

JESSICA RUIZ

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Education

Associate of Applied Science: Nursing, Expected in 05/2022

Morton College - Cicero, IL

No Degree: Biology, 01/2016

Triton College - River Grove, IL

No Degree: Medical Assisting, 2015

Everest College - Chicago - Chicago, IL

Professional Summary

My name is Jessica Ruiz, I am 28 yr's old. I have health care experience working in home health, and as a cna at a rehab center. I consider myself as a caring, honest, and hard working individual. I am reliable, and very efficient. I Consistently maintain a professional appearance, and attitude within the work place. I am always open to learn new things, and I take criticism constructively. I am self driven, and focused on positively impacting the lives of others. I am an Empathetic Care Worker with sensitive and compassionate approach to cultivating trusting, stimulating and varied lifestyle for residents. Offers enhanced care with flexible learning approach for patients. I have experience in , in-home settings providing guidance and encouragement to patients through physical and emotional support.

Skills

- Verbal and Written Communication
- Patient Positioning
- Willingness to Learn
- Time Management
- Vital Signs Collection
- Patient Care Quality
- Self-Motivated
- Cultural Awareness
- Flexible and Adaptable
- Interpersonal Communication
- Dependable and Responsible

Professional Experience

CNA

- Answered call lights and supported patient comfort and safety by adjusting bed rails and equipment
- Oversaw and maintained patients' rooms, group living areas, and nurse stations
- Promoted good oral and personal hygiene by aiding patients with shaving, bathing, and teeth brushing
- Facilitated personal hygiene management, feeding, and ambulation

Home Care Aide

- Assisted patients with handling daily chores and errands by transporting to appointments, cleaning personal spaces, and purchasing supplies
- Assisted disabled clients to support independence and well-being
- Developed rapport to create safe and trusting environment for care
- Interacted kindly with patients and families and displayed a positive, outgoing attitude, resulting in the establishment of long-term, professional relationships
- Run errands for patients, did shopping, and picked up other necessities
- Provided patients with assistance in completing daily tasks, reducing the daily burden on family members

Languages

Spanish

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Native or Bilingual