

## **Catherine A. Prato, PhD, MBA, MSN, RN**

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### **EDUCATION**

Executive MBA December 2020

PhD Nursing December 2009

Master of Science in Nursing May 2007

Nurse Practitioner

Master of Science in Nursing May 2007

Nursing Education tracks

Bachelor of Science, Nursing December 2002

University of Nevada Las Vegas

Bachelor of Arts, Psychology May 2001

University of Nevada Las Vegas

### **WORK EXPERIENCE**

#### March 2021-Present: Zion Pass LLC Owner

- Create an IOP/PHP/MAT/PCP/Therapy clinic for the Las Vegas Nevada Substance Use Disorder patient population.

#### March 2021-Present: Consultant for Aspen University

- Collaborate with Aspen University Administration to develop a BSN program in Las Vegas Nevada.
- Provide the Board of Nursing with an application for the BSN program.

#### February 2021-Present: Consultant for Vance Johnson Recovery Center

- Develop nursing policies and procedures.
- Develop the nursing staff training and support pipeline.

- Develop the Recovery Support Technician Team
- Market Vance Johnson to acute care facilities
- Develop partnerships with community partners.

March 2020-Present: Crossroads of Southern Nevada Inpatient Detox:

- House Supervisor position to oversee nurses, technicians, and other staff throughout the day.
- Communicate necessary information to administration in a timely manner.
- Ensure patients are discharged with appropriate medication prescriptions, education, and follow-up appointments scheduled.
- Assess patients throughout their detox process.
- Communicate effectively with the MD on change of status with patients.
- Community liaison between CRSN and acute care facilities referring patients for detox.

June 2019 to Present: Consultant for RRG

- Educating Las Vegas Police, Fire Department, Ambulance companies, Coroner's office, and hospital leadership about the new tracking system to be used during a mass causality incident,

February 2019-Present: Corporate Director of Nursing Education Mikhail Corporation

- Oversee the Associate Applied Science nursing program offered at Las Vegas College
- Developed an online RN to BSN program
- Developed a Licensed Vocational Nursing program in Las Vegas Nevada, and San Antonio, Texas
- Developed CNA program

February 2019-Present: University of Nevada. Las Vegas Nursing Letter of Appointment employee

- Developed and authored the Genetics and Genomics course through the WINN Grant
- Collaborating with the Dean and Program Director to strategize the offerings of the grant courses throughout Nevada

2016-Present: Mobile Psychiatric Assessor Spring Mountain Treatment Center (Per diem; a few weekends a year)

- Conduct mental health assessments on patients in the emergency rooms on Legal 2000s (legal holds)

- Collaborate with the providers to determine level of care needed for each individual patient

2015-2019: Director of Nursing Education Nevada State Board of Nursing

- Regulate all Nursing and Certified Nursing Assistant Programs in Nevada
- Provide education to all Nevada stakeholders
- Editor for the Nevada State Board of Nursing Magazine
- Chair for the Certified Nursing Assistant Committee
- Chair for the Education Advisory Committee
- Monitor the ServEd Link software
- Provide CEU opportunities for nurses and Certified Nursing Assistant Programs in Nevada
- Conduct site surveys of all Nursing and Certified Nursing assistant Programs
- Member of the National Council of State Boards of Nursing NCLEX Review Committee
- Host Headmaster Workshops throughout the state of Nevada yearly

2012-Present: Contributing faculty for Walden University.

- Online contributing faculty: Evidence Based Practice/Research
- Online contributing faculty: Health Policy
- Online contributing faculty: Health Assessment

2013 Consultant: Developed Psychiatric Nurse Practitioner Program for University in North Carolina

2013 Consultant: Developed curriculum for publishing company: Legal and Ethical Nursing and Transitioning to Practice curriculum

2011-2016: Part Time Faculty for Nevada State College. Lecture/Clinical for Community and Mental Health.

- Clinical instructor at Rawson Neal Psychiatric facility
- Lecturer for Community Health Nursing
- Clinical Instructor for Community Health Nursing
- Developed Community Health Nursing curriculum for BSN program
- Clinical instructor for the final Medical Surgical clinical practicum for BSN students

- Online Community Nursing professor for RN-BSN program
- Lecturer for Nursing 100: Introduction to Nursing

2009-2016: National University; Assistant Professor. Areas of expertise include Assessment, Community Health, Mental Health and Health Policy.

