

Mahreen Khowaja

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Objective

Dedicated and sensitive registered nurse with extraordinary work with ethics and strong patient service record, Proficient at fostering and sustaining open and productive professional Relationships with physicians, patients, family members and other medical staff and aspires to Secure a challenging position in health care environment which provides opportunities to fully Utilize and improve my knowledge and education in congenial atmosphere.

EDUCATION

Specialization in Midwifree, Patel Institute College of Nursing	Cont.
Diplma General in Nursing , Ziauddin University School of Nursing , Karachi	2019
Intermediate (pre medical),	2018
Secondary School Certificate (Science),	2016

Clinical Experience

Oncology Department	Oncology Department, Aga Khan University Hospital	Registered Nurse	June 2021 To Present
Medical surgical Unit, emergency department , Intensive care , coronary care unit	Habib Medical centre hospital	Registered Nurse	April 2020 - april 2021



Work Experience

Key responsibilities as Registered Nurse

Involve in direct care of the patient requiring general, special, intensive care level.
Disaster management and Blue code management
Administeration of medication and blood products
Adult/ pediatric trauma management
Ambulation, Positioning, performing range of motion exercise and chest physiotherapy ▪
Monitor and ensure food and fluid balance charts are completed accurately and timely
Administer clinical feeding via PEG and NGT routes.
Prepare patients for clinical procedures.
Provide appropriate palliative and terminal care to meet end of life pathway.
Perform complex clinical activities e.g. dressings, removal of stitches, ECG's, venepuncture, cannulation, female catheterization.
Collect and record specimens, e.g. exudates, faeces , sputum and urine.
Assist in the performance of minor and major procedures, i.e. chest tube insertion , central line insertion , art line insertion , lumber puncture etc.
Documentation of patient's care, assessment and significant events

Key responsibilities as Midwife Nurse

Scrub procedure as assigned
Assist circulating nurse with care of the patient while in the room, providing nursing care to all patients during Labour
Assist the surgeon with surgical procedures for instance organizing and inventory of surgical appliances and equipment as well as passing the appliances to the doctor or surgeon in charge when requested.
Assist in maintaining the environment's sterility prior, during and post-surgery for the surgeon's team as well as the patient. assist in sterilizing surgical equipment as well as cleaning the operation room.
Prepares and transports the patient to the Labour room and the recovery room post- surgery.

Certification and liscensure

Advanced Cardiac life support certification from american heart association
Registered nurse Pakistan nursing council
Basic life support certification from american heart association
Medication certificate from Aga khan hospital Karachi.
Councious sedation certified from Aga khan hospital Karachi.
Iv canualation and phelbotomy certification from Aga khan hospital Karachi.
Central line handling certification from Aga khan hospital Karachi.
Certification in managemnt of cardiac emergencies from Aga khan hospital Karachi.
Basic emergency nursing workshop from Aga khan hospital Karachi.



Additional Skills

Microsoft office (Excel, Word, PowerPoint)

Good presentation skills

Good communication skill

Good psychomotor skills pertinent to nursing

