

Cindi Shea
89 Estes Road
Lebanon, TN 37087
715-219-1749
e-mail: c.mrsmiracle@gmail.com

OBJECTIVE

Seeking a position where I can use my nursing skills, case management, disease management, teaching, training, and business skills. I teach through active listening and communicating effectively. Being a team player is important to me, being a nurse for years has taught me how to adapt to change easily, I bring energy to the Team.

SUMMARY OF QUALIFICATIONS

Offering experience as a long-term experienced Registered Nurse in clinics, home health, and the insurance industry. I have a Bachelor of Science in Business Administration and am a Certified Case Manager. My experience includes being the first Case Manager for the Special Needs Program with UnitedHealthcare-Optum for the state of WI. In that role I taught disease state management of high-risk diseases, to impact hospitalization or ER utilization, to keep patients at home and making routine visits to their Primary Care Provider or Specialist. I performed onsite preauthorization visits at hospitals, trained clinical staff with less experience, a resource for fellow employees. In home health arena I started as a staff nurse, became Manager, worked my way up to developing and implementing training programs as a QA, QI, PI Coordinator, assisted in updating and writing policies and procedures, wrote job description. I Chaired Peer Review, UR, and PI Committees to meet Medicare, JACHO, OSHA requirements. I performed preauthorization insurance verifications in home health and for a physician's office. Through my volunteer work I have impacted the lives of many asthmatics by delivering training programs in Asthma 101 for American Lung Association and Mothers of Asthmatics to schools, daycares, patients, and parents. I can work independently and collaboratively.

WORK EXPERIENCE

Host Healthcare
RN

San Diego, CA
6/21-current

Travel Nurse-Home Health I have been in IA and GA.

Vanderbilt University Medical Center
RN

Nashville, TN
12/16-6/21

I started here in the Allergy, Asthma, Sinus Program providing allergy shots, mixing vials of allergy serum for patient specific needs, allergy and asthma education, telephone triage caring for patients when they had an allergy shot reaction or anaphylactic reaction, or an exacerbation of allergy or asthma symptoms. Then transferred to Melrose Primary Care where I could use more of my nursing skills, provided patient education for all types of disease entities and our patients recovering from COVID 19, gave immunizations, performed blood draws, quality control of lab for CLIA, ordering medications needed in clinic, ordering medical supplies, assisting with pap smears, telephone triage/case management, patient medication refills.

Transferred to Cardiovascular Clinic CHF Program, provided direct patient care, telephonic/triage care, education to CHF patients to improve their outcomes, improve quality of life, obtain needed medications through doing prior authorizations, scheduling their cardiac catheterization assessments.

Kindred at Home
RN, Supervisor
-Supervisors managing RN, PT, OT, LPN, CNA staff of home care patients in middle TN, for patients to go home from the hospital in a timely manner and receive the care they needed at home.

Nashville, TN
7/16-12/16

Loyal Source Agency
RN Travel Nurse
-Worked as a travel nurse at Minot, ND, Air Force Base as an Asthma, Cardiac, Diabetes Program Manager and Educator for active-duty airmen, families, and retirees. We taught Officers, Airmen and their families disease state management therefore they could continue to work, to know their families were taken care while they were on duty or deployed.

Orlando, FL
5/15-7/16

United HealthCare/Optum Health
High Risk Certified Case Manager, RN
-Case Manager for members with dual coverage-Medicare and Medicaid and multiple co-morbidities, teaching them to how to better care for their health, make routine visits with their Primary Care Provider or Specialist to improve their quality of life, manage at home, and not have to spend time in an ER or hospital. I started in the Milwaukee WI office, was one of several that piloted 10 hour shifts and telecommuting, that was then launched, and I became a telecommuter. I was the one and only SNP Case Manager at that time for the state of WI. The program was then moved to the National Team with Optum. I obtained my Certified Case Manager certificate in 2014.

Milwaukee, WI
3/09-5/15

EDUCATION

Trinity College & University Metairie, LA
Bachelor of Science in Business Administration

Graduated 2002

College of Lake County Grayslake, IL
Associate Degree, Registered Nurse

Graduated 1981

Certified Case Management

Obtained Certification in 2014