

Kiara Friday

Registered Nurse

Newport News, VA

kiarafriday12@gmail.com

+1 757 798 0288

To provide safe and high quality care to all while maintaining a high level of professionalism and work ethic.

Authorized to work in the US for any employer

Work Experience

Registered Nurse

Bon Secour Mary Immaculate - Newport News, VA

January 2022 to Present

The PACU Registered Nurse (RN) position is responsible for delivering exceptional nursing care to patients.

Responsibilities include:

- Collaborate with the interdisciplinary care team
- Conduct initial and ongoing patient assessment
- Responsible for managing the nursing care of the patient within the OR and coordinating the needs of the surgical team with other care providers
- Provides pre-op, intra-op, and post-op care, including assessment and discharge instructions
- Determining the priority of the patient's problems and needs
- Implementing clinical nursing interventions to acute, critical patients that require intensive medical care

Registered Nurse

Pyramid Healthcare - Newport News, VA

May 2021 to Present

Providing direct nursing services to clients in adult substance-use residential and detox treatment using a multidisciplinary approach.

Responsibilities include:

- Complete initial Nursing Assessment with new admissions
- Knowledge and delivery of detox protocols
- Complete COWS and CIWA scales with appropriate clients per protocol
- Provide medication education to clients
- Coordinate and support medical providers with initial assessments and medication management

Registered Nurse

Riverside Hampton Surgery Center - Hampton, VA

August 2020 to May 2021

Integrated clinical, theory, and laboratory orientation to the role of the many roles of the perioperative nurse in the acute and ambulatory surgical setting to include roles as the circulating nurse in the operating room as well as pre & post-surgery and the post anesthesia recovery unit

Responsibilities include:

- Works under the supervision of the Nurse manager and the Director and is responsible for the assessment, planning, implementing, and evaluating the total nursing care of assigned patients
- Utilizes communication critical thinking problem solving and decision making to create a care plan for each patient based on physiological psychosocial and cultural diversity
- Supervising and delegating non-professional personnel working directly with him/her to ensure optimum patient care
- Demonstrate competence in dealing with age related needs of the specific patient populations served in the Perioperative Services units/departments
- Work under the direction of leadership and a multi-disciplinary team to provide a comprehensive range of services or clinical care associated with and in accordance with standards of excellence established by Riverside Health system and facility goals and strategic plans.

Licensed Practical Nurse

Naval Medical Center Portsmouth

January 2018 to May 2020

Ensures patient care is carried out in accordance with the Standards of Nursing Care and the policies and procedures of the clinic and United States Navy.

Responsibilities include:

- Facilitating clinic flow while recognizing changing needs and prioritizing assignments
- Accurately recognizing, reporting, and recording relevant patient information
- Identifying changes in patient condition and deviations from the normal and responding to patients' needs, instituting emergency measures when indicated
- Maintaining a safe, clean, and therapeutic environment for patients and co workers
- Building templates and clinic schedules, assisting with groups

Licensed Practical Nurse

Affinity Healthcare - Newport News, VA

July 2016 to January 2018

Supervises and coordinates clinical functions and activities of clinical services of patients receiving Methadone and Maintenance Treatment.

Responsibilities include:

- Accurately administering medication to patients daily
- Patient education
- Administering vaccinations and TB tests as ordered by physician
- Blood Draws
- Administering Urinalysis Drug Screens, Oral Drug Screens, and Breathalyzers
- Ordering medication and pharmacy supplies
- Communicating with MD regarding abnormal patient behavior, receiving and documenting orders
- Observing and documenting patient progress in electronic charting system
- Ensuring patient and staff safety at all times
- Coordinating with counselors to provide psychotherapy and resources for mental health services
- Maintaining a knowledge and understanding of human behavior, patient motivations and reactions to situations while working effectively with patients, family members, and other staff.

Education

Associates Degree in Nursing in Nursing

ECPI University- School of Health Science, Medical Careers Institute - Newport News, VA

August 2018 to March 2020

Lincense Practical Nurse in Nursing

ECPI University-Medical Careers Institute - Newport News, VA

March 2014 to July 2016

Nursing Licenses

RN

Expires: December 2023

State: VA

PN

Expires: 2021

State: VA

Skills

- Patient Centered Care
- Teamwork and Collaboration
- Professionalism
- Leadership
- Customer Service
- Critical Thinking
- Communication
- Safety
- Quality Improvement
- Systems Based Practice
- Informatics and Technology
- Time Management
- Hospital Experience
- Nursing
- Vital Signs
- EMR Systems
- Medication Administration
- Critical care experience (1 year)

Certifications and Licenses

BLS Certification

ACLS Certification

PALS