# ELENA CASTORENO

## about

Compassionate Intensive Care Registered Nurse with over a year experience in a large hospital environment. Service oriented with organized and proactive time management. Proficient in handling emergency situations and complex medical conditions.

## contact

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#### CERTIFICATIONS

#### RN LICENSE

BASIC LIFE SUPPORT (BLS) CERTIFIED American Heart Association 2024 ADVANCED CARDIAC LIFE SUPPORT (ACLS) CERTIFIED American Red Cross 2023

#### EDUCATION

B.S. NURSING UT Health University SA, TX August 2021 GPA: 3.3

B.S. BIOLOGY TX A&M SA University SA, TX December 2016 GPA 3.3

#### CLINICAL EXPERIENCE

Foundations of Clinical Nursing Practice: Main Methodist, 135 hrs.

Care of Adult I: Main Methodist, 100 hrs.

Leadership & Management: Audie Murphy VA Hospital, 40 hrs. Mother Baby: Main Methodist, 30 hrs. Clinical Distinction: UT Health San Antonio, 130 hrs.

## professional experience

#### 2019 - Present

EXECUTIVE DIRECTOR / A Brighter Day, San Antonio, TX

- Oversee day-to-day activities, establish goals, objectives, and operational plans in collaboration with the Board of Directors, staff, and other leaders.
- Established and maintained strong partnerships with TPCN, Safety Riders, Texas Diaper Bank, SA Food Bank and more
- Develop company and organizational goals.

### 2021 - Present Medical Surgical ICU Staff Nurse / MSTH / San Antonio, TX

- Give compassionate care to critical patients suffering from kidney, liver, pancreatic, or spleen conditions.
- Critically assess patient conditions and adeptly handle all aspects of tr5eatment from medications to wound care to monitoring 2-3 patients on a 20-bed unit.
- Manage ventilate/sedated patients, arterial lines, central lines, Swan-Ganz catheters, and all other invasive lines, continuous ECG monitoring and titrate multiple medications.
- Observe behavior and symptoms and report changes to on-call physicians.
- Provide end of life care for patient/family as appropriate in a critical care setting.
- Collaborate with and educate patient/families as appropriate in a critical care setting.