***Kira Tejada, BSN, MSN***

***Registered Nurse***



 786.812.6551 day/night • kiratejada86@gmail.com 14719 SW 9th Ter Miami Fl, 33194

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Highly skilled, patient-centered Nursing professional providing exceptional patient care based on sensitivity to cultural, disability and diversity factors. Incessant and consistent learner and trainer updated in modern practices for the safe administration and management of medications and controlled substances. Demonstrated experience providing direct services through private and public care centers with proven ability to work in various scenarios—ER, Telemetry, Stepdown, NICU, Adult Intensive Care, OR Recovery and manage cases of trauma, interventional and internal medication, and OB/GYN.

**Credentials**

* **Registered Nurse,** Florida License 9383280 2020-2022
* **Registered Nurse** – College of Professional Nurses of Puerto Rico, License No. 15037 2011-present
* **BLS / ACLS / NRP Certification** – AHA / AAP 2019-2022

**Education**

UNIVERSITY SYSTEMS OF ANA G. MENDEZ SOUTH FLORIDA CAMPUS | Miami Lakes, FL 33016 2017-2019

**Master of Nursing** Major: Family Nurse Practitioner

Inter-American University of Puerto Rico | San Juan, PR 00919-1293

**Bachelor of Science** Major: Nursing (65 credits) 2009-2011

INSTITUTO CUMBRES, INC. | Carolina, PR 00929

**High School Diploma** 2001

**Training**

**Basic Life Support for Healthcare Providers (BLS) -** American Heart Association2020-2022

**Advanced Cardiovascular Life Support (ACLS**) - American Heart Association 2019-2021

**Neonatal Resuscitation Program (NRP)** - AHA/American Academy of Pediatrics 2019-2021

**Fetal Heart Monitoring -AWHONN** 2019-2021

**Advance Telemetry Course for Nurses**- Nursing Unlimited, INC since 2015

**Dynamic ECG & Cardiovascular Pharmacology** - Kheiron Group International since 2015

**Advanced Airway Management** -Kheiron Group International since 2015

**Trauma Patient Management** - Kheiron Group International since 2015

**Critical Care Nursing Course** - Clinical Solutions since 2016

**Clinical Career Path**

**Advent Health Tampa** 01/2021-04/2021

31oo E Fletcher Ave. Tampa FL 33613

**Registered Nurse / PCU TRAVEL**

* Evaluate and monitor patient’s progress, exceptional assessment skills
* Identify sudden or subtle changes in the patient’s medical condition
* Calculating drug dosage, titrating medication doses, administering continuous medication infusion and monitoring patients for effects of medication
* Maintain patient hemodynamic stability with proper nursing interventions as ordered
* Working closely and collaborating with physicians and all other healthcare providers
* Prepares, administers and records any additional prescribed medications
* Prepares equipment and assist the physician with bedside procedures
* Monitoring patients before, during, and after invasive procedures
* Provide emotional support to acutely ill patients and their families.
* Recognizing the signs and symptoms of cardiopulmonary and respiratory emergencies and knowing how to start standard interventions to stabilize the patient
* Recording symptoms, reactions, and progress
* Developing, planning, implementing, evaluating, documenting, and managing nursing care
* Patient and family education skills
* Consults and coordinates with health care team members to assess, plan, implement and evaluate patient care plans
* Changes dressings, inserts catheters, starts IVs
* Records all care information concisely, accurately and completely, in a timely manner, in the appropriate format and on the appropriate forms
* Performs other position-related duties as assigned, depending on assignment setting

