

FRIENCY GWEN T. HINALAO BSN, RN



1185 Mountain Creek Rd, Chattanooga, Tennessee 37405

Mobile No: 629-256-9821

Email: ms.hinalaofriency@gmail.com

PERSONAL DATA:

Name: Friency Gwen T. Hinalao

Address: 1185 Mountain Creek Rd, Chattanooga, Tennessee 37405

Age: 30 years old

Birthdate: December 10, 1991

Sex: Female

Civil Status: Married

Citizenship: Filipino

Language(s): English, Tagalog, Hiligaynon

OBJECTIVE:

Seeking the job of Registered Nurse in a well established Health care facility where my deep passion and experience in providing safe, effective, and efficient nursing care to patients will be employed.

EDUCATIONAL BACKGROUND

College

Bachelor of Science in Nursing
Central Philippine University
Jaro, Iloilo City, Philippines
Classroom/Full time

Year

2008-2012

High School

Bloomfield International Academy
Balabag, Boracay, Malay, Aklan
Classroom/Full time

2004-2008

Elementary

Balabag Elementary School
Balabag Boracay Malay Aklan
Classroom/Full Time

1999-2004

AFFILIATIONS:

- **PROFESSIONAL REGULATION COMMISSION, PHILIPPINES**

Registered Nurse
License No: 0798369
Valid Until: 12/10/2025

- **TENNESSEE BOARD OF NURSING**

Registered Nurse
License No: 267097
Valid Until 12/31/2023

- **EUROPEAN RESUSCITATION COUNCIL**

Immediate Life Support
Course Date: February 11, 2018
Valid Until: February 11, 2023
Center: HITC-HMC DOHA, QATAR

SKILLS AND QUALITIES:

- Proficient in English ,Filipino, Hiligaynon
- Computer literate(includes Microsoft Word, Microsoft PowerPoint, Microsoft Excel)
- Goal-oriented, hardworking and organized
- Professional in handling clients and respect different beliefs and cultures.
- Willing to learn and to help others
- Well developed skills in client Relation, Teamwork and Leadership
- IV cannulation
- Wound care dressing
- IM, IV, SQ injection
- Preoperative and Postoperative care

PROFESSIONAL EXPERIENCE:

ILOILO MISSION HOSPITAL

ILOILO CITY, PHILIPPINES

(A TERTIARY HOSPITAL WITH 230 BED CAPACITY)

JUNE 26, 2013 – NOVEMBER 15, 2013

VOLUNTEER NURSE IN GENERAL NURSING UNITS AND SPECIALIZED IN OUT PATIENT DEPARTMENT AND EMERGENCY ROOM.

ST PAUL'S HOSPITAL OF ILOILO INC.

ILOILO CITY, PHILIPPINES

(A TERTIARY HOSPITAL WITH 265 BED CAPACITY)

JULY 16, 2014 – SEPTEMBER 5, 2017

STAFF NURSE, GENERAL NURSING UNITS

HAMAD MEDICAL CORPORATIONS

DOHA, QATAR

(A TERTIARY NON-PROFIT GOVERNMENT

THAT MANAGES NINE HOSPITALS

AND OPERATES BOTH NATIONAL AMBULANCE AND HOME

HEALTHCARE SERVICES.

ALL HOSPITALS RECEIVED SIMULTANEOUS JOINT

COMMISSION INTERNATIONAL (JCI) RE-ACCREDITATION

FOR ALL ITS HOSPITALS AND IN 2011 THE AMBULANCE

SERVICE AND HOME HEALTHCARE SERVICE.