- Assistant Professor. Areas of expertise include Community Health, Mental Health and Health Policy. Clinical experience includes: Assessment, Medical Surgical, Hospice, Home Health, in-patient and out-patient Psychiatric settings.
- Department Lead Coordinator for Psychosocial Nursing
- Health Assessment: Lead didactic of the Health Assessment course. In this course head to toe assessment techniques are taught and evaluated
- Medical Surgical: Oversee students in the Medical Surgical units in Las Vegas/Henderson Hospitals. Areas of instruction related to health assessment, priority of care, and management of nursing care while interacting appropriately with the healthcare team.
- Oversee students in the in-patient and out-patient hospice settings. Areas of instruction related to assessment (family and patient), planning care, and communication with interdisciplinary teams.
- Psychosocial Nursing Lecturer and Clinical Professor
- Community Health Lecturer for the Department Public Health
- Developed curriculum and taught Psychology Epidemiology for the Department of Public Health
- Chair of the University Spring Symposium 2012
- Chair of the Department of Nursing Hiring Committee
- Chair of the Student Experience Committee
- Member of the Undergraduate Council
- Representative on the University Senate
- Member of the MSN working committee; worked to develop the FNP program and handbook

- Developed the FNP Health Policy Course curriculum

2006-2009: Graduate Assistant for the University of Nevada, Las Vegas School of Nursing. Taught Medical-Surgical and Psychiatric didactic courses; conducted Psychiatric and Community Nursing clinicals.

- Conducted data analysis for faculty
- Assisted on research projects; gathering data, evaluating data, presenting at conferences
- Clinical and lecturer for Psychiatric Nursing classes
- Clinical and lecturer for Community Nursing classes

2005-2007: Nurse Practitioner Preceptorships completed under the supervision of Dr. Kami Larsen, MD (Pediatrics); Kathleen Menasche (Nurse Midwife); and Dr. Thomas Quam, MD (Family Practice).

- Pediatrics (2005-2007): Assessment, diagnosis, evaluation, and follow up of pediatric patients
- Midwifery (2005-2007): Assessment, diagnosis, and evaluation of pregnant patients; delivered babies, planned follow up care
- Family Practice: (2005-2007): Assessment, diagnosis, and evaluation of adults

2005-Present: 24 Hour Mobile Assessment Team member, Spring Mountain Treatment Center (SMTC).

- On call 24/7. Responded to emergency room calls requiring psychiatric assessments of patients. Assessment and evaluation of patients. Referred to outpatient follow up, or admitted to the inpatient unit for care

2005- 2007: Floor Nurse, Spring Mountain Treatment Center (SMTC).

- Assessed psychiatric patients
- Collaborated with the interdisciplinary team to develop plans of care.
- Educated patients about their plans of care, treatment goals, and follow up

2005- 2009: Research Assistant to Dr. Yucha, UNLV Professor and Dean of the School of Nursing, for research projects.

- Prepared and implemented research projects

- Analyzed data
- Presented research findings at conferences

August 2004 through December 2004: Laboratory Assistant UNLV School of Nursing

- Responsible for setting up the clinical laboratory supplies for students
- Ensured clinical equipment was in working order
- Organize and assist during simulations
- Assisted faculty in demonstrating clinical assessments
- Assisted with grading of clinical students during their pass-offs
- Assisted in the classroom as a Teaching Assistant

2003-2006: Charge Nurse at the North Las Vegas Detention Center (NLVDC).

- Assessed and evaluated all inmates with physical/psychological complaints
- Referred to MD when appropriate
- Worked from protocols when appropriate
- Scheduled out-patient appointments
- Collaborated with the Detention center administration to transport inmates in and out of the facility
- Worked one on one with the physician during sick call (follow up on orders, order labs, order X-rays, schedule appointments)
- Conducted well checks on all inmates throughout the month

March 2003-August 2003: Booking Nurse at the North Las Vegas Detention Center

December 2002-December 2003: Floor Nurse at Fundamental Long Term Care Facility (LTC).

- Performed head to toe assessments on patients

- Prioritized care for patients based upon assessment findings
- Developed plans of care for patients based upon assessment findings
- Collaborated with physicians based upon assessment findings
- Responded to emergency life-threatening situations
- Initiated life saving measures
- Reported to hospitals/doctors/facilities about patient conditions
- Collaborated with the MD to determine plan of care for acute and chronically ill patients

## **CERTIFICATIONS**

2014: Certified Nurse Educator

## **JOURNAL PEER REVIEWER**

Journal of Biological Research for Nursing

## **ASSOCIATION ARTICLES**

Editor for the Nevada State Board of Nursing quarterly magazine  
Publish articles for the RNformation for the Nevada Nurses Association

## **PUBLICATIONS**

Editor for the Nevada State Board of Nursing quarterly magazine that is published and sent to all licensed nurses and CNAs in Nevada

Mazurenko, O., Bock, S. Prato, C. (2015). Considering shared power and responsibility: Diabetic patients' experience with the PCMH care model. *Patient Experience Journal*.

