

Gloria Contreras

Registered Nurse

Felton, CA 95018

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Willing to relocate to: Browns Valley, CA - -

Authorized to work in the US for any employer

Work Experience

Registered Nurse

Wellpath - Santa Cruz, CA

February 2022 to Present

- Ensures inmate access to health care staff and services.
- Performs medical intake screening for new admissions.
- Administer routine and PRN medications according to the nursing standards of care.
- Monitor and treat patients who have a co-occurring substance use/psychiatric illness
- Collects inmate blood and urine samples as necessary

Assistant Director of Nursing

NeuroRestorative - Watsonville, CA

October 2021 to January 2022

- Supervising all nursing staff
- Overseeing department budgets
- Reporting to higher management in the healthcare facilities
- Maintaining high standards of care for all patients
- Managing patients' data and medical records as confidential records
- Communicating with doctors, patients and family members about patient health
- Recruiting, training and onboarding new nursing staff
- Providing ongoing education classes
- Implementing new procedures and training Nurses on policies

Detox Nurse

Elevate Addiction Services - Watsonville, CA

June 2020 to March 2021

Performed routine checks on our clients, including taking and recording vitals. Also, working with the Health & Wellness Director, The Medical Director, Nursing Staff to ensure that all clients' health needs were met.

Compliance with the 6 points of IMS Services:

- Obtaining medical histories.
- Monitoring health status to determine whether the health status warrants transfer of the patient in order to receive urgent or emergency care.

- Testing associated with detoxification from alcohol or drugs.
- Providing alcoholism or drug abuse recovery or treatment services.
- Administering medications.
- Carried out MD orders related to substance abuse disorders, including detoxification.

Performed other related duties as assigned.

Private Home Health Nurse

In Home Support Services (IHSS) - Ben Lomond, CA
May 2019 to March 2020

Care of disabled patient with cerebral palsy with associated spastic quadriplegia and seizure disorder. Duties included: lift-assisted transfers, diapering, management of gastrostomy tube feedings, bathing and other personal care tasks, giving medications, administration of CPT using Hill-Rom Vest system, seizure care, range of motion exercises, assistance during outings and medical appointments.

Laser technician RN

Plush Derma Laser Center - Huntington Park, CA
January 2014 to April 2018

- Identify patients' aesthetic needs, focus on their needs and develop a sufficient short term and long term treatment plan
- Nurture a compassionate environment by providing psychological support
- Resolve or report on patients' needs or problems
- Prepare patients for treatments and perform routine medical history updates (sun exposure, antibiotic usage etc.)
- Monitor and record patient's condition and document provided aesthetic services
- Treat conditions/concerns appropriately
- Use of state of the art aesthetics devices including, but not limited to: lasers, body contouring devices, tattoo removal etc.
- Follow care regulations and standards as developed by medical director
- Work within and cooperate with a multidisciplinary team

ER Nurse

Long Beach Memorial Medical Center - Long Beach, CA
2007 to 2012

- Responsible for maintaining care standards in the emergency room.
- Able to assess patients quickly, prioritize, and assist in minor procedures.
- Manage patient check-in process, performance of triage work for doctors, and assisting with initial insurance paperwork.
- Communicate with doctors and patients to keep everyone updated on test results and treatment recommendations.
- Collaborate with laboratory personnel and report lab findings back to ER doctors.
- Assist in the care of traumas, cardiac arrests, strokes, sexual assaults and conscious sedations.
- Demonstration of sound decision-making in emergency scenarios based on patient conditions such as vital signs, patient presentation, and assessments.

- Provide RN care for all ER patients, as well as handling of intubations, defibrillations, auto transfusions, Medlock insertions, splinting, and more.

Home Health Nurse

Long Beach Memorial - Long Beach, CA

January 2004 to January 2007

- involvement and patient advocacy.
- Provide ongoing assessment of the patient and the patient's equipment needs.
- Initiates preventative and rehabilitative nursing procedure (Home Health).
- Initiates timely discharges based on goals.
- Educates and instructs the patient, patient's family or other staff as required.
- Counsels the patient and family in meeting nursing and related needs.
- Provides nursing care through all phases of care taking into consideration age and developmental needs.
- Documents all care, interventions and care coordination per law, regulation and agency policy.
- Notify the patients attending MD and responsible staff of significant changes in the patients condition in a timely manner.

Procurement Transplant Coordinator

OneLegacy - Los Angeles, CA

2001 to 2004

- Provide primary medical care to authorized organ donors in hospital Intensive Care Units. • The care consists of managing hemodynamics and pulmonary function to secure perfusion and oxygenation to the lifesaving organs for transplant.
- Responsible for all aspects of organ procurement from the initial hospital referral through the organ recovery procedure.
- The clinical element of the position is to provide medical donor patient care, with an emphasis on assessment, resuscitation, physiologic management, organ placement and organ recovery of all suitable organs.
- Assists in modifying the treatment regimen to meet the assessed needs of the donor and the psychosocial needs of the family in accordance with established medical practices and the requirements, policies and goals of OneLegacy.
- Shared responsibility for hospital development in assigned hospitals and conducting professional and public education presentations on the subject of organ and tissue donation.

ER Trauma Nurse

Harbor UCLA - Torrance, CA

2000 to 2001

- Triage patients or work with triage nurses to help focus on the most critical patients first
- Recognize the signs of deterioration in unstable patients
- Give first aid, CPR, or other emergency medical care as needed
- Give emergency medications
- Give IV fluids or blood
- Perform wound care
- Work directly with physicians to give updates on medical condition, wounds, injuries, etc.
- Work with patients and their families to give reassurance and explanations
- Provide resources to patients who have gone through a traumatic injury or event
- Report cases of abuse or neglect to protective services organizations

- Work with law enforcement if criminal activity is involved
- Maintain proper documentation of the care of patients
- Work calmly and carefully while dealing with life-threatening injuries
- Make quick decisions to be able to help patients
- Juggle many different tasks and cases at once
- Follow instructions carefully during chaos

Education

Assoc. Degree of Nursing in Nursing

Excelsior College - Albany, NY

January 1997 to June 1999

Licensed Vocational Nursing Diploma in Nursing

Santa Ana, CA

April 1992 to May 1993

Nursing Licenses

RN

Expires: January 2023

State: CA

Languages

- English - Expert

Certifications and Licenses

BLS provider American Heart Association

October 2021 to October 2023

CPR Certification

Registered Nurse (RN)

December 1999 to January 2023

LVN

May 1993 to December 1999

LVN experience:

1993-1994 Veterans Administration Hospital in West Los Angeles ~ Medical-Surgical floor.

1994-1997 Long Beach Memorial Hospital~ Post-Partum Unit.

1997-1999 Long Beach Memorial Hospital~ Intermediate Cardiac Care Unit