



# **BLAINE BELARMINO GONZALES**

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Almasif, Riyadh, Saudi Arabia

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## **WORK EXPERIENCE**

### **STAFF NURSE**

Dr. Mohamamad Alfagih Hospital  
King Abdullah bin Abdulaziz Rd, Al-Khaleej

**May 24 2022 up to present**

### **STAFF NURSE**

Jockey Club of Saudi Arabia  
Janadriyah, Riyadh, KSA

**October 10 2021 up to April 7 2022**

### **STAFF NURSE (OUTPATIENT)**

Specialized Experts Center  
Northern Ring Brnch Rd, Riyadh, K.S.A

**Feb 13 2021 Up to October 12 2021**

### **OR STAFF NURSE**

Specialized Medical Center Hospital  
King Fahad Road, Olaya, Riyadh, K.S.A

**February 2015 Up to February 2020**

### **OR / DR STAFF NURSE**

CAPIZ DOCTORS HOSPITAL  
Capiz, Roxas city, Philippines

**2011 to 2014**

## **JOB DESCRIPTION:**

Promotes and restores patient's health by completing the nursing process: collaborating with

multidisciplinary team members providing physical and psychological support to patients and families. Responsible for ensuring continuity of care of the patient between shifts by providing direct and indirect care as well as supervising the care given by support staff and other multidisciplinary team members. Communicate with Physician, Nurse Manager, and other multidisciplinary team member(s), as appropriate about changes in patient's clinical condition including the result of diagnostic studies and symptomology. Participate in patient and family teaching. Maintain a role as patient advocate with a focus on the facility's mission and vision. Perform other duties duly designated by the nursing department deemed necessary to meet organizational objectives.

### **ESSENTIAL DUTIES AND RESPONSIBILITIES:**

1. Demonstrates the ability to provide and assure the carrying out of the established nursing procedures utilizing the nursing process, and assuring the maintenance of a safe clean environment. Provides holistic, age appropriate total patient care demonstrating the ability to assess patient and situation needs and problems.
2. Verifies patient identification using two identifiers prior to providing care or performing any procedure,
3. Uses paper-based and electronic safety reports (incident report, adverse drug event, reportable disease notification form, blood transfusion reaction form, patient complaints form, etc.) for all patient, employee and visitor incidents/events.
4. Provides age-specific care.
5. Performs read back of critical lab values, verbal, and telephone orders. Promptly notifying nursing superiors, communicates significant diagnostic results to relevant member(s) of the multidisciplinary team, exhausting all possible measures until the appropriate medical management decision for the situation has been made, minimizing if not eliminating any delays or hindrance in the communication process.
6. Documents using established SMC documentation standards and approved abbreviations. Practices and advocates for patient's right to privacy and confidentiality while accessing and/or performing documentation.
7. Gives a thorough endorsement using SBAR Hand off sheet to incoming shift by participating in walking rounds.
8. Performs safe, complete, and reliable handoffs of patients. Documents information in a timely manner and is familiar with the use of appropriate paper-based and electronic forms.

### **DUTIES AND RESPONSIBILITIES**

**Perioperative:**

- Assessing of the patient's physiological and psychological status before, during, and after surgery
- Identifying priorities and implementing care based on sound nursing judgment and individual patient needs
- Functioning as a role model of a professional perioperative nurse for students and colleagues.
- Functioning as a patient advocate by protecting the patient from incompetent, unethical, or illegal practices during the perioperative period.
- Coordinating all activities associated with the implementation of nursing care by other members of the health-care team.
- Demonstrating a thorough knowledge of aseptic principles and techniques to maintain a safe and therapeutic surgical environment.
- Assisting with the care and handling of all supplies, equipment, and instruments, to ensure their economic and efficient function for the patient and personnel under both normal and hazardous conditions
- Performing as a scrub or circulating nurse as needed, based on knowledge and expertise for a specific procedure
- Participating in continuing education programs directed toward personal and professional growth and development

**As Circulating Nurse: ( SMC, SEC)**

- Assisting and preparing the procedure room.
- Assisting in transporting, moving, and lifting of the patient.
- Assisting anesthesia as requested during induction and reversal of anesthesia.
- Positioning the patient for surgery.
- Performing the surgical skin prep.
- Conducting and maintaining accurate records of counts.
- Maintaining accurate documentation of nursing activities during the procedure.
- Dispensing supplies and medications to the surgical field.
- Maintaining an aseptic and safe environment.
- Estimating fluid and blood loss.
- Handling special equipment, specimens, etc.
- Communicating special postoperative needs to appropriate persons at the conclusion of the case.

**As Scrub Nurse: ( SMC, SEC)**

- Assisting and preparing the procedure room.
- Gathering sterile supplies needed for the procedure and those that may be needed.
- Setting up the sterile back table.

