### PRISCA NJOKU

### 3728 BRICE RUN RD RANDALLSTOWN MARYLAND 21133

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PROFESSIONAL SUMMARY: Dedicated & compassionate RN with progressive career history in direct patient care, triage & care coordination in fast paced environment. Proven to remain calm under pressure and skillfully handle difficult patients and high stressful situations; consistently developing strong relationships with patients and families through empathic communication respectful attitude and excellent customer service.

### **SKILLS**

RN SKILLS: Patient care assessment, compassionate & caring, clear patient communication, admission & discharge process, accurate documentation, preventive healthcare, interpreting EKG'S, seizure disorder, acute & chronic pain, CVA, wound management, withdrawal symptoms, heart failure, patient & family advocate, patient condition monitoring, patient examination, diet &nutrition, infection control, treatment preparation.

### **WORK HISTORY**

University Of Maryland St Joseph Medical Center: Registered Nurse

Towson, MD. 06/2022- Current

- Collaborate with physicians to quickly access patients & deliver appropriate treatment while managing rapidly changing conditions.
- Educated patients, families and caregivers on diagnosis & prognosis, treatment options & disease process, management and lifestyle options.

- Provide direct patient care, stabilize patients and determine next course of action.
- Administer medication via oral , IV,& intramuscular injections and monitor their responses.
- Implemented medication and IV administration, catheter insertion and airway management.
- Managed care from admission to discharge.
- Administer medication and treatment to patients and monitor responses while working with other healthcare teams to adjust care plans.
- Update patients charts with data such as medications to keep records current and support accurate treatments.
- Monitored patients condition by interpreting and tracking EKG reading, identifying irregular telemetry readings, and updating team members on changes in stability or acuity.
- Monitored patients reactions to drugs and carefully documented findings.
- Organized and managed patients undergoing various therapies and procedures.
- Evaluated healthcare needs, goals for treatments and available resources of each patients and connected to optimal providers and care.
- Advocated for patients by communicating care preferences to practitioners, verifying interventions met treatment goals and identifying insurance coverage limitations.
- Advised patients and caregivers of proper wound management, discharge plan objectives, safe medication use and disease management.
- Taught patients how to improve lifestyle choices dramatically reducing chance of symptom reoccurrence.
- Secured controlled narcotics and distributed medication on schedule to meet patients needs and minimize misuse opportunities.
- Maintained quality care and comfort for patients with heart failure, pulmonary hypertension and other conditions.
- Conferred with physicians to discuss diagnosis and devise well-coordinated treatment approaches.

Sinai Hospital of Baltimore-CNA

Baltimore, MD. 09/2019-06/2022

- Answered call lights and supported patients comfort and safety by adjusting bed rails and equipment.
- Promoted good oral and personal hygiene by aiding patients with shaving, bathing and teeth brushing.
- Checked patients vitals such as temperature, blood pressure and blood sugar levels.
- Assisted with feeding and monitored intake to help patients achieve nutritional objectives.
- Delivered individualized patient care by recording vital signs, documenting observations, administering treatments and evaluating patients needs.
- Cared for clients with diagnosis such as respiratory failure, diabetes, Parkinson's disease and muscular dystrophy.
- Offered immediate assistance in emergency and routine paging situations to evaluate needs and deliver care.
- Maintained patients stability by checking vital signs and weight and recording intake and output information.
- Transported patients between rooms and appointments or testing locations.
- Reduced risks of patients infection and cross contamination by cleaning and sterilizing equipment.

## Laurelhurst Village And Rehabilitation-CNA

# Portland, OR. 03/2016-08/2019

- Facilitated personal hygiene management, feeding and ambulation.
- Participated in fun group activities with patients to boost mood, improve overall memory and provide light entertainment.
- Checked patients vital signs such as temperature and blood pressure.
- Supported ambulation and physical therapy needs by conducting planned exercise.
- Assisted patients with activities of daily living.
- Promoted good oral and personal hygiene by aiding patients with bed bath and offering of bed pan.
- Answered call lights and supported patients comfort and safety by adjusting floor mats, bed rails and safe transfer of convalescent patients.

## Hospital Management Board – Registered Nurse

# Kano, Kano Nigeria. 11/2010-08/2014

- Managed care from admission to discharge.
- Administered medications and treatments to patients and monitored responses while working with health teams to adjust care plans.
- Collected blood and other laboratory specimens and prepared for lab testing.
- Updated patients charts with data such as medication to keep records current and support accurate treatments.
- Monitored patients' reaction to drugs and carefully documented findings.
- Organized and managed care of patients undergoing various therapies and procedures.
- Assisted in the resuscitation of blue babies during deliveries.
- Assisted in resuscitating mothers with intra & post-partum hemorrhage.
- Implemented medications and IV administration, catheter insertion and airway management.
- Prepared patients pre-operatively and monitored patients post-operatively.
- Keep records current and supported accurate treatments.

# Assumpta Clinics & Maternity- Registered Nurse

Kano, Kano Nigeria. 09/2005-10/2009.

- Collaborated with physicians to quickly assess patients and deliver appropriate treatment while managing rapidly changing conditions.
- Educated patients, families and caregivers on diagnosis and prognosis,
   treatment options, disease process and management and lifestyle options.
- Provided direct patients care, stabilized patients and determined next course of action.
- Administered medication via oral, IV and intramuscular injections and monitored responses.
- Delivered proper care to victims of domestic violence at urgent care clinic.
- Oversaw delivery of care on medical-surgical unit, providing direct care, delegating nursing assignments, and supervising team comprised of technicians and unit clerks.

- Managed and monitored pediatric patients with sickle cell crisis by administering blood, blood products and pain medications.

### **EDUCATION**

Caregiver Training Institute-----08/2015
School Of Nursing & Midwifery Nigeria-----05/2005

### **LICENSES**

Registered Nurse---- Maryland, (05/2022)

Registered Nurse-----California, (12/2021)

CNA----- Oregon, (08/2015)

Registered Nurse-----Nigeria, (05/2005)