

Stephanie Gonzalez

Cedar Rapids, Iowa



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563-929-6033



LICENSED PRACTICAL NURSE

EDUCATION

ASSOCIATES DEGREE OF
NURSING

Kirkwood Community
College
Cedar Rapids
2021- present

LICENSED PRACTICAL
NURSE

Kirkwood Community
College
Peosta
2018-2021

CPR/BLS
Leadership

Organized

HIPPA & safety compliant

Clinical judgment

Documentation

Health Assessment

Preventative Care

Pre-operative care

Wound Care

End of life care

STRENGTHS

Cultural competence

Ethnical responsibility

Critical thinking

Interpersonal skills

Communication Skills

Problem Solving

Team Management

Team Building

Workplace flexibility

PROFILE

Nursing student (expected graduation May 2023), LPN with 10+ years experience in healthcare. Long term care, Assisted and Independent Living, Hospice, Med-surg, Ambulatory surgery, OB, and orthopedics as a PCT, CMA/CNA, 1 year orthopedics LPN. Motivated and skilled professional with excellent dependability, adaptiveness, and workplace flexibility. Seeking further experience and career growth opportunity.

PROFESSIONAL EXPERIENCE

LPN | Unity Point St. Luke's Hospital
Orthopedics 4 Center, 2020 – Current

Transitioned from PCT to LPN in June 2021. 8-12 hour shifts with agreed upon weekends, holidays, and OT. Fast paced surgical unit with 4-6 patient assignments and the ability to take assignments on other units when appropriate. Majority of patients are pre- and post-operative total joint, cervical, and lumbar procedures with a mix of medical patients. Constant collaboration with physicians, surgeons, nurse practitioners, physical and occupational therapists, dietitian, dialysis, diabetes management clinicians, social work, and diagnostic teams.

- 4-6 patient assignment
- Head to toe, focused, post-op assessments
- Medication administration
- VS, glucose monitoring, lab monitoring
- Bladder scans, catheter insertion, specimen samples.
- Incision and wound care
- Acute pain management
- Discharge/patient transfer

Good Neighbor Society
Manchester, 2016 – 2020

CNA/CMA skilled nursing care, medication administration, flexibility in scheduling and ability to float to other units when appropriate.

- Use action words like accomplished, acquired, achieved, influenced, motivated, initiated, overhauled.
- List the most relevant and main duties held in this role and speak of them first. Don't just copy from your PD, use creative and impactful words to describe what you did.
- List any relevant achievements, that added value to the organization. This can show your prospective employer the lengths you went to and what you could potentially do for their organization.
- Avoid irrelevant experiences.
- Use where relevant numbers or percentages to strengthen and support your success in the role. E.g. – Facilitated 15% reduction in costs for staffing and supplies thanks to enhanced medical principles.