health Registered Nurse, Optimal Home Health, Bakersfield, CA, 93304**

**12DEC2021-PRESENT**

Implemented home health care procedures in accordance with employer guidelines. Worked various shifts to ensure that each patient received proper care. Coordinated efforts with licensed vocational nurses and home health aides. Prepared updates on patient progress to determine extent of home health care needs. Identified patient discharge needs and assisted with care recommendations. Provided customized home health care to patients. Coordinated with patients' medical providers to verify home care needs. Provided health care information to patients and family members.

**Home Health Registered Nurse, SEVA Home Health, 661 N Prospect St, PORTERVILLE, CA, 93257**

**01MAR2021-04JUN2021**

Implemented home health care procedures in accordance with employer guidelines. Worked various shifts to ensure that each patient received proper care. Coordinated efforts with licensed vocational nurses and home health aides. Prepared updates on patient progress to determine extent of home health care needs. Identified patient discharge needs and assisted with care recommendations. Provided customized home

health care to patients. Coordinated with patients' medical providers to verify home care needs. Provided health care information to patients and family members.

**Chronic Dialysis Registered Nurse, Davita Dialysis, 1116 W VISALIA RD #106, EXETER, CA, 93221  
01MAR2020-15FEB2021**

Participated in team nursing and promoted team concept throughout all clinic activities. Assisted other staff in the performance of their duties in accordance with policies and as allowed by state regulations. Obtained vital signs and evaluated data. Implemented dialysis treatments on patients with permanent fistulas, grafts, and catheters. Developed and implement patient care plans. Administered medications and intravenous solutions. Educated patient and their family to comply with physicians' orders. Participated and directed emergency care. Evaluated delivery of patient care and communicated to appropriate personnel relevant facts about patients, action taken and patient responses. Documented, verified and ensured implementation of physician orders. Observed activities of staff and made recommendations to supervisor for improvement in the quality and effectiveness of patient care. Monitored patient pre, interim, and post dialysis and documented findings.

**Director of Nursing, Registered Nurse, Gateway Post Acute, 661 W POPLAR AVE, PORTERVILLE, CA, 93257  
29APR2019-17FEB2020**

Responsible for maintaining quality of care throughout the entire facility. I manage and train our nursing staff. I lead the nursing staff in delivering excellent care to patients and offer quality support to all staff.

Ensure that each nurse on staff is properly certified and abides by the standards for care established by our organization and state and federal laws.

Create new policies and update existing policies to help improve the level of care for each patient.

Implement quality improvement programs designed to help us deliver the highest possible levels of service.

Ensure that all patient care plans have the documentation necessary to provide the proper type of care.

**REGISTERED NURSE, Sequoia Transitional Care, 350 N VILLA, PORTERVILLE, CA, 93257  
01SEPT2018-28APR2019**

Provide safe and competent family-centered nursing care, utilize resources as needed to provide such care, continuing education to improve the quality of care provided, collaboration participation in a multidisciplinary team environment.

The computer system used is Point Click Care

I am the Supervisor on the night shift. I help provide care to adults in the Skilled Nursing and Rehabilitation Facility. This includes supervising 2 LVNs and CNAs. All IV care and medications are completed by the RN Supervisor.

I also step-down and work the LVN work. At that time, I pass the medication to 40-44 residents.

I complete all evening/night admissions, and am in charge of any incidents that occur during my shift.

**REGISTERED NURSE, SIERRA VIEW MEDICAL CENTER, 465 W PUTNAM AVE, PORTERVILLE, CA, 93257  
20MAR2018-04DEC2018**

Provide safe and competent family-centered nursing care, utilize resources as needed to provide such care, continuing education to improve the quality of care provided, collaboration participation in a multidisciplinary team environment.

The computer system users is MEDI-TECH.

I provide care to adults in the Sub-Acute Skilled Nursing Facility. I am the Charge RN during my working shifts. This includes supervising 4-5 LVNs and CNAs. Most residents have trachs and G-tubes or PEG tubes. All IV care and medications are completed by the Charge RN.

I also step-down and work the LVN work. I am in charge of 8 residents and of all medication passes and wound treatments.

Lastly, I float to post partum in OB. I do full couplet care of mother and baby, while also caring for gynecological patients.

**REGISTERED NURSE, KISSITO HEALTHCARE PALM VIEW REHABILITATION, 2222 S AVENUE A, YUMA, AZ, 85364  
08OCT2017-09MAR2018**

Provide safe and competent family-centered nursing care, utilize resources as needed to provide such care, continuing education to improve the quality of care provided, collaboration participation in a multidisciplinary team environment.

The computer system Point Click Care is used for all medical record data entries, as well as paper charting when needed.

I provide care to adults in need of rehabilitation, short term care, long term care, respite care, and hospice care. The needs of the residents range from pain management, continuation of normal life care, and comfort care.

