Lynette Brown, BSN, RN, FNP-S

Family Nurse Practitioner

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**Professional Summary**

Highly motivated and organized family nurse practitioner seeking a position where skills in patient evaluation, diagnosis, and treatment plan development will be utilized effectively for the well-being of patients.

* Well-rounded healthcare professional with over 20 years of nursing experience in psychiatry, home health, long-term care, and case management
* As a nurse practitioner student, will complete a minimum of 600 hours of clinical experience in primary care, women’s health, dermatology, and pediatrics.
* Capable of providing timely and efficient charting utilizing EMRs including Epic

**Education**

**Master of Science in Nursing** (FNP) – *Graceland University, Lamoni, IA*

Expected Graduation December 2022

**Bachelor of Science in Nursing** – *Grand Canyon University, Phoenix, AZ*

Graduated December 2010

**Associate of Science in Nursing** – *Spokane Community College, Spokane, WA*

Graduated December 2006

**LPN Certificate** – *Spokane Community College, Spokane, WA*

Graduated December 1999

**Advanced Practice Clinical Rotations**

Adult Primary Care: Saturn Clinic for Health and Wellness, Spokane Valley, WA, Mary Bachko, FNP, PNP, CNM | 180 Hours

Pediatrics: Valley Ranch Pediatrics, Irving, TX, Dr. Satish Goel, MD | 180 Hours

Family Medicine: Texas Healthcare, Mansfield, TX, Renee Baril, FNP-C | 120 Hours

Specialty: Dermatology and Cutaneous Surgery, Arlington, TX, Dr. Victoria Serralta MD | 120 hours

* Under the guidance of a preceptor, provided holistic and evidence-based care to diverse populations, from newborn to geriatric patients, managing complex chronic conditions and providing episodic care
* Gathered detailed patient histories and performed comprehensive physical examinations for wellness visits, chronic care management, and acute conditions
* Ordered and reviewed results of diagnostic tests including imaging tests, EKGs, and laboratory results, correlating findings with clinical presentation
* Diagnosed a variety of illnesses, prescribed treatments, and monitored efficacy of treatment for conditions including diabetes, hypertension, hypercholesterolemia, and various infectious processes
* Performed gynecologic exams and PAP smears; STD screenings and treatment; and prenatal care, screening, and education
* Gained proficiency with well-child examinations, pediatric chronic illness management, and episodic visits for newborns to 18 years old
* Incorporated health education and preventative services into visits to promote the health and wellness of patients based on age, gender, history, and risk factors

**Professional Experience**

**Charge Nurse – Frontier Behavioral Health, Spokane, WA**

February 2019 – June 2022

* Charge nurse responsible for overseeing and maintaining safe patient care and appropriate staffing ratios while serving as a unit resource for technical skills and questions
* Managed nursing care of adult and geriatric psychiatric patients with a focus on bipolar disorder, schizophrenia, psychosis, depressive disorders, and anxiety disorders in an acute inpatient setting
* Worked closely with MHTs, RNs, psychiatrists, social workers, case managers, and medical doctors/providers to care for patients experiencing acute psychiatric crises
* Facilitated therapeutic communication, conflict resolution, and crisis intervention by redirecting negative behaviors and helping patients regain or improve coping abilities to prevent further disability
* Maintained a safe environment for patients who could be a harm to themselves or others by using established protocols for patient safety and per provider order

**Registered Nurse – Smokey Point Behavioral, Maxim Healthcare, Monroe, WA**

October 2018 – January 2019 | Travel Assignment

* Delivered nursing care to patients in a variety of units including adolescent, adult, and geriatric
* Conducted admissions, administered medications, conducted one-on-one sessions, oversaw group therapy, and provided milieu management
* Developed adaptability and versatility through floating to various units to fulfill staffing needs and provide safe patient ratios

**Clinic Registered Nurse – Indian Health Services, AB Staffing, Gallup, NM**

July 2018 – September 2018 | Travel Assignment

* Collaborated with the interdisciplinary team of providers, nurses, and medical assistants to provide holistic and evidence-based nursing care to patients at an internal medicine clinic
* Maintained efficient clinic workflow through the management of rooming, assessing, and discharging multiple patients at a time
* Provided telephone triage to patients and documented the evaluation and assessment of patients’ questions or concerns
* Administered vaccines, completed diabetic foot exams, and provided walk-in triage

**Registered Nurse – Long-Term Care, Tailored Healthcare, Alaska**

November 2017 – June 2018 | Travel Assignment

* Ensured that residents' personal care needs were provided for with an emphasis on quality, compassion, and timeliness
* Provided exceptional and compassionate care to patients suffering from a broad spectrum of complications from chronic diseases, infections, and injuries
* Prioritized nursing care based on patient condition and responded to interruptions while delegating care to achieve optimal, safe, and effective outcomes

