

# Cheryl Ostrom

Plymouth, WI

-Email me on Indeed: <http://www.indeed.com/r/Cheryl-Ostrom/0990d0a55bb835ed>

## Work Experience

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### **RN Med Surg**

Saint Joseph's Hospital - West Bend, WI

May 2009 to Present

-11 Years

Froedtert Hospital - In House Float Pool - Milwaukee, WI - 15 Years

### **Charge Nurse**

Homes for Independent Living - Siren, WI

August 2008 to May 2009

WI - 2 Years 9 Months

Homes for Independent Living - Sila/House Manager - Sheboygan, WI - 2 Years

### **RN/Charge Nurse**

Pathways To a Better Life - Sheboygan, WI

WI - 1 ½ Years

Pathways To a Better Life - DON - Keil WI - 2 ½ years

## Education

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### **B.S. in Nursing**

UW MILWAUKEE - Milwaukee, WI

## Nursing Licenses

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### **RN**

State: WI

## Skills

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- Set up, operated, or monitored invasive equipment and devices such as colostomy and tracheotomy equipment, catheters, gastrointestinal tubes, and central lines.
- Directed and supervised less-skilled nurses and healthcare personnel.
- Maintained accurate, detailed reports and records.
- Administered medications to patients and monitor patients for reactions or side effects.
- Recorded patients' medical information and vital signs.
- Monitored, recorded, and reported symptoms or changes in patients' conditions.

- Consulted and coordinated with healthcare team members to assess, plan, implement, or evaluate patient care plans.
- Modified patient treatment plans as indicated by patients' responses and conditions.
- Monitored all aspects of patient care, including diet and physical activity.
- Prepared patients for and assist with examinations or treatments.
- Instructed individuals, families, or other groups on topics such as health education, disease prevention, or childbirth and develop health improvement programs.
- Performed emergency medical procedures, such as basic cardiac life support (BLS) and other condition stabilizing interventions.
- Document data related to patients' care including assessment results, interventions, medications, patient responses, or treatment changes.
- Managed patients' pain relief and sedation by providing pharmacologic and non-pharmacologic interventions, monitoring patients' responses, and changing care plans accordingly.
- Administered blood and blood product transfusions or intravenous infusions, monitored patients for adverse reactions.
- Assessed urgent and emergent health conditions using both physiologically and technologically derived data.
- Interpreted information obtained from electrocardiograms (EKGs).
- Diagnosed acute or chronic conditions that could result in rapid physiological deterioration or life-threatening instability.
- Discussed illnesses and treatments with patients and family members. -Managed the care of residents in a detox/residential treatment center for alcohol and drug abuse.