As the registered nurse, I am in charge of the licensed vocational nurses and the certified nurse assistants. I administer all medications to the residents assigned to me, including oral medications, subcutaneous/intramuscular medications, and intravenous medications via peripheral intravenous catheters or peripherally inserted central catheters.

I perform wound care to residents with stasis/vascular ulcers, pressure ulcers, and minor injuries such as skin tears or open sores. Skin assessments are also performed weekly to monitor known wounds and to monitor for new ones.

I collaborate with the physicians and other nurses as needed to administer safe and competent care.

I assess the residents daily and when needed contact emergent/non-emergent transport to take the residents to the local hospital for further evaluation (under the authorization of the physician notified).

I am involved in the admission process of the residents, as well as the discharge process. Additionally, I am currently taking several ADON responsibilities for a period of time. I audit the charts after admissions to ascertain completeness. Which this would include all consents signed, all required paperwork completed, and all orders placed in the Point

Click Care computer system. Also, I verify those who are on antibiotics and require a repeat lab, that it is ordered.

**REGISTERED NURSE, YUMA REGIONAL MEDICAL CENTER, 2400 S AVENUE A, YUMA, AZ, 85364  
01JAN2017-20NOV2017**

Provide safe and competent family-centered nursing care, utilize resources as needed to provide such care, continuing education to improve the quality of care provided, collaboration participation in a multidisciplinary team environment.

The computer system EPIC is used for all medical record data entries.

I provide care to premature infants in the NICU from the ages of 25 weeks to 41 weeks. Total care including: vital sign assessment, initiated feedings per orders (nasogastric, orogastric, and bottle feedings), inserted nasogastric and orogastric tubing as needed, developmental care (individual care for each age/week of development), maintained and operated breathing apparatuses used (nasal prongs, high-flow nasal prongs, cpap/bipap, and ventilator), removal of central lines via umbilicus (both venous and arterial), inserted peripheral intravenous lines. Completed blood draws for laboratory. Administered medications required, including: vaccine injections, oral medications, rectal medications, topical medications, and intravenous medications (e.g. antibiotics, total parenteral nutrition, dextrose solutions, normal saline solutions, solutions containing heparin, and blood products).

Assisted physicians during procedures, including: lumbar puncture, and central line insertion (via umbilicus). Also, communicated laboratory results and updates or changes of the patient's condition to physician as needed. Instructed and taught parents of infants how to help care for their premature infant during hospital stay, and eventually when discharged.

Worked with interdisciplinary team members in preparation of tests including: X-RAY, MRI, renal and head ultrasounds, gastric flow test with XRAY. I also assisted in the post-partum unit whenever necessary. Duties included care of mother and child during transition period to discharge.

**CLINICAL TRIAGE REGISTERED NURSE, 18<sup>TH</sup> MEDICAL GROUP, KADENA AIRFORCE BASE, OKINAWA, JAPAN  
15SEP2015-19AUG2016**

Provide safe and competent family-centered nursing care, along with five other nurses, to 15,000 patients connected to the military and living in Okinawa, Japan. My main responsibility was responding and completing telephone consults and triaging walk-in patients. These consults included medication refills for diseases such as hypertension, diabetes, hyperthyroid/hypothyroid, ADHD, anti-anxiety and antidepressants, as well as allergy medications, birth control, and anti-inflammatory medications; reviewing and explaining normal/abnormal laboratory/radiology results; triaging patients via telephone with minor illnesses or questions regarding concerning symptoms; ordering lab work required to diagnose a urinary tract infection, bacterial vaginosis, or a yeast infection, reviewing the results, and ordering the correct medication via protocol under the care of our physicians.

Walk-in patients were patients who could not acquire a same day appointment, but felt they needed to be seen that day. My duties at that time were to take full vitals, history of illness, and if needed a physician was consulted for further plan of care.

Further duties were assisting the physicians with subcutaneous and intermuscular injections when needed. Also, when a patient had an intravenous order from a

physician, a peripheral intravenous line would be started, fluids ordered would be given, and any intravenous medications would be administered.

**REGISTERED NURSE, YUMA REGIONAL MEDICAL CENTER, 2400 S AVENUE A, YUMA, AZ, 85364**

01JAN2012-05MAY2014

Provide safe and competent family-centered nursing care, utilize resources as needed to provide such care, continuing education to improve the quality of care provided, collaboration participation in a multidisciplinary team environment.

