# Vesta Maria Holden, RN BSN 34131 Kirkman Rd., Dade City, FL 33523

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#### SKILLS SUMMARY

Dedicated professional registered nurse with 25 years nursing experience including department management and regulatory compliance. Strong background in education with knowledge of clinical standards of care, preventative health measures, HEDIS and NCQA requirements.

## **EXPERIENCE**

Modere January 2019 - Present

Independent Sales Consultant

## Humana At Home/Humana Corporate

September 2009 – December 2018

Telephonic Care Manager /Quality Assurance Professional

Perform physical, psychological and environmental assessments with purpose of providing appropriate and timely interventions to ensure optimal care. Provide disease management and education with coordination of community services as appropriate. Work collaboratively with Humana At Home interdisciplinary team to include Humana At Home Managers-Social Services, Field Care Managers, pharmacists and physicians.

Perform chart review/auditing for HEDIS, NCQA and STARS measures requirements.

## **Community Health Solutions of America**

April 2007 – September 2009

Nurse Case Manager

Perform physical, psychological and environmental assessments, disease education and care coordination to ensure provision of optimal care. Work collaboratively with community services, pharmacists and physicians.

## **Suncoast Internal Medicine Consultants**

July 2005 - April 2007

Infusion Nurse, Chemotherapy Department

Perform all aspects of patient care for oncology, hematology and rheumatology patients including education, assessment, IV access, mixing and administering infusions. Perform department management including ordering supplies/medications and price negotiations.

#### **Suncoast Internal Medicine Consultants**

June 1999 – October 2002

IV Nurse, Cardiovascular Department

Perform dobutamine stress and contrast echocardiograms, establish and maintain quality assurance program.

#### **EDUCATION**

Bachelors in Science of Nursing, Indiana University 1993

### **LICENSES**

Florida RN License, License RN3239032 Multi state compact license