 Assistant Nurse Manager: Thomas Delia (813) 615-7200 EXT 51280

**Select Specialty Hospital**  10/2019–01/2021

14001 NW 82 ND AVE. Miami Lakes, FL 33016

**Registered Nurse / ICU/Charge Nurse**

* Promote the mission, vision, and values of the organization
* Assess patient care requirements on each unit, by making rounds in the Telemetry and ICU units.
* Assess the acuity of care required for every patient.
* Develop and implement staffing plan for shift based on patient acuity, patient census and available staff.
* Serve as a resource to staff for solving clinical problems.
* Assist staff to efficiently utilize staffing resources to meet patient care requirements and other professional responsibilities.
* Provide for immediate follow-up, documentation and communication of incidents to appropriate manager and director.
* Respond to emergency situations (RRT, Code Blue) and assists as necessary.
* Act as a resource in identifying and/or solving administrative/operational problems-
* Anticipate actual/potential problems that may occur on their shift and sets shift priorities accordingly.
* Work collaboratively with nursing and ancillary staff to solve problems in a fair, consistent manner.
* Contact Physicians or representatives of departments not presently in the hospital for assistance with problem solving, timely and appropriately.
* Act as a resource, interpret and ensure adherence to Select Specialty Hospital and nursing philosophy, policies and procedures.
* Report to the administrator-on-call significant incidents and problems such as:
* unusual patient or family problems or concerns o physician concerns, calls received from the Office of Healthcare Quality, Health Department or any other regulatory body and Safety issues.
* Obtain materials/supplies from Materials Processing and/or the Storeroom for patient care when these departments are not open.
* Provide support, guidance and feedback to staff.
* Consistently and independently follows established safety and infection control procedures. Intervenes in unsafe situations.
* Comply with the standards of conduct and Corporate Responsibility Program and seeks guidance when in doubt.
* Assist physicians and staff in admission criteria for assigning admission status to patients (observation/admission).
* Monitor documentation for adherence to Utilization rules and regulations.

 Nursing Supervisor: Jose De La Cruz Rn Telephone: (786)315-8551

**Hialeah Hospital** 04/2019–11/2019

651 E 25th St, Hialeah, FL 33013

**Registered Nurse / Labor & Delivery**

* Assesses, plans and evaluates patient care needs including obtaining patient history and assessing for labor risk factors.
* Carries out physician orders.
* Cares for patients requiring fetal assessment/fetal monitoring.
* Manages the patient's pain including epidural and patient-controlled analgesia administration management.
* Administers prescribed medications and monitors vital signs.
* Assists physician during delivery, treatment, examination and surgical procedures.
* Serves as the primary coordinator of all disciplines for well-coordinated patient care.
* Monitors, records and communicates patient condition as appropriate utilizing computerized documentation systems.
* Instructs and educates patients and families.
* Provides age and culturally appropriate care.
* Follows Standard Precautions using personal protective equipment as required.

Director of Nursing: Luis Fleites (May Contact) Telephone: 305-693-6100 ext. 4300

**Promise Hospital of Miami**  01/2016–04/2019

14001 NW 82 ND AVE. Miami Lakes, FL 33016

**Registered Nurse / ICU/ telemetry/ Charge Nurse**

* Manage the nursing care for all patients in the telemetry unit during your shift
* Recognize changes in patients’ condition and respond appropriately
* Supervise Nursing Aides as they complete their assigned tasks and point out any changes or improvements that need to be made
* Detect any issues that could result in injuries or other difficulties for patients or staff members
* Inform physicians of any changes in patients’ progress, condition or medicinal need
* Receive patients into the intensive care unit and quickly go through patients’ notes to determine medical issues.
* Assess patients to determine the intensity of disease or trauma and create nursing care plans to meet his or her specific requirements.
* Treat wounds by cleaning and disinfecting them by following preset directives and ensure that they are properly bandaged or / and stilted.
* Record patients’ vitals including blood pressure, temperature and pulse in patients’ logbooks, on a periodic basis.
* Administer oral medication and intravenous and intramuscular fluids, by first determining if patients have any allergies to medicine compounds.
* Observe patients to determine signs of discomfort or changes in conditions and ensure that any significant observations are communicated to the doctor.
* Evaluate patients to find out which diagnostic tests are required to determine disease or extent of injury and order and follow up on them in a proactive manner.
* Respond to life-saving situations by performing first aid and CPR, in accordance to standard nursing protocols for treatment.
* Set up, regulate and maintain lifesaving or life-maintenance equipment such as ventilators, and record patients’ responses in an accurate manner.
* Consult and coordinate with healthcare teams to assess, plan, implement and evaluate care plans for patients in critical conditions.
* Arrange for administration of complete bedside care such as support with urination and stool and ensure patient wellbeing consistently.
* Initiate patient education plans to teach both patients and their families how to manage their illnesses and injuries.
* Monitor catheters leads and tubing to ensure proper placement and functioning.

