# Chelsea Sutherland

#### **Licensed Practical Nurse**

Johnson City, TN 37604 chelseaamacdonald@yahoo.com +1 423 755 3150

to obtain a position that utilizes my knowledge and skills as an RN

Authorized to work in the US for any employer

## Work Experience

## **RN Supervisor/Charge Nurse**

Signature FLEXpath - Johnson City, TN August 2022 to Present

- · Patient teaching; admission/discharge
- Admissions
- Charge nurse
- Floor nursing
- Patient care

#### **Licensed Practical Nurse**

Signature HealthCARE LLC - Johnson City, TN May 2021 to Present

- Charge nurse
- Assisting with ADLs
- Educates patients and families regarding medications and treatment.
- Supports positive self-care activities for patients
- Administers subcutaneous and intramuscular injections
- Administered Medication per patient MAR/ MD orders
- Documentation on care provided, New orders, change of conditions
- Obtains Blood specimens from peripheral sites per facility policy
- Administers IV medication via mid lines and PICC sites per facility policy
- Performs other duties as assigned.

#### **Licensed Practical Nurse**

Brookdale Senior Living - Kingsport, TN March 2019 to May 2021

- Assisting with ADLs
- Educates patients and families regarding medications and treatment.
- Supports positive self-care activities for patients
- Administers subcutaneous and intramuscular injections
- Administered Medication per patient MAR/ MD orders
- · Documentation on care provided, New orders, change of conditions
- Performs other duties as assigned.
- Collaborating with NP/MD regarding resident needs.

### **Licensed Practical Nurse**

Bradley HealthCare and Rehabilitation Center - Cleveland, TN August 2017 to March 2019

- Assisting with ADLs
- Educates patients and families regarding medications and treatment.
- Supports positive self-care activities for patients
- Administers subcutaneous and intramuscular injections
- Administered Medication per patient MAR/ MD orders
- Documentation on care provided, New orders, change of conditions
- Obtains Blood specimens from peripheral sites per facility policy
- · Administers IV medication via mid lines and PICC sites per facility policy
- Performs other duties as assigned.

### **Resident Assistant**

Brookdale Cleveland Assisted Living - Cleveland, TN June 2014 to December 2017

- Assisting with ADLs- showers, hygiene care, toileting, etc.
- Housekeeping
- Dining room assistance
- · Charting on care provided
- Responsible for ensuring safety of residents in community
- Communicating with management regarding resident's care/needs

#### **Cashier**

Krystal's - Cleveland, TN February 2011 to 2014

- Assisting make line of companies products to distribute
- · Communicating with customers
- Responsible for counting inventory/tills at the end of each shift
- Responsible for completing all tasks/cleaning before the end of each shift

## Education

## **Currently attending in Nursing**

Northeast Community College - Kingsport, TN May 2021 to Present

**Bradley Central High School** 

## **Nursing Licenses**

#### PN

Expires: December 2021

State: TN

#### RN

Expires: December 2024

State: TN

#### Skills

- Staff Nurse
- LPN
- Medication Administration
- Experience Administering Injections
- Infection Control Training
- EMR Systems
- Tube Feeding
- Patient Care
- Basic IV
- Specimen collection / processing
- · Patient monitoring
- Critical care experience
- Vital signs
- Epic
- · Laboratory experience
- Nurse Management
- Supervising Experience

## Certifications and Licenses

#### LPN

### **CPR Certification**

#### **First Aid Certification**

### **BLS Certification**

### Assessments

# Nursing Skills: Clinical Judgment — Highly Proficient

January 2019

Measures a candidate's ability to assess a patient's condition and implement the appropriate medical intervention.

Full results: Highly Proficient

## Patient-focused care — Expert

September 2020

Addressing concerns and using sensitivity when responding to needs and feelings of patients

Full results: Expert

## Work style: Reliability — Completed

September 2020

Tendency to be dependable and come to work

Full results: Completed

## Electronic health records: Best practices — Highly Proficient

December 2020

Knowledge of EHR data, associated privacy regulations, and best practices for EHR use

Full results: Highly Proficient

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.

## Additional Information

Strong proficiency in documentation, monitoring vital signs medication administration, performing nursing skills, and infection control Time management and organizational skills

Strong communication skills