**Registered Nurse – Family Practice Clinic, Unify Community Health, Spokane, WA**

September 2017 – October 2017

* Provided exceptional direct patient care by providing vaccinations, documenting a review of systems and a history of current illness, assisting with bedside procedures, obtaining vital signs, and collecting lab samples
* Performed follow-up phone calls to patients regarding laboratory results and necessary medication adjustments
* Utilized electronic medical records to ensure detailed and current comprehensive documentation of assessments, care plans, medications, and patient-specific education

**Registered Nurse – Psychiatric Unit, Eastern State Hospital, Medical Lake, WA**

April 2017 – September 2017

* Garnered experience providing psychiatric care for geropsychiatry patients ages 55 and older, including medication administration and management as well as nursing care
* Patient population inclusive of those requiring long-term inpatient or treatment-resistant care
* Conducted monthly chart audits and medication reconciliations

**Registered Nurse – Kindred Home Health, American Mobile Travel Nurse, Coeur d’ Alene, ID**

October 2016 – February 2017 | Travel Assignment

* Assessed physical, functional, psychosocial, and cognitive status through patient interview and physical assessment
* Established individualized, measurable goals in consultation with the patient, family, and other health care providers
* Advocated for patient needs to members of the health care team to ensure positive patient outcomes and maintain patient safety
* Cared for patients following hospitalizations, providing admissions assessments, medication management, diabetic education, and IV therapy administration including fluids, antibiotics, and specialty medications
* Provided outstanding wound care by utilizing a variety of treatment modalities to promote healing and recovery

**Registered Nurse Case Manager – Rockwood Home Health, Spokane, WA**

August 2016 – October 2016

* Completed initial, comprehensive, and ongoing patient assessments to determine needs and facilitate care
* Collaborated with physicians, social services, spiritual care, clients, and families to develop a comprehensive plan of care
* Considered the physical, psychological, and socioeconomic needs of the client, the level of family acceptance, and the ability to meet the patient’s needs within the home
* Conducted appropriate supervisory visits for clinical observation of assigned team members’ performances
* Participated in regular interdisciplinary team meetings to facilitate the development, review, and revision of the patient’s plan of care

**Registered Nurse – Peritoneal Dialysis, Davita Dialysis, Spokane, WA**

January 2016 – August 2016

* Provided nursing care to medically complex ESRD patients, closely monitoring patients’ conditions while undergoing dialysis in the clinic setting
* Obtained and monitored labs, administered medications based on labs, and notified providers concerning changes in kidney function
* Skillfully responded in urgent situations with appropriate and timely nursing interventions to ensure patient safety and optimal patient outcomes are maintained
* Provided education to patient's family on posttreatment care, nutrition/diet, and fluid level requirements as well as the importance of regular follow-ups

**Registered Nurse and Patient Care Coordinator – Providence VNA Home Health, Spokane, WA**

April 2013 – January 2016

**RN Consultant/Chronic Care Management – Aging and Long Term Care of E.W., Spokane, WA**

March 2011 – April 2013

**Registered Nurse – Waterford Home Health, RN Case Manager, Spokane, WA**

June 2010 – March 2011

**Registered Nurse – Alderwood Manor, RN Unit Manager/Supervisor, Spokane, WA**

October 2009 – January 2010

**Registered Nurse – Family Home Care, Home Health RN Case Manager, Liberty Lake, WA**

July 2007 – October 2009

**Registered Nurse – Maxim Healthcare, Home Care LPN/RN, Spokane, WA**

2001 – 2007

**Registered Nurse – Option Care, Home Health LPN/RN, Spokane, WA**

November 2006 – July 2007

**Registered Nurse – Lakeland Village, LPN, Medical Lake, WA**

February 2004 – November 2006

**Certifications & Licenses**

* Licensed Registered Nurse, Washington | RN00168855
* Licensed Registered Nurse, Texas | 1077269
* Licensed Registered Nurse, Nevada | 851051
* Basic Life Support | American Heart Association

**Organizations**

* American Association of Nurse Practitioners

**Professional Development**

Comprehensive Review Course, Sarah Michelle, NP Review, 17 hours | December 2021

Primary Care Course, NP Guide, 8 Hours | September 2022

**Research, Publications, & Presentations**

* Evidence-Based Guidelines Project: “Gabapentin vs Duloxetine for the treatment of painful diabetic neuropathy”