MICKAILA C. McRAE, MSN, RN

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Education:

MGH Institute of Health Professions, Boston, MA	**8/2022**

Masters of Science in Nursing
Adult/Gerontology Primary Care and Women's Health

Regis College, Weston, MA	**2014**

Bachelor of Science in Nursing (Course work complete)

Notre Dame Academy, Hingham, MA	**2010**

High School Diploma

Licensure/Certifications:

RN License # RN 2299813	Expiration **1/2024**
Certified Pulmonary Resuscitation	Expiration **10/2022**
Bayer Educational Certification for Kyleena, Mirena and Skyla IUD	Certified **10/18/2022**
Organon Clinical Training Program for Nexplanon Certification	Certified **2/28/2022**

Key Accomplishment:

- Selected to be a member of the Upsilon Lambda Chapter of Sigma Theta Tau International Honor Society of Nursing (Sigma) from MGH IHP, 2022.
- Selected as one of 12 student nurses of color in Massachusetts as a Hausman Fellow to work directly with registered nurses at Massachusetts General Hospital in 2013. This internship is geared towards providing fellows with clinical skills as well as the opportunity to develop collegial relationships with staff nurses at all levels from RN to advance practitioner.

Advanced Practice Nurse Clinical Experience:

Beth Israel Deaconess, Plymouth/Duxbury, MA, Mass General Brigham Urgent Care, Lynn, MA, Mystic Women's Health, Medford, MA, Beth Israel Deaconess, Milton, MA, Angels Neurological Center, Abington, MA, 2020-2022

- Worked under supervision with Advanced Practice Registered Nurses and Medical Doctors.
- Interviewed patients and record their health history
- Reviewed patient health history and plan for anesthesia on day of surgery
- Ordered pre-op laboratory tests, followed up on abnormal results and suggested pre-op interventions as needed
- Inserted and removed intrauterine devices
- Preformed physical exams.
- Completed SOAP notes in the EMR
- Experienced in effective counseling for health maintenance and disease management
- Pharmacological and non-pharmacological management and recommended treatment of various disorders and diseases
- Interpreted labs, pathology reports, and provided recommendations based on results
- Provide education regarding their plan of care
- Utilized expertise in EPIC, Meditech, and eClinical EMR platforms

Work Experience:

Registered Nurse, Ambulatory Care Nursing, **MGP Downtown/Beacon Hill primary care**   **October 2018- Present**

- Triage patients via telephone to determine urgency and level of care needed
- Educate lifestyle modifications for patients with acute and chronic conditions
- Treat patients with various infections, diseases, and conditions as well as provide comprehensive patient education
- Administer oral, intramuscular, subcutaneous, inhalation, intradermal medications, and vaccinations

- Completed prior authorizations for unapproved medications and supplies
- Manage vaccine refrigerator, freezer, and medication and manage inventory
- Co-chair of the MGH Downtown Safety Reporting committee

Registered Nurse, **Northeast Independent Living PCA Program, Lawrence, MA**   **July 2021- September 2021**
- Interviewed consumers for eligibility of the Patient Care Attendant program
- Assessed medical needs based on activities of daily living and independent activities of daily living
- Completed prior authorization forms and submitted to MassHealth for approval

Registered Nurse, **East Boston Neighborhood Health Center, East Boston, MA**   **June 2016- October 2018**
- Triaged patients via telephone to determine urgency and level of care needed
- Educated lifestyle modifications for multiple patients with acute and chronic conditions
- Treated patients with various infections, diseases, and conditions as well as provided comprehensive patient education
- Administered oral, intramuscular, subcutaneous, inhalation, intradermal medications, and vaccinations
- Provided wound care, ear lavages, pre-filling of medication boxes, and ordering laboratory tests

Registered Nurse, **Hebrew Senior Living Rehabilitation, Roslindale, MA**   **October 2015- May 2016**
- Performed assessments, such as skin assessments, mobility assessments, and fall assessments
- Administered medications via oral, intramuscular, gastric tubes, topical, and intravenous
- Monitored residents for change of condition, acute conditions, and performed interventions as needed
- Collaborated with physicians about changes in resident status and abnormal lab results
- Monitored I's & O's, provided tracheostomy care (suction), provided colostomy and catheter care
- Engaged and spent personal time with resident during activities and programs such as music therapy, bingo, and arts and crafts

Resident Assistant, **Hebrew Senior Living Rehabilitation, Roslindale, MA**   **Sept. 2014 – Dec., 2014**
- Provided and assisted with all daily living tasks to enhance quality of life for elderly patients including bathing, dressing, feeding, lifting and transferring.
- Experience in caring for patients with various medical conditions including Parkinson's, Dementia, Diabetes, Cancer, Alzheimer's and Paget's disease.

Hausman Fellow/Nursing Student, **Massachusetts General Hospital, Boston, MA**   **May 2013-August 2013**
- Monitored patients/clients for changes to their health status
- Assisted and treated patients for both acute and chronic conditions
- Performed lab tests and communicated results
- Instructed patients and family members on proper discharge care
- IV initiations, injections/draw blood, Foley catheters insertion/removal, pin cleaning on an External Fixator, inserted suppositories/enemas, leveled lumbar drains, monitored, and measured Jackson-Pratt drainage

Volunteer Activities

Current:
President of the Health Ministry in Concord Baptist Church

Past:
East Boston Community Soup Kitchen: administered flu vaccines and checked blood pressures
Regis College: Treasurer and member of the Black Student Organization; Regis College Student Government Representative and Treasurer of the Latino American Student Organization; Regis College Treasurer and member of the Regis College Gospel Choir; Regis College Math Tutor