

Kangogo Alfred

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Education

Bachelor of Science in Nursing and Community Nutrition

University of Alaska Anchorage August 2008 –December 2013

Work Experience

Peak View Behavioral Health: July 2022 to Present

- Worked as PRN RN

Colorado Mental Health Institute Pueblo: Jan 2020 to April 2022

- Worked as RN1 at CMHIP

Penrose Hospital: October 2019 – May 2020

- Worked at Penrose Bariatric post Op Units as PRN RN from Oct 2019 to May 2020.

Norton Hospital: 2016 - 2019

- Worked as PRN orthopedic nurse in an orthopedic Med-Surg/telemetry floor performing pre-op/post-op assessments. Advocating for patient needs and keeping family members informed of patient status.
- Worked as a team with physical therapy, occupational therapy, and respiratory therapy in providing wholly patient care.
- Prepared daily assessment for patient condition, neurovascular status, monitoring surgical sites and noting any changes, preparing patients for tractions, and administering medication and dressing changes per provider orders.

Ireland Army Health Clinic: 2016 – 2019.

- Worked as an assistant to the clinical doctor in triaging and assessing patients (active-duty Soldiers and family members) based on level of precedence.
- Performed APRN Electrocardiograph (EKG) to patients who are over 40 years during Patient Health Assessment (PHA) as per the doctor's directions. Initiated IV, Oxygen therapy, blood draw, administered vaccinations, and good customer service to the patients.
- Worked as coordinator for an infection control program on our floor; scored 100% during inspections in our section.
- Supervised all the doctor's telephone consults, relay health, and chart the entire patient's medical information to the AHLTA and Medical Protection System (MEDPROS).

Vilseck Germany: 2014 - 2016

- Health care specialist (Army Combat Medic)
- Triaged and treated over 180 Soldiers while deployed in Eastern Europe. Performed duties such as: initiating an IV, shock management, wound dressing, patient health assessment, hemorrhage control, and administering flu shots. Treated and evacuated a Soldier who had suffered heatstroke. Received congratulatory messages and an Army Commendation Medal from the Brigade Commander.
- Taught Combat Lifesaver (CLS) Classes to over 400 Soldiers on first aid measures; All 400 Soldiers became combat Life Savers Certified.
- Developed nursing treatment and rehabilitative plans for injured Soldiers, which led to shorter recovery times.

Certificates and special Skills

Registered Nurse, Kentucky License No. 1154767
Emergency Medical Technician, US Army, License No. E3138248
Basic life support, issued on Jan-2021.

Clinical Experiences

Alaska regional hospital

Worked with nurses in a Medsurg/telemetry floor performing the following duties; insert a Foley, administer medicine, Insert IV, PICC line dressing changes, Trach care, chest tube care, Tube feedings, wound dressing, read telemetry strips, coordinate rapid response team and be a member of a code.

Alaska Native Medical Center/ Alaska Providence Hospital

Worked with nurses on the medical-surgical floor to provide care to patients. For example, Trach care, chest tube care, Tube feedings, wound dressing, read telemetry strips and coordinate rapid response team and be a member of a code. Received kudos from a cardiologist for monitoring a patient and notifying them of a declining status. Received kudos from family members on several occasions for explicit patient care. Member of admission nurse in the workplace and Neonatal Intensive Care Unit Level II.

Professional Associations

American Nurses Association – 2014 to Present
National Registry Emergency Medical Technicians- 2014 to present

University honors

- Capital One Academic All-America Team As selected by College Sports Information Directors of AMERICA
- 5 TIMES NCAA All American 2008-2013
Scholar athlete of the year 2008, 2009, and 2013 with the University of Alaska Anchorage

Volunteer

Participated in Fort Knox installation Flu campaign Drive; administered flu shots to over 3000 active duty Soldiers and family members.