I provided care to premature infants in the NICU from the ages of 25 weeks to 41 weeks. Total care including: vital sign assessment, initiated feedings per orders (nasogastric, orogastric, and bottle feedings), inserted nasogastric and orogastric tubing as needed, developmental care (individual care for each age/week of development), maintained and operated breathing apparatuses used (nasal prongs, high-flow nasal prongs, cpap/bipap, and ventilator), removal of central lines via umbilicus (both venous and arterial), inserted peripheral intravenous lines. Completed blood draws for laboratory. Administered medications required, including: vaccine injections, oral medications, rectal medications, topical medications, and intravenous medications (e.g. antibiotics, total parenteral nutrition, dextrose solutions, normal saline solutions, solutions containing heparin, and blood products).

Assisted physicians during procedures, including: lumbar puncture, and central line insertion (via umbilicus). Also, communicated laboratory results and updates or changes of the patient's condition to physician as needed. Instructed and taught parents of infants how to help care for their premature infant during hospital stay, and eventually when discharged.

Worked with interdisciplinary team members in preparation of tests including: X-RAY, MRI, renal and head ultrasounds, gastric flow test with XRAY. I also assisted in the post-partum unit whenever necessary. Duties included care of mother and child during transition period to discharge.

**COFFEE BARISTA, STARBUCKS COFFEE COMPANY, 1270 W HENDERSON AVE, PORTERVILLE, CA, 93257**

15JAN2007-18DEC2010

Customer Service, task of creating handcrafted beverages, management of employees, training of new employees, retail management and sale, multi-tasking daily shift requirements and customer care.

Awarded: employee of the month, excellent customer service, excellent work ethic, proactive and independent worker, team leader

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EDUCATION

**MONACHE HIGH SCHOOL, PORTERVILLE, CA**

23AUG2002-06JUN2006  
HIGH SCHOOL DIPLOMA  
VALEDICTORIAN

**PORTERVILLE COLLEGE, PORTERVILLE, CA**

23AUG2006-15MAY2008  
ASSOCIATE OF NATURAL AND PHYSICAL SCIENCES  
GRADUATED WITH HONORS

**BAKERSFIELD COLLEGE OF NURSING, BAKERSFIELD COLLEGE**

23AUG2009-28JULY2011  
ASSOCIATE OF REGISTERED NURSING

**CHAMBERLAIN COLLEGE OF NURSING, RN-BSN**

15SEPT2015-18DEC2016  
BACHELORS OF NURSING

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**REFERENCES** **BRYCE BLOOD**

Administrator, Gateway Post Acute  
Phone: 559-997-9563

**ROWENA LOPEZ**

Regional Director of Clinical Services, Providence  
Phone: 661-316-2778

**TERRI TATE**

DIRECTOR OF NURSING, SEQUOIA TRANSITIONAL CARE, PORTERVILLE, CA  
Phone: 559-359-1989

Terri is the Director of Nursing at the Rehabilitation Center.

**TARISAI ZIVIRA, MBA, MSN, RNC-NIC**

WOMEN'S, PEDIATRIC AND NICU DEPARTMENT DIRECTOR, YUMA REGIONAL MEDICAL CENTER,  
YUMA, AZ

Phone: 928-336-1810  
Cell: 928-271-6199

[tzivira@yumaregional.org](mailto:tzivira@yumaregional.org)

Tarisai Zivira was the Department Director of Women's, Pediatric and NICU department. She was a previous coworker who worked hard and was rewarded with this well-earned position. Tarisai was an amazing director who truly cared about her employees. It was a pleasure and privilege to work under Tarisai.

**MAJOR JEREMY DOWNES, UNITED STATES AIR FORCE**

FLIGHT COMMANDER OF FAMILY HEALTH CLINIC, 18<sup>TH</sup> MEDICAL GROUP

[jeremy.downes@us.af.mil](mailto:jeremy.downes@us.af.mil)

Major Downes is the Flight Commander for the Family Health Clinic at the 18<sup>th</sup> Medical Group Clinic. His main duties are to oversee the 10 providers and 5 nurses working for the 15,000 patients in the Family Health Clinic. Major Downes was very professional, and made sure to touch base with each person under his command. Being in the Air Force, the clinic had a mission to the active duty members, and Major Downes did everything in his power to make sure they were taken care of.

**JENNIFER STANTON**

PEDIATRIC AND NICU DEPARTMENT DIRECTOR, YUMA REGIONAL MEDICAL CENTER, YUMA, AZ  
928-344-2000

Jennifer Stanton was the Department Director for Neonatal Intensive Care Unit. She always had time to listen to any problems or issues the team was having. Working under Jennifer Stanton was a pleasure, and she helped keep the unit working together smoothly.

**KIRSTEN LAWRENCE**

RESOURCE COORDINATOR, YUMA REGIONAL MEDICAL CENTER, YUMA, AZ

928-336-7661

Kristin Lawrence was one of the Resource Coordinator in the Neonatal Intensive Care Unit. She was an amazing teacher and fellow peer. I consider it a privilege to have worked with her.