Nursing Supervisor: Jose De La Cruz (May Contact) Telephone: (786)315-8551

**Lenus Research & Medical Group** 2017-2020

1414 NW 107 Ave Suite 214 Sweetwater Fl. 33172

**Registered Nurse / Clinical Assistant Coordinator**

**(Phase II-IV studies)**

* Assist main study coordinator with all study related procedures (e.g., recruitment, informed consent processing)
* Administration of medication by intravenous, intramuscular, subcutaneous, oral and pump infusion.
* Identify and document any adverse event or serious adverse event to ensure appropriate reporting.
* Assist with the maintenance of source documentation and data queries resolution.
* Assist with laboratory samples collection and processing (PK, PD).

Manager: Yelenia Reyno (May Contact) Telephone: 305-592-4692

**BAPTIST HEALTH SOUTH FLORIDA** 05/2015–01/2016

8900 North Kendall Drive, Miami, FL 33176

**Registered Nurse / Adult ER**

* Provide Nursing Care to Level I and II Trauma Unit patients, handling multiple medical emergencies, including stroke, cardiac arrest, car accidents, head injuries, poisoning and burns.
* Asses patients and provide necessary and prescribed treatments for stabilization.
* Performed lifesaving interventions as part of Multidisciplinary teams in the Emergency Department.
* Handled intubations, Defibrillations, transfusions, IVs, Splinting, Suturing, and other necessary clinical procedures.

 Skills:

* Nursing process, Triage procedures, Medical-Surgical Care, Post-op care, patient –family Education, Safety Precautions, Emergency Care Procedures Iv starts, pushes and Drips, Central Line Care and many others.

Manager: Elna Bayona (May Contact) Telephone: 786-594-9611

**HOSPITAL MUNICIPAL DE SAN JUAN/DR. RAFAEL LÓPEZ NUSSA MEDICAL CENTER** 11/2011 –05/2015

Barrio Monacillo, San Juan, PR 00928

**Registered Nurse / Adult ER, /ICU**

* Rotating between two Adult ER and ICU providing quality nursing interventions for patients with critical and/or life-threatening illnesses/injuries in collaboration with physicians and other healthcare professionals.
* Perform multiple procedures including vitals, patient isolation, ventilators, tracheotomy, NG, TPN, central IV lines, PCA pumps, chest tubes, catheters, among others; administration of medications and CPR.
* Diagnoses include multiple traumas, cardiac, renal, respiratory, gastrointestinal, neurological, oncology, psychosocial disorders, allergic reactions, burns, drug overdose, wound and ostomy care, HIV/AIDS, among others.
* Perform Interim Head Nurse duties at least once per week and twice-weekly serve as key holder managing controlled substance inventory.

*Select Accomplishments*

* Mentored nursing staff on documenting patient interventions, administering medications and practices to monitor adverse reactions and administer antidotes.
* Earned excellent ratings on performance evaluations and acknowledge for nursing efficiency assuming charge of the most delicate and complex cases.
* Stepped up to the plate as the unofficial reporting specialist for the ward preparing all documents related to infectious diseases (H1N1 virus, tuberculosis) for review by the Health Department.
* Authored suggestive practices to automate, streamline, and improve confidentially of patient records. Practice currently under assessment.

Supervisor: María Matos (May Contact) Telephone: 787-603-0434

**BVR Ambulance - Critical Care Transport Unit** 02/2012- 11/2014

Ave. 65 de Infanteria, San Juan, PR 00924

**Critical Care Transport Nurse (ICU)**

* Member of the Critical Care Transport Team in charge of transporting critical patients from one Hospital’s ICU to another’s. Varied patient population (Adult/Pediatric) yet handling a high volume of Neonatal ICU patients.
* Performed a variety of care including taking vitals, administering medications, blood transfusions, CPR, and advanced airway management.
* Inserted, inspected and replaced chest tubes, central venous catheters, peripheral inserted central catheters, intravenous lines, arterial lines, feeding tubes; cared for wounds and ulcers.
* Monitored and analyzed vital signs; observed and reported adverse reactions to medications, treatment or signs of infection.

