

Pamela Sommers

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To secure a position as a Registered Nurse in a reputable healthcare setting where I can leverage my experience and education in the nursing field.

Work Experience

RN, Surgical Services and Telemetry

Evans Army Community Hospital - Fort Carson, CO

February 2014 to Present

RN in Surgical Services Department, to include Post-Anesthesia Care Unit (PACU), Pre-operative services, and Pre-admissions. General responsibilities for these departments include, respectively, performing preoperative and postoperative patient care to include transcribing Physician orders for specimens, tests and medications needed prior to and Day of Surgery, as well as collection and conduction of said specimens and tests, to include blood, urine, EKG and X-rays as needed.

On Day of Surgery, duties include patient preparation for procedure, IV starts, education as needed for patient and family, verifying all consents have been signed and witnessed, and coordinating with Physician, patient, and staff regarding operative plan of care. Upon arrival to PACU, duties include full head to toe assessment of patient, including thorough assessment operative site and/or potential complications from operation. Monitoring of patient after surgery routinely includes cardiac, respiratory and oxygenation status, as well as pain and nausea management. Set up of cardiac monitors, oxygen delivery systems, arterial lines, chest tubes, suction devices, pulse oximeters, hypothermic devices, and defibrillators as needed is standard operating procedures. Pain and nausea management is routinely monitoring and controlled with IV medications, requiring close monitoring of post-op patients.

Other routine duties not directly related to patient care include Charge Nurse duties, including supervision of and assistance to other staff members; serving as a facilitator to mediate complaints or concerns from patients, family members and other staff members, collaboration with an interdisciplinary team to develop and implement strategies to promote health and improve patient care. In addition, charge nurse or experienced nurses will often serve as mentors to newly hired staff or nursing students, or delegate this task to other nurses as deemed suitable.

Charge Nurse

Saint Joseph Hospital - Denver, CO

June 2011 to February 2014

80218

Position: RN

- Primary nurse for up to 6 Medical/Telemetry patients. Responsibilities include physical assessments, documentation of findings, medication administration, assistance with ADL's, communication with staff

and care team, vital sign monitoring, care plan implementation and evaluation, and assistance in emergency situations.

- Medication administration includes oral, intravenous, topical, subcutaneous and via gastric or naso-gastric routes, including standard medications, TPN, PPN/Lipids, tube feedings and intramuscular injection, as well as blood and plasma administration. Duties performed as needed also include wound vac monitoring and replacement, wound care, obtaining laboratory samples, central line care and dressing changes, ostomy care, NG placement, nutritional monitoring, and surgical preparation.

RN

Kindred Hospital - Denver, CO

August 2009 to October 2011

- Primary nurse to up to 10 patients. Routine responsibilities include physical assessments, oral and topical medication administration, IV starts and IV medication administration through IV push, drip, piggyback or continuous administration, wound care, lab and vital sign monitoring, maintenance and/or implementation of feeding through nasal or gastric tube, TPN administration, supervision of a team for each shift including an LPN and a CNA, documentation of patient condition, transcription and implementation of new orders, and MD, therapy, and family contact and updates as needed.

- Duties performed as needed include blood or plasma administration, MD and charge nurse contact for urgent patient needs, assistance during change of condition or COR situations, laboratory draws including blood, urine and sputum samples, oral, naso-gastric or tracheal suctioning, telemetry monitoring, and maintenance and/or replacement of colostomy, ileostomy, ilealconduit, tracheostomy, naso-gastric and wound vac equipment.

- Assisted in minor surgery and procedures involving gastric tube placement, colonoscopies, EGD's, PICC line placement, bronchoscopies, and wound debridement; administered and recorded conscious sedation medications during these procedures, monitored and helped recover patients post procedure.

Education

Bachelor's in RN

University of Phoenix - Lone Tree, CO

Skills

- RN
- Construction