Yuma Regional Medical Center

2400 S. Avenue A

Yuma, AZ, 85364

01/31/2018

To whom it may concern:

I am the director of NICU and I am writing to you in my support of Elaine Duemmel and her desire to pursue a job at your institution.

Elaine has been a registered nurse for over 4 years and I have seen tremendous growth from the time she started to present. She is a hard worker and is very passionate about her work. When she worked at YRMC, she had excellent clinical skills and possessed good critical thinking skills. She took great care of her patients and their families. In addition she was a wonderful team player. She is would come and help when needed and was committed to providing the best care. She constantly strived to improve her knowledge.

Her desire to continue learning and improve will make her a great asset to the patients and the organization. Without reservation I highly recommend her for any job for she will be an asset to that organization. Please feel free to contact me with any questions you might have in regards to Elaine.

Best regards,

Tarisai Zivira

Peds & NICU Director





## YUMA REGIONAL MEDICAL CENTER

August 4, 2015

REF: Elaine Duemmel

To Whom It May Concern:

I am writing this letter to give my highest recommendation for Elaine Duemmel as she pursues professional growth in her nursing career. I have had the privilege of working with Elaine over the last few years in in her roles of novice RN transitioning to competent RN in our Neonatal ICU.

Elaine has the natural ability to quickly assess all situations and see the big picture. She knows what the patient, family, and staff wants and needs before they ask. She is always one step ahead of the situation. She consistently places the patient and their families as the top priority. Elaine is highly respected by the physicians and peers for her caring and compassion. She does not hesitate to contact the appropriate people when needed as well as stop a situation when it is in the best interest of the patient. Elaine is consistently proactive in offering assistance without being asked.

Elaine excels in caring, compassion, advocacy, and interacting with families. She does not hesitate to inquire as needed to clarify understanding as well as offer input to improve processes, patient care, and the work environment. She is a quick learner and excellent teacher. She consistently delivers excellent customer service to all she interacts with. Elaine is not one to back down from a challenge and always approaches situations in a respectful manner.

Elaine is extremely dependable, responsible, and efficient in her work. She also has exceptional interpersonal skills. She is a remarkable person both personally and professionally. She highly values teamwork throughout the entire organization. She exemplifies these traits by her daily actions.

Sincerely,

Jennifer Stanton, RN, BSN

Director of Pediatrics/Womens/Neonatal ICU

[jstanton@yumaregional.org](mailto:jstanton@yumaregional.org)

O: 928-336-7872

C: 928-271-6199

YOUR HEALTH | YOUR HOSPITAL

2400 S. Avenue A | Yuma, AZ 85364 | 928-344-2000

Resource Coordinator  
Yuma Regional Medical Center  
2400 S. Ave A,  
Yuma, AZ 85365  
928-336-7661

Date: March 11, 2015

To Whom It May Concern:

I am writing this letter to recommend Elaine Duemmel for a nursing job. She is a highly professional nurse, and has the caliber to handle challenging opportunities. Her knowledge and skill-sets make her the ideal candidate for the job.

I had the pleasure to work side by side with Mrs. Duemmel at Yuma Regional Medical Center in the Neonatal Intensive Care Unit. Elaine was punctual, compassionate, and a team player. I found it a breath of fresh air to know that when assignments were made, I knew that I could count on Mrs. Duemmel to perform at a top level with a great attitude. Mrs. Duemmel would be an added asset for any organization.

Sincerely,

Kirsten Lawrence RN  
Resource Coordinator  
Yuma Regional Medical Center

A handwritten signature in cursive script that reads "Kirsten Lawrence". The signature is written in black ink and is positioned below the typed name and title.



DEPARTMENT OF THE AIR FORCE  
HEADQUARTERS FIFTH AIR FORCE (PACAF)

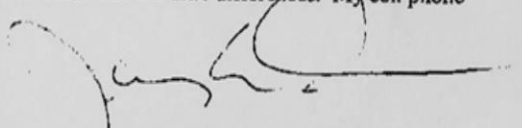
21 Oct 2016

MEMORANDUM FOR RECORD

18 Medical Group/Kadena AB, Japan

SUBJECT: Mrs. Elaine Duemme!

1. From approximately 1 October 2015 to 15 August 2016 Mrs. Duemmel worked as an RN in the Family Practice Clinic, here on Kadena Airbase. Her job consisted of performing telephone triage, along with triaging walk-in ambulatory patients. During this time period, she was my #1/5 most complimented nurse in regards to customer service. She is definitely missed, and left the job only due to her husband's military move back to the states.
2. If you have any questions or concerns contact me at [jeremy.downes@us.af.mil](mailto:jeremy.downes@us.af.mil). I will be more than happy to provide a telephone reference, but will need to coordinate an exact time due the time differences. My cell phone number from the United States is +81-80-4330-0724



JEREMY E. DOWNES, Maj, USAF, NC  
Flight Commander, Family Health Clinic