Kaitlyn Rosa

RN, BSN, RNC-OB, C-EFM

Irvine, CA 92618 kaitlynelisabeth25@gmail.com +1 201 394 0785

Enthusiastic, positive, and compassionate Inpatient Obstetrics Certified Registered Nurse (RNC-OB) with 5 years of experience in Labor & Delivery. A self-motivated, nurse leader seeking an opportunity that facilitates professional growth and provides the opportunity for continuous lifelong learning. Committed to caring, evidence-based practice, health promotion, and changing the lives of patients one bedside at a time.

Authorized to work in the US for any employer

Work Experience

Registered Nurse, Labor and Delivery

Hoag Memorial Hospital Presbyterian - Irvine, CA April 2021 to Present

- Provided initial assessment and rapid triage of the pregnant patient.
- Assisted obstetrician during delivery, treatment, examination and surgical procedures.
- Monitored and documented maternal-fetal assessments using Epic Stork and GE Perinatal Electronic Fetal Monitoring software.
- Incorporated patient-centered complementary alternative therapy and epidural for labor pain management.
- Monitored maternal-fetal condition for subtle deviations in baseline and communicated evolving change in patient condition with interdisciplinary team.
- Initiated initial newborn stabilization and care in the delivery room. Promoted skin to skin and initiated breastfeeding.
- Cross-trained in obstetric triage, antepartum, intrapartum, labor & delivery, post-partum, and well-baby newborn nursery.
- Facilitated interdisciplinary communication and continuity of care using a Labor, Delivery, Recovery, & Post Partum (LDRP) model of care.

Registered Nurse, Labor and Delivery

Atlantic Health System - Pompton Plains, NJ October 2020 to February 2021

• Travel/Contract assignment.

Labor & Delivery Registered Nurse

Palisades Medical Center

December 2016 to July 2020

- Provided initial assessment and rapid triage of the pregnant patient.
- Assisted obstetrician during delivery, treatment, examination and surgical procedures.
- Monitored and documented maternal-fetal assessments using Epic Stork and GE Perinatal Electronic Fetal Monitoring software.
- Incorporated patient-centered complementary alternative therapy and epidural for labor pain management.
- Performed pre, intra, and post operative care of patients undergoing cesarean section.
- Monitored maternal-fetal condition for subtle deviations in baseline and communicated evolving change in patient condition with interdisciplinary team.
- Initiated initial newborn stabilization and care in the delivery room. Promoted skin to skin and initiated breastfeeding.
- Cross-trained in obstetric triage, antepartum, intrapartum, labor & delivery, post-partum, and well-baby newborn nursery.

Education

Bachelor of Science in Nursing

Thomas Edison State University - Trenton, NJ September 2017

Associate in Science (AS) in Nursing

Bergen Community College - Paramus, NJ December 2014

Bachelor of Arts in Psychology

University of Rhode Island - Kingston, RI May 2012

Nursing Licenses

RN

Expires: May 2023

State: NJ

RN

Expires: March 2024

State: NY

RN

Expires: May 2022

State: CA

Skills

- EMR Systems
- Hospital Experience
- Nursing
- Pain Management
- Triage
- Medication Administration
- Epic
- Patient Education
- Patient Service Experience
- HRO
- Vital Signs
- Experience Administering Injections
- Caregiving
- Cerner
- Patient Care
- Laboratory Experience
- Medical Records
- Venipuncture
- Basic life support
- Infant Care
- Basic IV
- Patient Monitoring
- Acute Care
- HIPAA
- Leadership
- Phlebotomy
- Care Plans
- Travel nursing

Languages

• English - Fluent

Certifications and Licenses

NRP Certification

May 2016 to May 2023

American Academy of Pediatrics

BLS Certification

September 2012 to October 2022

American Heart Association

ACLS Certification

August 2015 to September 2023

American Heart Association

Registered Nurse Certified Inpatient Obstetrics (RNC-OB)

February 2019 to March 2022

National Certification Corporation

Certification in Electronic Fetal Monitoring (C-EFM)

August 2019 to March 2022

National Certification Corporation

Additional Information

S.T.A.B.L.E

August 2022

The Stable Program