**Elizabeth C. Houck**

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**EDUCATION**

**Bachelor of Science in Nursing,** University of Missouri, St. Louis, MO May 2013

**Master of Science Human Nutrition & Functional Medicine, UWS.**  Currently Enrolled

**CERTIFICATION**

Registered Nurse in the State of Missouri June 19, 2013 - Current

Critical Care Registered Nurse November 1, 2017 - Current

**WORK EXPERIENCE**

**Registered Nurse Case Manager,** St. Croix Hospice. July 2022 – Current

* Provide home and facility based comfort care to patients and their families
* Manage a case load of 25-30 hospice patients.
* Direct Management of LPN

**Critical Care Nurse Manager (Team Leader),** St. Joseph’s St. Charles, MOJuly 2021 – July 2022

* Manage/Balance Schedules for 2-Critical Care Units
* Ensure critical care nurses are current with all skills/education
* Manage all patient/family complaints and report as appropriate
* Coordinate with the CNO to accomplish facility and patient-centered goals
* Audit nursing documentation to ensure exceptional quality of care is delivered
* Code Blue/Rapid Response Committee Chair
* Morbidity & Mortality Committee Member
* Lead 2 critical care units to substantially decrease their line utilization days
* Provide emotional and business-related support to two critical care units

**Clinical Support Nurse (CSN),** SSM St. Joseph’s Hospital, St. Charles, MO Jan 2020 – Jul 2021

* Serve as permanent charge to a 14 – bed Critical Care unit, as well 14 – bed Intermediate Care Unit.
* Serving as CSN on our Covid 19 ICU unit.
* Preform as leader of the Code team and lead the Rapid Response team for the entire hospital.
* Participate in auditing processes relating to core measures for the hospital.
* Serve as a resource to the ICU staff as well as staff working on other units in the hospital.
* Manage 6-12 RN working in the Critical Care Unit each day.
* Manage productivity for the Critical-Care unit and make staffing decisions to meet our financial goals.

**Nurse Clinician IV- ICU,** University of Texas Medical Branch, Clear Lake, TX May 2019 – Dec 2019

* Provided high-level care to critically ill patients experiencing myocardial infarction, septic shock, heart failure exacerbation, open heart surgery (CABG, AVR, AAA repair), vascular insufficiency, vascular surgery, stroke, respiratory failure requiring mechanical ventilation.
* Cared for critically ill patients with devices including Impella 2.5, Impella 5.0 Impella RP, Intra Aortic Balloon Pump (IABP) and patients requiring CRRT.
* Frequently assumed charge responsibility for a 14 bed ICU unit; managing patient movement from ED, Cath Lab, OR and Med Surg and managing 10-14 ICU employees during each shift.
* Performed in other specialty roles to include Rapid Response Team Nurse, Code Stroke, STEMI Nurse and Hospital code Nurse, responsible in providing care to the entire hospital.
* Performed as a resource nurse and starting ultrasound guided peripheral IV’s to all units in the hospital.
* Managed mechanically vented patients with multiple drips to include vasopressors and titratable cardiac drips.
* Provided expert level physical assessment skills to critically ill patients and working with an interdisciplinary team to provide evidence based best care to critically ill patients.
* Assessed appropriateness for, and placement of arterial lines.
* Managed PA catheters and hemodynamic monitoring in critically ill patients.

**Nurse Clinician IV– MICU/CCU,** University of Texas Medical Branch, Galveston, TX Jan 2017 – May2019

* Managing pulmonary and cardiac patients in a critical care environment.
* Managing insulin drips, vasopressors, sedation, cardiac drips and post cath patients.
* Rapid Response Nurse for entire hospital
* Serving as Charge RN for 16 bed unit; managing 14-15 employees per shift
* Placing and managing arterial lines; managing PA Catheters and external pacers.
* Managing mechanically ventilated patients

**Registered Nurse – PACU,** Baylor St. Luke’s Medical Center, Houston, TX Aug 2016 – Jan 2017

* Provide recovery care to immediate post-surgical patients in PACU with 60 surgical cases a day average.
* Closely monitor patients recovering from General Anesthesia.
* Closely work with Anesthesia providers to manage acute surgical and chronic pain.
* Closely assess and reassess surgical patients at 15 min intervals and per policy.

**Registered Nurse – CVICU,** Saint Louis University Hospital, St. Louis Jul 2013 – Aug 2016

* Perform comprehensive age-appropriate assessments of newly admitted critical patients from ED, OR, and emergent patients transferred from all floors of the hospital.
* Complete primary assessment and hourly reassessment followed by appropriate documentation on each patient assigned.
* Assess and reassess IV access, administered medications, cardiac monitoring lines, and daily care/safety needs, and strict Intake and output every hour.
* Support patients through titration of sedation and cardiac medications as well as providing ventilator care.
* Assist physicians with safely and efficiently performing invasive procedures to including but not limited to: CVC insertion; bronchoscopy, Swan-Ganz insertion, bedside tracheostomy, emergent intubation, arterial line insertion and bedside endoscopic procedures.
* Transport and continue providing care to assigned patients needing radiological procedures such as CT, MRI, and Interventional Radiological procedures.
* Manage invasive and non-invasive cardiac monitoring.
* Respond to each Code Blue called in the hospital as part of the Code team.
* Collaborate with residents and physicians to enable safe and efficient care is delivered.

**Clinical Care Partner**, SSM St. Joseph’s West, Lake St. Louis, MO Jun 2012 – Feb 2013

* Obtain vital signs for all patients assigned at the correct post-surgical intervals
* Assist patients in utilizing the bathroom
* Collect and empty bedside commode receptacles
* Discontinue IV and Foley catheters as ordered
* Complete daily care in patient medical records
* Obtain and chart accurate intake and output data for all assigned patients
* Assist patients in bathing and other personal daily care practices
* Obtain blood sugar level in assigned patients