

Nicole Moenssens, BSN, RN

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SUMMARY

Med/surg travel nurse currently in Washington state. Applying for remote or in-field positions.

WORK EXPERIENCE

- GOOD SAMARITAN HOSPITAL, Puyallup, WA** Feb 2022- Current
Travel RN on Palliative Care Unit
- Primarily palliative unit focused on end-of-life care, complications of diabetes, CHF, COPD, gastrointestinal conditions, and cellulitis
 - Float to oncology, post-operative, and in-patient rehabilitation units on regular basis
 - Ratios of 1:5
 - Assess patient health status and evaluate patient treatments based on the results
 - Advocates for patient safety and care to optimize successful recovery
- UNIVERSITY OF COLORADO HOSPITAL, Aurora, CO** Oct 2020- Feb 2022
Staff RN on Acute Care Pulmonary Unit
- Nationally ranked #2 for pulmonology and lung surgeries in 2020-2021 by U.S. News and World Report
 - 36 bed unit with ratios of 1:5 on day shift and 1:7 at night
 - Medical-surgical and ICU step-down: cardio-thoracic surgery, pulmonary hypertension, cardiopulmonary conditions, ENT surgery, oral maxillofacial surgery, transplants, burns, gunshot wounds, hepatology, urology and covid-19
 - Plans, implements and evaluates patient care plans based on patient assessment to optimize outcomes
 - Collaborates across disciplines to coordinate patient care, patient transfer, discharge and referrals
- COUNSELING FOR YOUR SUCCESS, Clermont, FL** Jan 2010- May 2020
Various Positions in Outpatient Mental Health
- Submitted claims utilizing ICD-10, DSM-5 and CPT codes
 - Applied HIPAA requirements to maintain confidentiality
 - Ensured insurance coverage and reimbursement
- GYM GUYZ, Winter Garden, FL** Mar 2019- Mar 2020
Personal Trainer
- In-home training
 - Developed an individual exercise program consistent with client needs and goals
 - Utilized motivational interviewing
 - Evaluated for nutrition needs and customized dietary plans
 - Integrated family into health and wellness objectives
- FITNESS CF, Clermont, FL** Mar 2018- Mar 2019
Personal Trainer
- Clientele primarily ages 60+, weight loss goals and post physical therapy
 - Develop an individualized exercise program
 - Educate members on health and fitness
 - Conduct service appointments with members including:
 - nutritional counseling
 - proper use of fitness equipment
 - proper form of exercises

EDUCATION

BACHELOR OF SCIENCE IN NURSING

Aug 2020

Keiser University, Orlando, FL

- Clinical hours completed: 610 in-person and 126 online
- Documentation with Meditech and Cerner
- GPA: 3.4

BACHELOR OF SCIENCE IN BIOLOGICAL HEALTH SCIENCE

May 2016

University of South Florida, Tampa, FL

- Concentration in Biological Aging Studies
- Volunteered at Shriner's Hospital for Children, Florida Hospital- Tampa, and Morsani Health Center
- GPA: 3.5

DOCTOR OF PHYSICAL THERAPY

May 2016- Mar 2017

Rosalind Franklin University of Medicine and Science, North Chicago, IL

- Completed 47-credit hours of coursework
- Participated in 10 credit hour Anatomy and Physiology course with a cadaver lab
- Foundational coursework taken with Dr. Scholl College of Podiatry and Chicago Medical School
- Volunteered at community outpatient clinic to provide physical therapy services

LICENSES & CERTIFICATIONS

- Registered Nurse in California, Florida (multi-state), and Washington state
- American Heart Association BLS (CPR and AED)– Expires: April 2023
- Certified Integrative Nutrition Health Coach
- ACE Weight Management Specialist