
MICHAELA ARICO

St Louis, MO 63146 | 9088949221 | michaela.arico96@gmail.com

Summary

Organized and knowledgeable Critical Care Nurse experienced in treating and caring for patients. Successful in providing fast and accurate assessments and working calmly under pressure. Recognized for collaborating well with doctors to maintain top-notch healthcare practices.

Skills

- Charting and Clinical Documentation
 - Medication Administration and Titration
 - Endotracheal Intubations
 - Patient Condition Monitoring and Critical Thinking
 - Impella, CRRT, IABP, ECMO, Mechanical Ventilation
 - Central Line insertion
 - ACLS/BLS and NIHSS Certification
 - Venous and Arterial Lab Draws and Lab Trending
 - Critical Thinking
 - Healthcare Team Collaboration
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Experience

Registered Nurse, ICU, Travel **02/2022 to Current**
Aya Healthcare **St Louis, MO**

- Assessed patient needs, prioritized treatment, maintained patient flows and assisted physicians with non-invasive and invasive procedures.
- Advocated for patients by supporting and respecting basic rights, values and beliefs.
- Collected lab specimens, ordering and interpreting diagnostic tests and lab results.
- Titrated medication to maintain hemodynamic stability and vital organ perfusion and made ventilator and CRRT setting changes in response to lab trends

Registered Nurse, ICU **05/2020 to Current**
St Luke's Hospital **Chesterfield, MO**

- Give compassionate care to critical patients suffering from debilitating conditions and recovering from surgical procedures
- Provided patient and family health education focusing on self-management, prevention and wellness.
- Evaluated patients, recognized and addressed complications and coordinated treatment with other members of critical care team.
- Managed devices such as IABP, VA/V ECMO, Impella, CRRT, and ventilators, as well as, recovered post-cardiothoracic surgical patients

Patient Care Technician **12/2019 to 05/2020**
St Luke's Hospital **Chesterfield, MO**

- Obtained patient vital signs and reported results to staff nurse or physician to identify changes from prior measurements.
 - Delivered outstanding patient care based on physical, psychological, educational and related criteria.
 - Supported healthy patient skin with bedside baths, wound care and integrity checks.
 - Assisted with patient admissions, discharges and transfers.
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Education and Training

Bachelor of Science: Nursing **04/2020**
Goldfarb School of Nursing At Barnes-Jewish College **St Louis, MO**

- Graduated cum laude

Bachelor of Arts: Psychology, Education **05/2018**

- Graduated cum laude

Certifications

- ACLS and BLS Certification through AHA
- NIHSS