Supervisor: Daniel Velazquez, MD Telephone: (May Contact) 787-469-4985

**PROFESSIONAL HOSPITAL OF GUAYNABO** 08-11/2011

Carr. 199 km 1.2 Ave. Las Cumbres, Guaynabo, PR 00969

**Registered Nurse**

* Rotated throughout recovery, surgical and cardiac intensive care, pediatric and newborn intensive care unit, medical/surgical floor, and emergency room care units gaining insight and nursing proficiency in all areas of operation and patient care.
* Performed a variety of care including taking vitals, applying compresses and ice bags, administering medications, blood transfusions, CPR, and wound care; prepared patients for X-rays and various medical treatments and cared for all basic needs such as oxygenation, feeding, and bathing.
* Inserted, inspected and replaced chest tubes, central venous catheters, peripheral inserted central catheters, intravenous lines, arterial lines, feeding tubes; cared for wounds and ulcers.
* Monitored and analyzed vital signs; observed and reported adverse reactions to medications, treatment or signs of infection.
* Recorded daily interventions, assessed laboratory results for proper body system functions, and updated care plan in accordance with hospital regulations.
* Collaborated with interdisciplinary teams, family members, and community/social service; educated patients and home caretakers on therapeutic services and care plans.

*Select Achievements*

* Progressed from intern to full-time RN position

Supervisor: Ms. Colón (May Contact) Telephone: 787-740-8787

**HOGAR MARÍA TERESA** 05/2001-08/2005

Urb. Villa Capri, A-12 Volturno, Rio Piedras, PR 00924

**Volunteer**

* Solidified desire to pursue nursing as a career while serving as a care agent for the elderly in a full-service nursing home.
* Assisted residents with personal hygiene care, bathing, and eating and participated in art and craft activities.

Supervisor: Maria Teresa Martinez (May Contact) Telephone: 787-761-3783

**Business Engagements**

**KINDER HAUS** 03/2009-01/2012

Carr. 167 Centro Commercial Plaza del Sol, 2nd Floor, Bayamón, PR 00956

**Assistant Manager**

* Co-managed upscale children’s clothing retail site supervising floor sales, cash operations, inventory, merchandising and visual displays.
* Scheduled and monitored staff; enforced corporate guidelines and training on sales techniques.

Supervisor: Mauricio Rueda (May Contact) Telephone: 787-223-5770

**MAPFRE** 05/2005-08/2008

Urb. Tres Monjitas Industrial, Carlos Chardón Ave, San Juan, PR 00918

**Administrative Assistant**

* Provided full range of administrative and secretarial support services to administrative staff members handling demanding workload and consistently meeting tough deadlines.
* Processed payroll for 20-member workforce; drafted letters, processed filing and produced cost estimates for insurance policies.

Supervisor: Eduardo Loubriel (May Contact) Telephone: 939-642-2248

**Technology / Language Proficiency**

Read, speak and write fluently in Spanish and English

Proficient operating PCs; MS Office (EPIC, CERNER, EVOLUTION, MEDITECH, Word, Excel, PowerPoint, T -System, Net Access)

**References**

Jose De La Cruz

Nursing Supervisor at Select Specialty Hospital

786-315-8551

Yelenia Reyno, ARNP-BC, CCRC

Lenus Research & Medical Group

305-592-4692

Elna Bayona, RN Manager ED

Baptist Health South Florida

Emergency Department

786-594-9611

Daniel Velazquez MD, Supervisor

BVR Ambulance

Critical Care Unit

787-469-4985

Maria Matos RN, Supervisor

Hospital San Juan

Emergency Room

787-603-0434

787-480-2795

Carmen Muñoz RN, Supervisor

Hospital San Juan

Emergency Room

787-504-3796

787-480-2795

Mauricio Rueda, Vice-president

Kinder Haus Boutique

Sales Department

787-223-5770

Eduardo Loubriel, supervisor

MAPFRE

Administrative Services

939-642-2248