# Chinazom Sandra Egwuatu

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## **Registered Nurse**

Detail-oriented, organized, and multi-faceted professional seeking to use earned skills and knowledge to assist in a nursing role. Leveraging clinical experience in critical care, mental health, medical-surgical, maternity nursing and pediatrics. Reliable, ethical individual with the ability to stay calm and intervene during crises, facilitate groups, and collaborate on multidisciplinary teams with ability to build positive relationships with patients, family members, physicians, and other medical professionals. Proficient in two languages, English and Igbo.

#### **CORE COMPETENCIES**

Foley atheterization | Infection Control | Health & Physical Assessment | Documentation | Central Line & Wound Dressing | IV Administration | Tracheostomy and ventilation care | Stoma care | Critical care | Nasogastric tube insertion | Psychiatric Nursing | Med-Surg Nursing | Therapeutics | Conflict Resolution | Data Management | Care Plan Consulting | Neonatal & Obstetrics | Nursing skills | Quality Improvement | Equipment Handling | Performance Evaluations | Organization & Prioritization | Team Leadership & Collaboration | Attention to Detail | Problem-Solving | Strong Analytical Skills | Excellent Communication Skills | Flexibility and reliability

#### RELEVANT WORK EXPERIENCE

Student Nurse | HCA Hospital, Tomball, TX

Assists the Registered Nurse in care of the critically ill.

- Daily assessment of patients including covid patients.
- Assisting the Registered Nurse to administer medications.
- Round the clock monitoring of patients
- Administration of patient care using the necessary nursing skills

Student Nurse | Aspire Hospital, Conroe, TX

Aug 2021 - Present

Administer daily operations by providing appropriate medical and nursing care to people who have a range of mental health issues.

- Assess patients by discussing their mental health conditions with them and understanding the source of their disorders.
- Effectively conduct one-on-one therapy sessions and risk assessments on patients and monitor their progress with their families.
- Identify, troubleshoot, and work closely with the team as applicable to resolve and address different issues and concerns.
- Develop trusting relationships quickly to help the individual understand their situation and get the best possible outcomes.

Student Nurse | Ben Taub Hospital, Houston, TX

Jun 2021 – Aug 2021

Delivered high-quality, patient-centered care by performing delegated basic patient care services. Primarily assisted the nursing staff under the supervision of a registered nurse (RN) in providing patient care in a clean, well-organized, and safe patient care environment in Medical surgical and obstetrics units.

- Obtained and recorded initial and ongoing patient information throughout the cycle of care, including admissions data, vital signs, height and weight, blood pressure, oxygen saturation, blood sugar levels, intake, and output, as well as calorie counts.
- Efficiently provided assistance to the obstetric unit, delivering health and physical assessment for pregnant patients and newborns.
- Observed, helped, and learned from preceptors during childbirth delivery as well as in executing various clinical procedures and policies, such as foley insertion, blood draw, subcutaneous and intramuscular injection, including medication administration.
- Assisted and administered catheter insertions, IVs starts, in addition to stoma care, glucose testing, hygiene, and wound care.
- Established good relationships with patients and families while evaluating the appropriateness of care plans and nurse orders.

Registered Nurse | Memorial Hermann Memorial City, Houston, TX

Jan 2022 – Present

Delivers high-quality, patient-centered care by performing delegated patient care services to the critically ill. Providing patient care in a clean, well-organized, and safe patient care environment in the Intensive Care Unit.

- Obtained and recorded initial and ongoing patient information throughout the cycle of care, including admissions data, vital signs, height and weight, blood pressure, oxygen saturation, blood sugar levels, intake, and output, as well as calorie counts.
- Intubated patient care, VAP care, Blood transfusion, Drips, etc.
- Round the clock Monitoring of patients
- Medication administration
- procedures, such as foley insertion, blood draw, subcutaneous and intramuscular injection, including medication administration.
- Catheter insertions, IVs starts, in addition to stoma care, glucose testing, hygiene, and wound care.
- Assisted and administered catheter insertions, IVs starts, in addition to stoma care, glucose testing, hygiene, and wound care.
- Established good relationships with patients and families while evaluating the appropriateness of care plans and nurse orders
- Care4 charting system

Aug 2021 – Present

#### Registered Nurse | Nurturing Home Health, Houston, TX

Dec 2021 - Present.

Delivers high-quality, patient-centered care by performing delegated patient care services to patients at home. Providing patient care in a clean, well-organized, and safe patient care environment.

- Assessment and skilled observation.
- Start of care and recertification assessment and documentation
- Patient education.
- Axxess Home Health charting
- procedures, such as foley insertion, blood draw, subcutaneous and intramuscular injection, including medication administration.
- Catheter insertions, IVs starts, in addition to stoma care, glucose testing, hygiene, and wound care.
- Assisted and administered catheter insertions, IVs starts, in addition to stoma care, glucose testing, hygiene, and wound care.
- Established good relationships with patients and families while evaluating the appropriateness of care plans and nurse orders

#### **LEADERSHIPS & COMMUNITY EXTENSION**

Member | UST Student Nurse Association, February 2021 – Present

Volunteer/Facilitator | Loyola Early Childhood Center, Jun 2021 – Jul 2021 | Houston food bank, Sept 2021-present

#### **TRAINING & CERTIFICATIONS**

BLS Certification | Katy, TX, January 2021

ACLS Certification | Houston, TX, June 2022

#### **EDUCATION**

Bachelor of Science in Nursing
University of St. Thomas, Houston, TX | Dec 2021

Bachelor of Science in Chemical Engineering
University of Port Harcourt, Choba Rivers State, Nigeria | May 2015
"Most Reliable Student Award"

### **COMPUTER & TECHNICAL SKILLS**

AutoCAD - Aspen HYSYS - OS - Google Suite - Web Browser - Zoom - Microsoft Office Suite (Excel, Word, PowerPoint)