

Deshawna Oxendine

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Seeking a position where I can be an asset, while ensuring patient safety and helping to improved patient outcomes.

Work Experience

Nursing Instructor

Concorde Career College

September 2021 to Present

Part Time

- Instruct classes as assigned
- Prepare for classes by organizing and becoming familiar with student material
- Prepare lesson plans and course material as required
- Objectively assess students for academic performance
- Effectively organize and present subject matter to students
- Effectively utilize instructional plans provided
- Supplement approved student material as required
- Ensure security of assessment tools and confidential documentation
- Effectively utilize and monitor the learning management systems
- Ensure classes are conducted for the required length of time
- Maintain a classroom environment conducive to learning
- Provide regular and constructive feedback, through approved channels, to students regarding academic performance, grades, professionalism, conduct, attendance and other topics as necessary.

Travel ICU/Progressive Care Unit

Kaiser Permanente Zion/ San Diego Medical Center - San Diego, CA

January 2021 to August 2021

- 1:3 ratio
- Monitors the patient's progress based on the plan.
- Titrate drip per unit protocol
- Care for vent dependent patient
- Revises plan on ongoing basis based on patient condition and evaluation of progress.
- Ensures care meets standards of practice.
- Ensures effective development and completion of discharge plan including discharge barriers and patient/family education.
- Ensured patient clearly understood discharge instructions. Identified barriers and needs for patient/family education that will facilitate the outpatient medical management plan.
- Ensured patient safety related but not limited to, medications and procedures utilizing the five rights; patient falls; decubitus prevention and prevention of nosocomial infections.
- Ensured optimal pain control and patient comfort; identifies and discusses patient anxieties, fears or concerns regarding patient condition, treatment or discharge.

Neurosurgical/Trauma ICU RN

Sentara Norfolk General Hospital

March 2016 to January 2021

- Level one trauma center with 36 neurosurgical, trauma and vascular patients.
- direct patient care included assessing, planning and implementing care
- patient population included MVA, Stroke victims – including hemorrhagic or ischemic, Brain, Seizures, Head trauma – including GSW's and blunt force trauma, Meningitis, Guillain Barre Syndrome.
- 34 Bed Neuro/Trauma unit
- 1:2 Ratio
- Titrated drips
- Recovered patient after OR procedures
- Assisted with intubating patient
- Managed drains directly in the brain
- Measured (ICP) with a bolt or EVD
- Completed thorough neurological assessments to both conscious and unconscious patients
- Managed emotional distress with family members
- Assisted in the end-of-life care
- Care for organ donation and procurement patients
- Assisted with facilitating brain death testing
- Developed an extensive week by week unit-based orientation schedule. This allowed new graduates to expand their knowledge bases and achieve thorough comprehension to outpatient population.

Travel RN

VA McGuire Medical Center

January 2014 to September 2014

- Oncology unit
- 1:4 ratio
- Primary duties include assessing/admitting patients, rounding checks, giving medications.

Neurosurgical / Orthopedic Acute Care Rehab, RN

Riverside Rehabilitation Institute

February 2013 to January 2014

- Ratio 1:5
- Administers prescribed medications
- Dressings changes, cleaning wounds and incisions.
- Takes vital signs
- Observes, records and reports to supervisor or physician, patients' condition, reaction to drugs, treatments, and significant incidents.
- Maintains patients' medical record on nursing observation and action taken, such as; medications and treatments given, reactions, tests, intake, and emission of liquids and solids, temperature, pulse, respiration and blood pressure.
- Records nursing needs of patient on nursing care plan to assure continuity of care.
- Precepted RN/LPN students, new graduate and new hires.
- Explains procedures and treatments ordered to gain patients' cooperation and allay apprehension.

Psychiatric Nursing

Community of Paradigm Mental Health Facility

November 2012 to February 2013

- Assess patient's normal and abnormal physiological, psychological, and social factors; documents pertinent information; plans patient treatment.
- Precepted RN/LPN students, new graduate and new hires.
- Maintains patient's physiological status by administering necessary treatments or interventions and demonstrates understanding of treatment, interventions, and procedures for implementation.
- Applies knowledge and understanding of growth and development philosophies in assessment of the adolescent, development of the treatment plan, and in the application of interventions.
- Collaborates with other department personnel in establishing and complying with resident care standards, policies, procedures and protocols.
- Provides successful therapeutic clinical interventions on an age-appropriate level, which assists the patient in modifying thought, perception, affect, behavior, and/or motivation.

Hospital Wide Float Pool RN

Chesapeake General Hospital

Flexi position.

- Staffed all units within the hospital.
- Ratios varied dependent upon unit
- Provide excellent, clinically competent patient care by utilizing the nursing process of assessment, planning, intervention, implementation, and evaluation; and effectively interact with patients, significant others, and the other healthcare team members while maintaining standards of professional nursing.
- Precepted RN/LPN students, new graduate and new hires.

Education

MSN

RIVIER UNIVERSITY

December 2021

BSN

Grand Canyon University

August 2016

ASN

Breckenridge School of Nursing

September 2012

Skills

- communicate well, and enjoy working inter-professionally.
- deshawna213@yahoo.com
- 757-469-6044
- I'm dependable
- flexible
- empathetic
- compassionate

- professional
- resourceful
- Deshawna Oxendine
- MSN
- RN
- ICU Experience
- Critical Care Experience
- Nursing
- Patient Care
- Laboratory Experience
- Vital Signs
- Hospital Experience
- Experience Administering Injections
- Epic

Certifications and Licenses

RN License

ACLS Certification

BLS Certification