Tochukwu Chioma Uche-Ukah MSN, BSN, RN, FNP-C NPI Number: 1538634399 t.ucheukah@gmail.com (682)241-5107

SUMMARY:

PROFESSIONAL EXPERIENCE

Signify Health.Nurse practitioner04/2019 -Current.

- Conduct in-home assessments on health plan members, including past medical history, review of symptoms, physical examination, medication review and depression screening
- Responsible for checking vitals, conducting a physical exam that includes monofilament test, urine dipstick and foot exam (as appropriate)
- Identify diagnoses to be used in care management and active medical management in the furtherance of treatment
- Formulate a list of current and past medical conditions using clinical knowledge and judgment and the findings of my assessment
- Communicate findings in assessment that will be used to inform the PCP of potential gaps in care
- Educate members on topics such as disease process, medication and compliance
- Comply with all HIPAA regulations and maintain security of protected health information (PHI)

Encompass health Rehabilitation Hospital Dallas (with Dr Katari)

Nurse Practitioner. 09/2018 – 01/2019

- maintain patient records; perform physical exams; order or perform diagnostic tests; prescribe medications; develop treatment plans; and treat acute and chronic illnesses, conditions and injuries that fall under primary care.
- Make diagnoses based on professional judgement and collaborate with other specialists as needed.
- Educate patients on preventative care practices and guide them to a healthy lifestyle
- Provide clinical leadership

Rapha Family and Urgent Clinic Greenville TexasNurse practitioner09/2018 - 07/2021

- Direct interaction with patient of all ages
- maintain patient records; perform physical exams; order or perform diagnostic tests; prescribe medications; develop treatment plans; and treat acute and chronic illnesses, conditions and injuries that fall under primary care.
- Make diagnoses based on professional judgement and collaborate with other specialists as needed.
- Educate patients on preventative care practices and guide them to a healthy lifestyle
- Provide clinical leadership
- Familiar with EPIC, Matrix, oasis, PCC systems

Kindred Hospital Dallas Registered Nurse ICU 06/2016 - 08/2018

- Provide planning and delivery of direct patient care in ICU and Medical surgical units through the nursing process of Assessment, Planning, Intervention, and Evaluation.
- Develop nursing care plan in coordination with patient, family, and interdisciplinary staff as necessary.
- Communicate changes in patient's clinical condition with Physicians, Nursing Supervisor/Manager, and co-workers as appropriate.
- Participate in discharge planning process.

Angel of care Home Health

Registered Nurse

- Skilled nursing care of patients with severe health problems and end stage diseases.
- Perform trach care, trach change, advanced breathing treatments, central line care and maintenance, wound care including dressing changes and management of wound vacs, parent teaching in the care of special medical needs, IV antibiotics delivered through peripheral IV's, central lines, PICC Lines, Port-a-Caths, and other IV access devices.
- Perform daily assessments and write detailed plan of care/recertification.
- Communicates with physicians as needed and helping to train newly recruited nurses.

Pediatric Home Health Care, Dallas. Registered Nurse

- Assessments, planning, implementing other skilled nursing care to patients with respiratory failure, severe cardiac & kidney diseases.
- Write detailed plan of care and recertification
- Continuous follow up and evaluation of patient outcomes.

Newcastle General Hospital, United Kingdom. Registered Nurse ER

- Triage incoming patients based on level of injury or illness
- Immediately stabilize incoming patients
- Administer medication as instructed by physicians
- Start intravenous lines, and set broken bones
- Perform tracheotomies and intubations
- Give patients stitches and sutures
- Create and maintain incoming patient records
- Work with team of emergency staff to help patients
- Help transfer stable patients to other wings

Critical Rescue International. Nigeria. Registered Nurse (ER)

- Provided care to patients of all ages suffering from trauma or other illnesses that require emergency attention including admission and discharging of patients, starting IV line and giving of IV medications, wound care and delegation of care to other members of the healthcare team.
- Recognized and treated life-threatening conditions, with the ability to deploy rapid assessment and treatment of patients in critical situations during the initial phase of acute illness and trauma, where every second is important.

03/2005 - 09/2008

08/2014 - 01/2015

08/2009 - 12/2011

09/2017 - 12/2018

• Performed a comprehensive nursing assessment regarding the health status of the patient.

St Nicholas Hospital, Lagos Nigeria.

04/2004 - 02/2005

Registered Nurse/Midwife.

• Performed registered nurse duties within the scope of a registered nurse in an Emergency care Unit and floated within Labor & delivery, Medical surgical and dialysis units.

EDUCATIONAL QUALIFICATION

- Masters of Science in Nursing (Honours), South University, with a specialization in Family nurse practitioner program 06/2016 10/2017.
- Masters in Nursing, Midwestern State University, Wichita Falls. 08/2014 -05/2016.
- Collin County Community College Plano Texas, 01/2012 05/2014.
- BSC (Hons) Nursing Science, University of Northumbria. Newcastle, United Kingdom 09/2008 07/2009.
- Registered Midwifery Certification, School of Midwifery, University of Nigeria Teaching Hospital Enugu, 03/2002 03/2003.
- Associate Degree in Nursing, School of Nursing, Emekuku, 09/1998 11/2001.

Family Nurse Practitioner Clinical Hours:

Advanced Health Assessment	178.03 Hours
Adult Gerontology Practicum I	197.02 Hours
Women's Health Practicum II	191.42 Hours
Pediatrics Practicum III	197.58 Hours
• Family Health Practicum IV	193.17 Hours

References:

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