- Dressing the surgeon and other members of the surgical team in their sterile attire.
- Assisting in the placement of the sterile drapes.
- Passing the instruments to the surgical team and assisting as needed to enhance the continuity of the procedure.
- Constant surveillance of the surgical field thus maintaining sterility.
- Anticipating the needs of the surgeon and asking for items before they are needed.
- Reporting to the circulating nurse the names of the specimens obtained during surgery.
- Helps with the application of the sterile dressing at the end of the procedure.
- Assist in the cleaning of the procedure room to make ready for the next surgical procedure.

### **Labor and Delivery**

Duties included assessment and management of obstetric patients, including assisting in cesarean and normal deliveries, recovery room and post partum care.

### **Skills Used:**

Knowledge of operating room standard techniques and management.

Excellent communication and interpersonal skills

Knowledge and skills in surgical procedures mainly Neuro Surgery and ENT Surgery.

Furthermore scrub and circulating nurse roles in General Surgery, OB-Gyne cases, Orthopedics, Pediatric Surgery, Plastic Surgery, Dental and other Minor surgeries.

1. Able to direct the work of others while personally handling multiple task in a variety of situations
2. Requires organizational and self-motivational skills in prioritizing and managing multiple tasks
3. Demonstrates ability to utilize effective decision-making and problem solving techniques
4. Ability to work independently and interdependently with the health care team resources
5. Ability to remain calm and professional in stressful situations and focused amid interruptions in a potentially fast paced environment.

### **KNOWLEDGE:**

1. Basic computer knowledge.
2. Knowledge of theory, principles, practices and techniques of general professional nursing care.
3. Skill in applying professional nursing methods and techniques,
4. Demonstrate background in collaborate relationships with a wide range of personnel.

## **CASES HANDLED:**

### **OR/ Specialized Medical Center ( SMC)**

#### **NEUROLOGY**

- Craniotomy with resection of Brain Glioma/ Tumor + Neuronavigation + Ultrasound Aspirator + Facial Nerve Monitoring.
- Craniotomy + Burr holing + Evacuation of Hematoma.
- Laminectomy + Decompression + Discectomy
- Laminectomy + Fusion/ Fixation
- Transphenoidal resection of pituitary tumor.
- Endoscopic Fenestration of Colloidal Cyst + Neuronavigation
- VP shunt creation (Adult/ Pedia)
- Lumbar drainage and creation ( Adult/ Pedia)
- Craniotomy / Craniectomy + EVD insertion
- Anterior Cervical Decompression + Fixation
- Repair of Myelomeningocele
- Trigeminal Decompression
- Posterior Fossa Decompression
- Release of CTS
- Cranioplasty
- Deep brain stimulation for Parkinson's disease
- Excision of Neuroma

#### **GENERAL SURGERY**

- Laparoscopic Sleeve Gastrectomy
- Lower Anterior Resection + Anastomosis (Lap/ Open)
- Laparoscopic Cholecystectomy
- Laparoscopic Appendectomy
- Laparoscopic Repair of Inguinal / ventral/ inguinal hernia
- Total / Subtotal Thyroidectomy
- Superficialization of Basilic Vein
- Creation of AV Fistula
- Amputation
- Creation of portal / Perma catheter
- Hemorrhoidectomy / Fissurectomy + Sphincterectomy

- I & D of abscess
- Excision of Lipoma
- Open Hemicolectomy
- Exploratory Laparotomy
- Modified Radical Mastectomy
- Open hernia repair
- Pedia Cases

## **PLASTIC SURGERY**

- Abdominoplasty / Lower body lift
- Breast Augmentation / Mastopexy
- Liposuction + Fat injection, Buttocks
- Face lift
- Brachioplasty

## **ENT**

- FESS + Septoplasty + Turbinectomy
- Closed reduction of nasal fracture
- Tonsillectomy
- Adenoidectomy
- Rhinoplasty
- Tympanostomy + Insertion of Tubes
- Tympanomastoidectomy
- Control of Bleeding Nasal / Post Tonsillectomy

## **ORTHO**

- ORIF
- CRPP
- Arthroscopy meniscal surgery
- CTS, Trigger / De quervain's release

## **URO**

- Basic Urology Cases : Varicocelelectomy  
     DJ stent Removal  
     Orchiopexy  
     Penile Prosthesis

## **DENTAL**

- Bimaxillary surgery / Double jaw + Genioplasty

- Surgical extraction of impacted tooth / large cyst
- TMJ Arthrocentesis
- Cleft palate repair

## **OB GYNE**

- Laparoscopic ovarian cystectomy / Ectopic pregnancy / myomectomy
- TAHBSO
- Myomectomy
- Elective C/S
- D & C
- Hysteroscopic myomectomy / polypectomy
- I & D of Bartholin's cyst
- Colpoperineorrhaphy

### **JOB DESCRIPTION:**

#### **As an OR/ DR staff Nurse**

To assist surgeons during operations and keep the operating room sterile at all times. Possessing phenomenal efficiency and attention to detail with a strong knowledge of operation procedure and patient safety. Being compassionate and sensitive to the patient and other members of the health care team.

