**REGISTERED NURSE**

SOPHIE MAKOWSKI

**Bachelor of Science in Nursing**

University of Massachusetts

Boston, MA

May 2019, *GPA 3.683*

Magna Cum Laude

EDUCATION

 sophie\_makowski@yahoo.com

* Care of drains, tubes & Wound Vacs
* Continuous ECG and interpretation
* Intracranial monitoring devices/ drains
* Massive transfusion protocols
* Mechanical Ventilation
* ABG/ lab interpretation
* Invasive/non-invasive hemodynamic monitoring (EV1000, PA Catheters)
* Extensive wound and burn care
* Precepting and educating new ICU nurses
* Advocating for all patients/ families
* Highly autonomous
* Prioritization of care
* Documenting in the HER (Epic, Cerner)
* Organ Donation Process

SKILLS

**Registered Nurse- Carolina’s Medical Center Atrium Health**

Charlotte, NC- 09/2020- current

Level 1 Trauma Center

Surgical Trauma ICU

* Perform RN duties on critically sick patients undergoing a wide variety of Trauma, Head and Neck, Neurosurgical, Orthopedic, Surgical Oncology, General Surgery, Liver and Kidney Transplant, Urology, Vascular, and Plastic Surgeries
* Stabilize trauma patients with massive transfusions and fluid resuscitation with the Level 1 or Belmont Rapid Transfuser
* Titrate vasoactive drips through continuous interpretation of non- invasive/ invasive hemodynamic monitoring. Appreciate hemodynamic values on the EV1000 (Vigileo) in order to guide care
* Assist providers and manage patient’s hemodynamics during bedside procedures (RSIs, chest tubes, central lines, ECMO cannulation, etc.) along with lifesaving bedside OR procedures
* Assist providers with the insertion of EVDs and Fiberoptic Bolts and management of each. Close monitoring of ICPs and prevention of increased ICPs with non- pharmalogical and pharmalogical interventions.
* Management of ventilated and sedated patients and all invasive lines (arterial, central venous, Swan- Ganz Catheters, etc)
* Work alongside Anesthesia to prepare patient’s for surgery and mange those directly returning from the OR
* Closely work alongside ICU Providers, Anesthesia, and all other services to promote optimal patient outcomes through excellent communication and teamwork.
* Collaborate and educate patient and families throughout entirety of ICU stay. Offer support through life- altering injuries and end of life care.
* Activating Organ Donation per Brain Death Protocols

PROFESSIONAL EXPERIENCE

LICENSES AND CERTIFICATIONS

* Registered Nurse: State of North Carolina, License #328145
* Trauma Nurse Core Course Certification (ENA), Pending 09/2022
* Critical Care Registered Nurse (AACN), Expires 09/2022
* Basic Life Support Provider (AHA), Expires 03/2022
* Advanced Cardiac Life Support (AHA), Expires 08/2022

 145 New Bern St. Apt 483

 Charlotte, NC 28209

CONTACT

PROFESSIONAL PROFILE

Surgical Trauma ICU Nurse with experience in providing safe, high quality care to patients of all socioeconomic and ethic backgrounds in a high- acuity Level One Trauma Center. Recognized by patients, peers, and management for my thoroughness, dedication, and ability to flourish in intense situations. Striving to expand my skills and knowledge to further advance my career in the role as a Certified Registered Nurse Anesthetist.

 508 409 8874

**REGISTERED NURSE**

SOPHIE MAKOWSKI

**Registered Nurse I- Rhode Island Hospital**

Providence, RI- 09/2019- 08/2020

Level 1 Trauma Center. ABA Verified Burn Center.

*Trauma Surgical and Burn Unit*

* Fulfill the role of Charge Nurse on a 30 bed, fast-paced Surgical Trauma unit
* Manage partial/ full thickness burns, traumatic injuries, and complex surgical issues
* Perform extensive dressing changes for burn patients pre and post skin grafting
* Participate in Code Situations and activating appropriate response teams
* Monitor post-operative patients and identify complications.
* Work alongside multiple services and promptly notify appropriate Providers of any condition changes or complications
* Educate patients and families on disease processes, medications, and surgical procedures and their post- op care
* Consult necessary disciplinaries to facilitate best patient outcomes
* Precept new graduate RNs according to hospital policies
* Facilitate safe admissions and discharges home through continuous education
* Communication
* Listening
* Teamwork
* Practicing ethically
* Patience
* Ability to work and critically think in fast paced environments

INTERPERSONAL SKILLS

WORK EXPERIENCE CONTINUED