SEPTEMBER 24, 2017 – APRIL 17, 2022

REGISTERED GENERAL NURSE HOSPITAL

DUTIES AND RESPONSIBILITIES:

- Assesses the patient's needs for nursing care based on history, results of physical, diagnostic and laboratory examinations for nursing interventions.
- Executes written, legal prescriptions for treatment, therapy and medication to provide quality care and services.
- Provides health teaching to family and significant others of patients to gain cooperation and understanding.
- Coordinates patients care and services with members of the health team for comprehensive quality care.
- Gives and explains discharge instructions to family/significant others of patients for continuity of care.
- Documents accurately the observation and services rendered to the clients for reference.
- Facilitates concerns of clients, family and physicians for immediate action.
- Ensures the completeness and readiness of emergency cart and kit for emergency use.
- Follows and practices hospital and standard operating policies and procedures for proper implementation.
- Participates actively in the programs and activities of the institution and nursing department for personal growth.
- Performs stock counts of supplies and equipments to maintain stock level.
- Performs and complies with all systems and procedures affecting quality.
- Must be skillful and able to perform the following:
 - Insert intravenous line.
 - Set up oxygen-compressed air in the absence of auxiliaries especially in emergency situations.
 - Operate infusions pumps for accurate regulations intravenous fluids.

CASES HANDLED:

Preoperative/Postoperative

Acute Surgical Cases

Hypertensive Cardiovascular Disease

Cerebrovascular Disease Bleed

Cerebrovascular Disease Infarct

Cellulitis

Urinary Tract Infection

Acute Respiratory Failure

Hyperthyroidism and Hypothyroidism

Pleural effusion

Anemia Cholecystitis

Tuberculosis

Anaphylactic Shock

Bronchial Asthma Acute

Gastroenteritis Seizure

Hypersensitivity Reaction

Chronic Kidney Disease

Diabetes Mellitus Typhoid

Fever Congestive Heart

Failure Acute Appendicitis

Acute Dyspepsia

Hypertensive Urgency

Dengue Fever

Pneumonia

Hepatitis

SEMINARS AND TRAININGS:

- 2017-2021 **National Patient Safety Collaborative
(NPSC) Sepsis Project**
Hamad Healthcare Quality Institute
Doha, Qatar
- February 11, 2018 **ILS (Immediate Life Support)**
HITC-HMC DOHA, QATAR
- October 3, 2016 **American Heart Association
(Basic Life Support)**
FDM Training Center for Allied Health Professional General
Luna Street Iloilo City, Philippines
- July 19-21, 2016 **IV Related Updates**
St. Paul's Hospital Iloilo, Inc.
General Luna Street Iloilo City, Philippines
- June 2014 **"A Healthy Lifestyle Makes Your Kidney Smile"**
A Seminar on Hemodialysis and Its Complications St. Paul's
Hospital Iloilo Inc.
General Luna Street Iloilo City, Philippines
- April 2014 **Post Graduate Nurse Training Program**
St Paul's Hospital Iloilo Inc.
General Luna Street Iloilo City, Philippines
- July 2013 **"Nursing and Beyond"**
A Seminar on Leading and Managing Nursing Sarabia
Manor Hotel and Convention Center General Luna Street
Iloilo City, Philippines
- March 2012 **"The Hangover "**
A seminar workshop in Liver Cirrhosis Central
Philippine University
Lopez Jaena St. Jaro Iloilo City

EQUIPMENTS HANDLED:

- BP apparatus
- Computer on Wheels (CERNER)
- Blood Glucose Machine(Glucometer)
- Emergency Cart/Kit
- Infusion Pump
- Feeding Pump
- Thermometer (Oral, Tympanic, Axilla)
- Oxygen Tank and Meter
- ECG Machine
- Urine Analyzer
- Bag Valve Mask
- Suction Machine
- Pulse Oximeter
- Pulmo-aide Machine
- Cardiac Monitor

REFERENCES:

- **Atty. Salex Alibogha, BSN, RN, MAN, LLB**
Dean College of Nursing and Allied Health Sciences
Central Philippine University
Lopez Jaena St. Jaro, Iloilo City, Philippines 5000
Contact No: (033) 320-3824 local 1037 / 2133

- **Sarah Lapore, BSN, RN**
Supervisor
St. Paul's Hospital Iloilo
General Luna St. Iloilo City
Contact No: 0917 3030 070

- **Felomina Mingote, BSN, RN**
Charge Nurse
Al Khor Hospital/Hamad Medical Corporation
Contact no: +974 4474 5236 / +974 55628506

I hereby certify that the above information is true and correct
to the best of my knowledge and belief.

FRIENCY GWEN T. HINALAO, BSN, RN