### **CASES HANDLED:**

#### **OR/ OR Capiz Doctors Hospital**

- Exploratory Laparotomy
- Pelvic Laparotomy
- Cholecystectomy with Cholangiography
- Normal Spontaneous Vaginal Delivery
- TAHBSO
- D & C
- Elective C/S
- Appendectomy Open

## **LICENSES**

**Saudi Commission for Health Specialties- Certified Nursing Technician**

**Exp: Feb. 2024**

**Certified Basic Life Support Provider- American Heart Association**

**Place Issued: Riyadh, K.S.A**

**Issue Date: JUNE 25 2022**

**Exp. Date: JUNE 2024**

**Certified Advanced Cardiovascular Life Support Provider-American Heart Association**

**Place Issued: Riyadh, K.S.A**

**Issue Date:**

**Exp. Date:**

### **CERTIFICATIONS/SEMINARS ATTENDED**

- EHS Online Safety Training Courses: Chemical/Hazmat Safety; Emergency & Disaster Preparedness; Basic Fire Safety; Hazard Identification and Control (Nov. 16, 2017) Specialized Medical Center Hospital, Riyadh, K.S.A.
- Quality Management and Patient Safety (Sept. 24-28, 2017) King Salman Bin Abdulaziz Learning Center, Specialized Medical Center Hospital, Riyadh, K.S.A.
- Infection and Prevention Control (Mar. 17-19,2016)Specialized Medical Center Hospital, Riyadh, K.S.A.
- Manual Lifting and Handling Program As Part of the Training and Education Department Hospital-wide Mandatory Education (Mar. 14, 2015) King Salman Bin Abdulaziz Learning Center, Specialized Medical Center Hospital, Riyadh, K.S.A.
- Drug in the Workplace As Part of the Training and Education Department Hospital-wide Mandatory Education (Feb. 15, 2015) King Salman Bin Abdulaziz Learning Center, Specialized Medical Center Hospital, Riyadh, K.S.A.
- 2 Days Orientation Program As Part of the Training and Education Department Hospital-wide Mandatory Education(Feb.9 11, 2015) King Salman Bin Abdulaziz Learning Center, Specialized Medical Center Hospital, Riyadh, K.S.A.
- PNA: ENTREPRENURSE (2011) Governor's Hall, Provincial Capitol, Roxas City, Capiz
- CODE 7 (How to Handle a Code and Post-Resuscitative Patient And Nursing Responsibilities in Admnistering Cardiovascular Drugs and Supports (2011) Conference Hall, Capiz State University (Main Campus), Fuentes Drive, Roxas City, Capiz
- Intravenous Therapy Seminar ANSAP Registration No.081 (2011) SVP Medical Arts Complex Conference Room, St. Anthony College of Roxas City, Inc. (Hospital), San Roque Ext., Roxas City, Capiz
- PNRC Basic Life Support-CPR For Health Care Provider (2011) PRC Training Center, Roxas City
- Nursing Management of Patients with Schizophrenia (2010) Nestas Hilltop Hotel, Fuentes Drive, Roxas City, Capiz
- Pathophysiologic Basis of Nursing Intervention (2010) Nestas Hilltop Hotel, Fuentes Drive, Roxas City, Capiz
- Integrated Management of Childhood Illnesses and Latest DOH Programs (2010)



Nestas Hilltop Hotel, Fuentes Drive, Roxas City, Capiz

- Nursing Research (2010 )  
Nestas Hilltop Hotel, Fuentes Drive, Roxas City, Capiz
- Bioethics (2009)  
SLM Hall, St. Anthony College of Roxas City, Inc., San Roque Ext., Roxas City, Capiz
- Nursing Theories: Foundation of Nursing Practice and Nursing Management (2009)  
SLM Hall, St. Anthony College of Roxas City, Inc., San Roque Ext., Roxas City, Capiz
- FLEHD Seminar (2009)  
CAP Auditorium, Fuentes Drive, Roxas City, Capiz

### **SPECIAL TRAINING**

- CONTEMPORARY DIALYSIS PRACTICE- FRESENIUS MEDICAL CARE (2011)  
Magallanes St., Makati City
- WELLNESS PLACE & CARE HOMES (2012)-Job Training  
36 South Maya Drive., Philam Homes, Quezon City