Chung, C. & Prato, C. (2014). The importance of increasing health literacy content in nursing education. *American Research Journals*.

Catherine A. Prato and Carolyn B. Yucha (2013) Biofeedback-Assisted Relaxation Training to Decrease Test Anxiety in Nursing Students. *Nursing Education Perspectives*: April 2013, Vol. 34, No. 2, pp. 76-81.

doi: <http://dx.doi.org/10.5480/1536-5026-34.2.76>

Yucha, C. B., Bernhard, B., & Prato, C. A. (2007). Physiological Effects of Gambling in Women. *Applied Psychophysiology and Biofeedback*.

## **ORAL PRESENTATIONS**

2015-Present: Monthly facility presentations related to the role of the Nevada State Board of Nursing.

2015-Present: Monthly facility presentation related to the role of documentation.

2015-Present: Monthly licensure and certification presentations for senior nursing students in Nevada.

Prato, C., Chung, C., Carver, L., & Powers, J. (2014). Identifying Clinical Behaviors For Designing Clinical Evaluation Tools. National University Fall Assembly. San Diego, California.

Prato, C. Kelly, A. (2012). Hearing Voices Simulation; Empathy and Stigma. National University Fall Assembly. San Diego, California.

Prato, C. (2010, September). Biofeedback Relaxation Training to Decrease Test Anxiety in Nursing Students. Fall Symposium, San Diego, California.

Yucha, C.B., Bernhard, B., Prato, C. (2006, April). Physiological Effects of gambling in Women. Western Institute of Nursing Research, 39<sup>th</sup> annual conference, Albuquerque, NM.

Nevada State Board of Nursing Licensure and Certifications presentations to senior nursing and CNA students 15 times a year.

## **POSTER PRESENTATIONS**

Chung, C. & Prato, C. (2016). Integrating QSEN competencies throughout Nursing Curricula. Nurse Educator Conference 2016. Alaska.

Chung, C. & Prato, C. (2015). Nursing Academia and the Community-Centered Health Home. National League of Nurses 2015 Conference.

Prato, C., Chung, C., Carver, L. (2012). Team-based Learning in the Nursing Classroom. National University Fall Assembly, San Diego, CA.

Chung, C., Prato, C. (2012). Assessing SBAR Communication Teaching in an undergraduate Nursing Program. National University Fall Assembly, San Diego, CA.



Yucha, C.B., Bernhard, B., Prato, C. (2007, April). Physiological Effects of Gambling in Women. UNLV School of Nursing Scholarship Day, Las Vegas, NV.

Yucha, C.B., Prato, C.A. (2009) Biofeedback Assisted relaxation Training Program to Decrease Test Anxiety in Nursing Students. Western Institute of Nursing Research, 42<sup>nd</sup> annual conference, Salt Lake City, Utah.

Yucha, C.B., Prato, C.A. (2009) Biofeedback Assisted relaxation Training Program to Decrease Test Anxiety in Nursing Students. UNLV School of Nursing Scholarship Day, Las Vegas, NV.

### **SCHOLARSHIPS/GRANTS/AWARDS RECEIVED**

*Fall 2009: Sierra Health Service Scholarship*

*Fall 2009: Harry and Rebecca Lahr Foundation Scholarship*

*Fall 2008: Sierra Health Service Scholarship*

*Fall 2008: Harry and Rebecca Lahr Foundation Scholarship*

*Spring 2007 Recipient of the Nevada Stars Graduate Assistantship program for Fall 2007*

*Spring 2007: Elected by President Ashley of UNLV as a "Distinguished Graduate"*

*Fall 2006: Sierra Health Services Scholarship*

*Spring 2006: Advanced Education Nursing Traineeship Grant*

*Fall 2005: Harry and Rebecca Lahr Foundation Scholarship*

*December 2002: Presented with the Distinguished Graduate Award from the nursing faculty members at UNLV.*

### **MEMBERSHIP IN ORGANIZATIONS**

*Board of Trustee Vice-Chair HOSA Present*

*Boar of Trustee member 2016-2019*

*Chair of the Nevada Nurses Association Continuing Education for Southern Nevada, 2014-Present*

*Chair of the Nevada Nurses Association Nominating Committee 2014-Present*

*Member of the Nevada Nurses Association Legislative Committee 2014-Present*

*Member of the Nevada Nurses Association Nominating Committee, 2014-Present*

*Member and Director of Nevada Healthcare Forum 2012-Present*

*Member of Phi Kappa Phi Honor Society 2007-Present*

*Member of Sigma Theta Tau International Nursing Honor Society 2006-Present*

*Member of the American Nurses Association 2002-Present*

*Member of the Nevada Nurses Association 2002-Present*

*President of the Student Nurses Association at UNLV Nursing School 2000-2002*