**Sara M. Prudhomme**

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Lake Charles, La 70605

(973)-617-0822

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**Objective:** Dependable and self-motivated registered nurse with intensive critical care (ICU) experience. Compassionate,

organized and dedicated to providing quality and evidence-based care to reach optimal patient outcomes.

**Experience: Imperial Calcasieu Surgical Center**

 **Registered Nurse Lake Charles, LA August 2021 – current**

* Communicates appropriately with peers, management and physicians, patients, and patient’s family members.
* Interacts appropriately and effectively with all patients and coworkers.
* Uses Standard Universal Precautions, appropriate hand washing, personal protective equipment, and safe practices to ensure personal safety and a safe environment of care.
* Preop patients for surgical procedure. Verify preadmission requirements are completed. Report any discrepancies to physicians and anesthesiologist.
* Obtain surgical and anesthesia consent on day of surgery.
* Obtain vitals, start intravenous catheters, administer intravenous fluids, and administer ordered medications as needed.
* Patient education for pre-operative and post-operative plans.
* Obtain report and receive patients postoperatively from anesthesia and circulating nurse.
* Maintain airway, monitor vitals, surgical site and monitor pain level.
* Ensure patient safety until stable and ready for discharge per protocol.
* Give discharge instructions to patient verifying understanding and follow up appointment.

**Lake Charles Memorial Hospital**

 **Registered Nurse Lake Charles, LA March 8, 2021 – current**

* Demonstrates competency in assessment and screening patient prior to receiving the COVID-19 vaccine.
* Under the direction of the patient’s consent, safely administers COVID-19 vaccine provided in a manner consistent with established standards of practice and policy.
* Coordinates with LCMH pharmacy staff to provide COVID-19 vaccine for patients within the hospital requesting vaccine.
* Coordinates with LCMH Employee Health nurse to provide annual flu vaccines for employees. `
* Educates clients and caregivers about age specific immunizations, precautions/contraindications and possible adverse reactions.
* Maintains appropriate infection control standards and precautions.

**Insight Global – Walgreens Co. – Operation Warp Speed**

 **Registered Nurse Sulphur, LA January 11, 2021 – March 1, 2021**

* Coordinates with Walgreens Co. liaisons to arrive at Long Term Care Facility (LTCF) to administer COVID-19 vaccinations.
* Demonstrates competency in assessment and screening of patients prior to COVID-19 vaccinations.
* Manages time effectively and demonstrates basic leadership qualities to deliver and manage appropriate patient care.
* Documents service provided in an acceptable time frame during or immediately after care is provided, leveraging the Vaccine Administration Record (VAR).
* Effectively communicates with agency staff, Walgreens Co. liaisons, LTFC staff, patients, and family.
* Under the direction of the patient’s consent, safely administers COVID-19 vaccine provided in a manner consistent with established standards of practice and policy.

**CHRISTUS Ochsner Health St. Patrick’s Hospital ICU**

 **Registered Nurse Lake Charles, LA July 9, 2019 – May 9, 2020**

* Participates in activities to plan, measure, assess and improve the quality of patient care
* Direct patient care with the cope of Nurse Practice Act
* Demonstrates proper blood/blood product administration including consent and product administration and discontinuation
* Performs cardiovascular, neurological, and respiratory assessments
* Provides respiratory and ventilator management and monitoring for patients

**AECOM**

**Environmental Scientist Baton Rouge, LA Jan. 2014 - June 2015**

* Preparer for HUD and NEPA compliant Site Specific Reviews and Environmental Assessments.
* Technical expertise in conducting environmental reviews and documentation for Federal and State programs.

**Visiting Lecturer**

**McNeese State University Lake Charles, LA Aug. 2012 - Dec. 2012**

* Instructor in the Agricultural Sciences Department

Fall 2012 Courses: Freshman Foundation 101 (4 sections)

**Veterinary Assistant**

**Pet Emergency Clinic Lake Charles, LA Aug. 2007 -Feb. 2012**

* Office duties: Use of AVIMARK (computer system), admitting and discharging patients, initial screening & consultation
* Worked alongside DVMs to develop care plans for patients and their owners
* Training and on boarding of new clinical staff and developing monthly employee schedule.
* Hands on capabilities: (under the supervision of a DVM) start intravenous catheters, perform radiographs, blood work, urinalysis, assist in wound care, administer select medications, fill prescriptions, assist in major and minor surgeries

**Education: McNeese State University Lake Charles, LA Jan. 2016 – Dec. 2018**

*Bachelors of Science in Nursing* **Major:** Nursing

**McNeese State University Lake Charles, LA Aug. 2009- Dec. 2011**

*Masters of Science* **Major:** Environmental and Chemical Science

**Thesis:** Immunological and growth response in preweanling piglets administered an oral gavage

of alligator blood.

**Concentration:** Agricultural Sciences

**McNeese State University** Lake Charles, LA **Aug. 2005 - May 2009**

*Bachelors of Science* **Major:** Agricultural Science

**Concentration:** Animal Science

**Publication:** Means, S., B. Chung, T. Shields, and F. LeMieux. 2013. Immunological and growth response in preweanling piglets administered an oral gavage of alligator blood. J. Anim. Sci. Vol. 91, E-Suppl.

**Certification:** American Heart Association - Basic Life Support (BLS) for Healthcare Providers

(CPR and AED) Program, August 2021 – August 2023; Advance Cardiac Life Support (ACLS) and Pediatric Advanced Life Support (PALS), September 2021 – September 2023.