

Rachel Montoya

Austin, TX 78723

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Registered Nurse - Operating Room

Work Experience

Registered Nurse - Operating Room

Baylor Scott & White Medical Center - Austin, TX

November 2021 to November 2022

- Utilized evidence based, established standards of perioperative practice in the planning and provision of patient care and interventions during orthopedic, urologic, breast, gynecological, laparoscopic, and general surgical procedures.
- Directed patient care and provided assistance to gastroenterologist in the endoscopic suite during colonoscopy, EGD, and ERCP procedures.
- Collected endoscopic and intraoperative specimens ensuring accurate documentation, and timely submission to pathology
- Participated in Unit Practice Council meetings as a nursing representative for the operating room.

Registered Nurse - Operating Room

Ascension Seton Medical Center - Austin, TX

February 2020 to September 2021

- Completion of a one year fellowship in perioperative nursing.
- Developed, implemented, and evaluated individualized plans of care for patients undergoing operative procedures by utilizing the nursing process, holistic patient assessment, and best practice guidelines.
- Collaborated with surgical team in planning and implementing interventions to ensure patient safety and optimal surgical outcomes.
- Specialized training focus in plastics, ENT, ophthalmology, robotics, gynecology, and general surgery service lines.
- Ensured all safety protocols were adhered to, such as conducting a time out, instrument/sharps/sponge counts, and specimen collection.
- Utilized proper protective measures for patient positioning, maintenance of normothermia, surgical site preparation, and safe use of electrosurgical equipment.
- Maintained continuity of care by providing thorough and consistent communication with all members of the patient's health care team, as well as completing accurate and timely documentation.

Registered Nurse - OB High Risk Antepartum Unit

Seton Medical Center - Austin, TX

October 2018 to February 2020

- Implemented and managed nursing care and fetal surveillance for high risk pregnant patients.
- Performed and evaluated fetal non-stress testing and continuous external fetal monitoring.
- Completed hourly assessments, diagnostic monitoring, and care of patients receiving intravenous magnesium sulfate, insulin drips, or blood products.

- Collaborated with interdisciplinary care teams to facilitate continuity of care and determine need for referrals.

Registered Nurse - Postpartum / Antepartum Unit

University Hospital - San Antonio, TX

January 2017 to October 2018

- Completion of 1 year nurse residency program.
- Assessed and monitored uterine fundus, vaginal bleeding, and cesarean surgical incisions to identify, report, and treat postpartum hemorrhage or other postpartum complications.
- Utilized clinical practice guidelines to develop, implement, evaluate, and revise individualized nursing care plans and teaching for postpartum or antepartum patients.
- Assisted patients with breastfeeding and provided comprehensive lactation education as needed.
- Nominated as unit representative for the University Health System Nurse Advisory Committee.

Education

Bachelor of Science in Nursing

University of Texas at Arlington - Arlington, TX

Present

Associate Degree in Nursing

Austin Community College - Austin, TX

May 2016

Skills

- Ophthalmology
- Robotics
- Hospital Experience
- ENT
- Plastic and Reconstructive
- Orthopedic
- Gynecology
- Epic
- Urology
- Laparoscopy
- Endoscopy

Certifications and Licenses

Registered Nurse

December 2020 to December 2024

Texas License # 904018

Basic Life Support Provider (BLS)

June 2021 to June 2023

Advanced Cardiovascular Life Support (ACLS)

September 2021 to September 2023