

Michelle Charles

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Work Experience

Registered Nurse

The Medical Center of Southeast Texas - Port Arthur, TX

October 2020 to Present

- Provided care to people across the lifespan with different conditions from infants, children, pregnant women, and the elderly
- Independently maintained safe and effective care to patients with different acuity levels in a time-restricted and demanding environment
- Constantly communicated and collaborated with physicians and other healthcare professionals to ensure optimal care was given to patients in a timely manner
- Closely monitored E.R. patients, alerted Physicians/Charge nurse with any changes in patients status.
- Utilizes ethical, legal and professional standards of practice.
- Educate patients as to disease process, medications, and pathophysiology
- Work collaboratively with doctors and staff to provide exceptional care
- Conduct yourself in a composed and professional manner, especially under pressure
- Diagnose and develop treatment plan collaboratively with doctors and staff
- Comply with all legal and safety requirements at all time

Behavioral Health Case Manager

Gulf Coast Health Care

October 2019 to December 2020

- Educate mental health patients as to disease process, medications, and pathophysiology
- Work collaboratively with doctors and staff to provide exceptional care for mental health patients
- Conduct yourself in a composed and professional manner, especially under pressure
- Manage suboxone patients appointments and communicate with LDC and provider
- HEIDIS measures and GAPS

ER Nurse

The Medical Center of Southeast Texas - Southeast, Texas, US

October 2016 to October 2019

- Provided care to people across the lifespan with different conditions from infants, children, pregnant women, and the elderly
- Independently maintained safe and effective care to patients with different acuity levels in a time-restricted and demanding environment
- Constantly communicated and collaborated with physicians and other healthcare professionals to ensure optimal care was given to patients in a timely manner
- Closely monitored E.R. patients, alerted Physicians/Charge nurse with any changes in patients status.
- Utilizes ethical, legal and professional standards of practice.
- Educate patients as to disease process, medications, and pathophysiology

- Work collaboratively with doctors and staff to provide exceptional care
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Senior Rehabilitation (Floor Nurse)

December 2013 to September 2015

promotion (QA Nurse) August 2015 to June 2016

- Motivated staff into delivering effective and high quality care
- Maintain upper management duties while DON is off
- Communicated with physicians, nurses, CNA's, coworkers, interdisciplinary team members and families, regarding resident's clinical condition.
- Adhered to established departmental, center and corporate policies and procedures, objectives, quality improvement program, and safety environment.
- Audits and reviews resident charts and documentation where applicable to ensure uniformity, accuracy, and completeness
- Follow physicians orders, pharmacy recommendations, and dietary recommendations
- Uses tactful, appropriate communications in sensitive and emotional situations
- Participates in appropriate meetings and committees
- Track and trend infections and in-service accordingly

Senior Rehabilitation (MDC Coordinator for MCD)

July 2009 to June 2011

- Completed documentation and ensured reimbursement from all sources.
- Monitored the assignment of residents to Resource Utilization Groups (Rugs) and the payment periods associated with the MDS schedules
- Developed and maintained on-going MDS schedules for each resident
- Check orders daily to ensure accuracy
- Communicated with physicians, nurses, CNA's, coworkers, IDT and families, regarding resident's clinical condition
- Check orders daily to ensure accuracy

Floor Nurse

Cypress Glen East

December 2008 to March 2010

- basic bedside care and follow physicians orders
- give injections and enemas, prescribed medicines
- monitor patients and report adverse reactions to medications or treatments
- transcribe orders to Mars
- feed patients, and record food and fluid intake and output
- assist with bathing, dressing, and personal hygiene
- supervise nursing assistants and aides
- obtain blood sugar reading and medicate according to physician's orders, monitor for changes in condition
- Reported regular status and updates to appropriate personnel

Education

BSN

Lamar University - Beaumont, TX
December 2016

ADN

Lamar State College - Port Arthur, TX
August 2013

Skills

- ACLS (Advance Cardiac Life Support)
- BLS (Basic Life Support)
- TNCC (Trauma Nurse Critical Care)
- ENCP (Emergency Nurse Pediatric Course)
- S.T.A.B.L.E. Neonatal Program (Sugar, Temperature, Airway, Blood pressure, Lab work, Emotional Support)
- PALS (Pediatric Advance Life Support)
- Nurse management

Certifications and Licenses

RN License

BLS Certification

PALS Certification

TNCC Certification

Compact State Nurse License