

# Oluwaferanmi Afolabi

Houston, TX 77044

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## &SKILLS:

A hardworking, compassionate and competent team member dedicated and committed to promote health and to provide quality, safe and optimal care. Strong clinical skills in patient care & safety, diagnostic testing, Medical Terminology, Patient monitoring and Assessments, Medication Administration, Privacy / HIPAA Regulations, and Patient Advocacy and Support.

- Efficient with Meditech, Care4, Sunrise electronic medical documentation.
- Innovative and enthusiastic with an uncompromising work ethic.
- Team player ● Fast learner and flexible ● Calm and level-headed in high stress environments and situations evidence by consistent positive feedback from RN managers, teammates, and preceptors.
- Proven ability to build positive relationships with patients, family members, physicians and other medical profession

## Work Experience

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### **Psych Registered Nurse**

Kingwood Pines Hospital - Kingwood, TX

January 2020 to Present

- Delivered high-quality, compassionate care to children/adolescent and adult populations.
- Ability to make sound, ethical, and independent decisions in accordance with medical protocols. Patients treated for detox and withdrawal, medications, addiction, recovery, coping skills, behavioral, and different mental illnesses.
- Effective in giving the necessary health education training to patients and assisted in group therapies.
- Effectively worked with psychiatrists, social workers, therapists and medical providers for effective care plan

### **RN**

Houston Methodist

March 2019 to Present

- Acted as primary RN on medical-surgical and telemetry unit
- Performed nursing care for medical-surgical unit patients
- Assessed patient physical, social, language or mental needs
- Provided support services regarding treatments and administration of medication as ordered
- Provided discharge planning
- Provided life-saving interventions
- Performed direct clinic nursing administrative duties
- Evaluated nursing care delivered by other non-licensed student workers

### **Medical Surgical Nurse**

Kingwood Medical Center - Kingwood, TX

May 2017 to December 2018

- Managing caseload of 5-6 patients on a 30-bed unit. patients ● Basic and advanced life support.
- Assessed signs and symptoms indicating physiologic and psychosocial changes in the patient's condition to physician.
- Monitoring patients before, during, and after invasive procedures.
- Conducts health teachings to both the patient and his or her family.

### **Med-Surg/Telemetry Nurse**

Memorial Hermann, TX

May 2016 to June 2017

- Managed caseload of 5-6 patients on a 35-bed unit, basic cardiac rhythm monitoring techniques, interpretation, and treatment.
- Basic and advanced life support.
- Thorough experience of monitoring patients with cardiac issues, and hands-on working experience in ICU, and telemetry unit care.
- In-depth understanding about recovery procedures, and care to be taken in post-operation phase with timely administration of prescribed medicines.
- Collaborated with the interdisciplinary team to provide optimal patient care by consulting concerned doctors to speed up discharge process for patients.

### **Med-Surg/Telemetry Nurse**

Lincoln Hospital - Bronx, NY

April 2015 to May 2016

- Managed caseload of 7-8 patients on a 40-bed unit, basic cardiac rhythm monitoring techniques, interpretation, and treatment.
- Basic and advanced life support.
  - Calculated drug dosage, administered continuous medication infusion, and monitored patients for effects of medication.
  - Monitored patients before, during, and after invasive procedures.
  - Recognized the signs and symptoms of cardiopulmonary and respiratory emergencies and knowing how to start standard interventions to stabilize the patient.

### **Registered Nurse**

Pioneer Homecare Inc - Bronx, NY

April 2014 to July 2015

- Wound Dressing & Care, ventilator & Tracheostomy Suctioning/Care, G-Tube Feedings & Care, Respiratory Treatments & Assessments, Patient Bathing & Hygiene Assistance, Glucose Checks & Blood Pressure Monitoring, Rehabilitation Therapy.
- Provided home-healthcare services to pediatric, adult and elderly patients developmental delayed and diagnosed with chronic/terminal conditions ranging from Acute to Chronic Respiratory disorders, cystic fibrosis, muscular dystrophy, batten disease, cardiac disorders, cerebral palsy, ALS, and convalescing from surgical procedures or recovering from serious illnesses and injuries.
  - Advocated and Implemented MDs orders and plan of care with treatments, therapies and interventions to improve mobility, social/cognitive skills, respiratory functions and cardiovascular health and to optimize patient outcomes.
  - Assessed, monitored and documented patient progress, and educated clients and their families on the safe treatment of injuries, illnesses and conditions.

### **CNA - Certified Nursing Assistant**

Access Nursing Agency - Baltimore, MD  
June 2011 to April 2013

### **CNA - Certified Nursing Assistant**

Somerford Alzheimer's Assisted Living - Columbia, MD  
December 2010 to September 2011

### **Certified Nursing Assistant**

Collington Life Episcopal Nursing Home - Mitchellville, MD  
June 2006 to May 2011

Shadowed and assisted a registered nurse at various units to include Acute Psychiatric, Chemical dependency, Emergency Department, Intensive Care Units, Long term facilities, and home health care.

- Identified, recorded and reported patient's respond to care to a Registered Nurse. Assisted with assembling equipment and performing various treatments and tests to include IV therapy, bladder scans and phlebotomy.

- Provided direct patient care by providing ADLs, monitoring vital signs, assisting with feeding a patient if necessary, specimen collection, turning and repositioning patients.

- Implemented and supported patient care-plan by maintaining a safe and clean environment through housekeeping, and providing medication reminders.

## Education

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### **Bachelor of Science in Nursing in Nursing**

Bowie State University  
May 2013

### **Bachelor of Science in Biology in Biology**

Bowie State University  
May 2008

### **License in Professional Registered Nurse**

Maryland State

### **License in Professional Registered Nurse**

New york State

## Skills

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- RN
- Med Surg
- Medical Surgical
- Nursing
- Tube Feeding
- Medication Administration
- Vital Signs
- Hospital Experience

- Behavioral Health

## Certifications and Licenses

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### **RN**

### **BLS Certification**

### **ACLS Certification**